



SUBJECT OUTLINE

Subject Name:

Myotherapy Clinical Practicum 2

Subject Code:

MSTC223

SECTION 1 – GENERAL INFORMATION

Award/s:	Total Course Credit Points:	Level:
Bachelor of Health Science (Myotherapy)	96	2 nd Year
Duration:	1 Semester	
Subject Coordinator:	Taylor-Jane Sharouni (Sydney Campus)	
Subject is:	Subject Credit Points:	4
Core		

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
8	4	12

Delivery Mode:

Clinic Block Delivery	2 x 4 hour clinical practicum sessions over 12 weeks (includes 30 minutes per session set up / pack down time)
	Full Time
	Part Time

Pre-requisites: MSTR211, MSTC212

Co-requisites: Nil

Special Resource Requirements:

- Goniometer
- HLTAID003 Provide first aid (VET unit of competency)
- LMS-based clinic induction and quiz
- Professional Dress Standards* as described by the [Endeavour Clinic Handbook](#)
- [Endeavour Clinic Handbook](#)
- WWCC (or its equivalent) for the location in which subject is undertaken as per [Working with Children Check Policy](#)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject is designed to provide students with an opportunity to further develop their ability and confidence whilst integrating and applying myotherapy knowledge and skills and develop individual treatment plans for clients



in a supervised clinical setting. The subject enables students to employ the skill sets they have acquired studying treatment protocols in the previous semesters.

Learning Outcomes

1. Establish a protocol for history taking and the recording of findings based on minimum standard guidelines.
2. Choose and appraise musculoskeletal and client-reported assessments.
3. Differentiate between musculoskeletal complaints by establishing differential diagnoses.
4. Apply therapeutic protocols relevant to the clinical findings.
5. Evaluate the effectiveness of the treatment through re-assessing the client's presentation, client feedback, self-reflection and research.
6. Appraise and apply a plan or strategy for musculoskeletal health promotion based on the client's overall clinical picture.
7. Discuss individualised and evidence-based myotherapy interventions.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Attendance (100% required)	N/A	N/A	Sessions 1-24	Pass/Fail
Mid-semester Progressive Clinical Assessment (rubric-based)	1-6	1-11	Session 11-12	30%
Portfolio (1200 words)	1-3,5-7	1-16	Week 9	30%
Final Progressive Clinical Assessment (rubric-based)	1-6	12-24	Session 23-24	40%

All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

Prescribed Readings:

1. Hengeveld, E., & Banks, K. (Eds.). (2014). *Maitland's peripheral manipulation: Management of neuromusculoskeletal disorders* (5th ed., Vol. 2). Churchill Livingstone Elsevier. [ebook available]
2. Hengeveld, E., & Banks, K. (Eds.). (2014). *Maitland's vertebral manipulation: Management of neuromusculoskeletal disorders* (8th ed., Vol. 1). Churchill Livingstone Elsevier. [ebook available]



Recommended Readings:

1. Petty, N. J. (2011). *Neuromusculoskeletal examination and assessment: A handbook for therapists* (4th ed.). Churchill Livingstone Elsevier. [ebook available]

Subject Content

Week	Clinical Practicum
1-12.	<p>Clinic practicum extends from Week 1 to Week 12.</p> <p>Progressive assessments are conducted in Weeks 6 and 12 and students submit a formative self-reflection and are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics.</p> <p>In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.</p> <p>During myotherapy clinical practicum students will practice under supervision:</p> <ul style="list-style-type: none"> ➤ Conducting clinical consultations and observations ➤ Good client-practitioner communication ➤ Case taking ➤ Clinical examination skills and physical assessment ➤ Developing individualised treatment plans ➤ Prescription of home care exercises or activities ➤ Appropriate referral ➤ Undertaking Patient Reported Outcome Measures (PROMs) and monitoring results over time ➤ Present to supervisor and obtain approval for treatment plan ➤ Office management skills and reception duties ➤ Observing all clinic policies and procedures ➤ Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues