



SUBJECT OUTLINE

Subject Name:

Myotherapy Clinical Skills

Subject Code:

MSTC121

SECTION 1 – GENERAL INFORMATION

Award/s:

Bachelor of Health Science (Myotherapy)

Total Course Credit Points:

96

Level:

1st Year

Duration:

1 Semester

Subject is:

Core

Subject Credit Points:

2

Student Workload:

No. timetabled hours per week:

3

No. personal study hours per week:

2

Total hours per week:

5

Delivery Mode*:

☐ On campus

☒ Online / Digital

☐ Blended

☐ Intensive

Weekly Session^ Format/s - 1 session per week:

☒ eLearning modules:

Lectures: Interactive adaptive online learning modules

Tutorials: can include asynchronous tutor moderated discussion forum and activities, learning journal activities or other web-based resources

*All modes are supported by the online learning management system which will include subject documents such as handouts, readings and assessment guides.

^A 'session' is made up of 3 hours of timetabled / online study time per week unless otherwise specified. Each subject has a set number of sessions as outlined above.

Study Pattern:

☒ Full Time

☒ Part Time

Pre-requisites:

SOCF111

Co-requisites:

MSTF121

Special Resource Requirements:

HLTAID003 Provide first aid (VET unit of competency)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject enables students to contextualise myotherapy clinical therapy in relation to clinical practice, and enables confidence with all aspects of clinic and client management. This subject is fundamental to students entering clinical practice in the Endeavour Teaching Clinics and will contribute to their understanding of state and federal WHS legislation in relation to infection control, risk and hazard identification, risk management and other aspects of Work, Health and Safety.



Learning Outcomes

1. Explore the legislative responsibilities regarding work, health and safety and infection control for a clinic setting.
2. Develop a working knowledge of the Risk Management Tool in identifying workplace hazards and assessing, prioritising and controlling risks associated with these hazards.
3. Demonstrate an understanding of effective history taking, referral writing and written documentation.
4. Demonstrate an understanding of ethics, legal and regulatory issues of relevance to conducting a practice as a business.
5. Develop an understanding of effective practice administration including marketing, knowledge of resources and support systems, and professional communication with clients.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Mid-semester Written Exam (2 hours)	1-2	1-4	Week 5	30%
Written Assignment (1000 words)	3	6-10	Week 12	30%
Final Written Exam (2 hours)	3-5	6-13	Final Examination Period	40%

All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

Prescribed Readings:

Nil

Recommended Readings:

1. Corey, G., Corey, M. S., Corey, C., & Callanan, P. (2015). *Issues and ethics in the helping professions* (9th ed.). Thomson Brooks / Cole.
2. Weir, M. (2016). *Law and ethics in complementary medicine: A handbook for practitioners in Australia and New Zealand* (5th ed.). Allen and Unwin.



Subject Content

Week	Lectures
1.	Introduction (Subject Outline / Subject Aims / Assessment / Teaching Resources) Work health and safety: Principles, objectives and importance National and state-based Work Health and Safety (WHS) legislation
2.	The risk management tool Hazardous substances Plant and equipment
3.	Ergonomics and manual handling Incidents and accidents: Prevention, response, investigation, analysis and reporting Emergency situations: Fire, security threat, natural disasters and other emergencies
4.	Overview of infection control in a clinical setting The infection cycle: Disease reservoirs, methods of transmission, portals of entry and susceptibility Infection control principles
5.	Housekeeping: cleaning and maintaining the clinic environment and equipment Waste categorisation, disposal and management Management of body fluid spills, needle stick injuries and other body fluid-related incidents Complete Mid-semester Written Exam online this week
6.	Ethical practice and codes of ethics Dual relationships Boundaries and professional language Efficiency of treatment, reassessment as an ethical tool
7.	Legislation relating to manual therapies and natural health practitioners Confidentiality Informed consent Duty of care and negligence Client record keeping responsibilities
	NON-TEACHING WEEK (note that make-up classes may be scheduled in this week) Online – The non-teaching week falls between Weeks 7 and 8
8.	Physical self-care Assertiveness, setting expectations, scope of practice and boundaries Taking client history: theory and practice Red-flag identification and decision-making
9.	History-taking review, practice and case studies Time management during history-taking, assessment and treatment Writing case notes
10.	Referral rationale, process and documentation



	Written communication with clients
11.	<p>Myotherapy in the Australian health industry</p> <p>Legal and insurance boundaries: Mobilisation vs manipulation; dry needling vs acupuncture</p> <p>Legal and insurance boundaries: Scope of practice, clarification of role and boundaries</p> <p>Professional development, supervision and support</p> <p>Professional associations and regulation of the profession</p>
12.	<p>Minimum wages and conditions, Modern Awards, and superannuation</p> <p>Australian Tax Office classifications: Contractor vs employee</p> <p>Pricing, percentages and employment circumstances</p>
13.	<p>Client-driven environmental factors</p> <p>Marketing: representing myotherapy to the public, niche marketing, social media and ethical advertising</p> <p>Revision</p>
14.	<p>Non-Teaching Week/Practical Examination Week 1</p> <p>Note that make-up classes may be scheduled in this week</p>
15.	<p>Non-Teaching Week/Practical Examination Week 2</p> <p>Note that make-up classes may be scheduled in this week</p>
16.	<p>Final Examination Week 1</p> <p>Students are required to sit examinations using the Respondus Lockdown Browser software per the Examination Policy – Higher Education. Refer to the LMS for exam opening and closing times.</p>
17.	<p>Final Examination Week 2</p> <p>Students are required to sit examinations using the Respondus Lockdown Browser software per the Examination Policy – Higher Education. Refer to the LMS for exam opening and closing times.</p>