Subject Name: TCM Terminology in Chinese
Subject Code: CMPR112

SECTION 1 – GENERAL INFORMATION

Award/s: Bachelor of Health Science (Acupuncture)
Total Course Credit Points: 128
Level: 1st Year

Duration: 1 Semester
Subject Coordinator: Dr Shulan Yang (Melbourne Campus)

Subject is: Core
Subject Credit Points: 2

Student Workload:

<table>
<thead>
<tr>
<th>No. timetabled hours per week:</th>
<th>No. personal study hours per week:</th>
<th>Total hours per week:</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>2</td>
<td>5</td>
</tr>
</tbody>
</table>

Delivery Mode:

Face to Face (On Campus) 1 x 3 hour lecture
e-Learning (Online) Narrated PowerPoint presentations
Tutorials: Asynchronous tutor moderated discussion forum and activities
Student handouts, web-based resources

Full Time
Part Time

Pre-requisites: Nil
Co-requisites: CMPR113

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Students learn to spell, read, communicate, and write (in pinyin) commonly used Chinese medicine terms, acupuncture point names and Chinese herbal names. The purpose is to understand the deeper meaning of these terms from a Chinese language perspective. Basic knowledge of the Chinese pinyin system and stroke orders are introduced to facilitate student pronunciation and writing. Students will also learn the method of using a Chinese-English dictionary.
Learning Outcomes

1. Demonstrate the use of the pinyin system of romanisation in writing and spelling commonly used Chinese medicine terms, acupuncture point names and Chinese herbal names.
2. Demonstrate the reading and communication of basic Chinese medicine characters/words.
3. Demonstrate the ability to recognise, write and understand the meaning of commonly used Chinese medicine terms, acupuncture names and Chinese herbal names.
4. Demonstrate the ability to use a Chinese-English dictionary to find basic Chinese medicine terms, acupuncture point names and Chinese herbal names.

Assessment Tasks

<table>
<thead>
<tr>
<th>Type</th>
<th>Learning Outcomes Assessed</th>
<th>Session Content Delivered</th>
<th>Due</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quiz 1 (30 minutes)</td>
<td>1-4</td>
<td>1-4</td>
<td>Week 5</td>
<td>20%</td>
</tr>
<tr>
<td>Quiz 2 (30 minutes)</td>
<td>1-4</td>
<td>5-7</td>
<td>Week 8</td>
<td>20%</td>
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<tr>
<td>Quiz 3 (30 minutes)</td>
<td>1-4</td>
<td>8-10</td>
<td>Week 11</td>
<td>20%</td>
</tr>
<tr>
<td>Final Written Exam</td>
<td>1-3</td>
<td>1-13</td>
<td>Final Examination Period</td>
<td>40%</td>
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All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

Prescribed Readings:

Recommended Readings:


### Subject Content

<table>
<thead>
<tr>
<th>Week</th>
<th>Lectures</th>
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</table>
| **1.** | **Introduction** *(Subject Outline / Subject Aims / Assessment / Teaching Resources)*  

**Introduction to Chinese Language**  
- Brief history  
- Chinese Pin Yin system  
- Stroke orders  
- Chinese Characters  
- How to write the numbers 1 to 10 |
| **2.** | **Chinese Language**  
- Single words concepts  
- Heaven, earth, humanity  
- Needle-acupuncture, moxibustion, illness, treatment, syndrome, examination, regulation *(zhen, jiu, bing, zhi, zheng, zhen, tiao)* |
| **3.** | **Chinese Language (Continued)**  
- Paired words/concepts – interdependent meaning  
- Yinyang  
- Qi Blood  
- Deficiency-excess  
- Superficial-deep  
- Branch-root  
- Internal-external  
- Introducing traditional characters  
- Radicals of words |
| **4.** | **Chinese Language (Continued)**  
- The 3 treasures: essence, qi, spirit  
- The concept of qi |
### Various forms of the word ‘qi’
The idea of a continuum
Radicals of words

### 5. Chinese Language (Continued)
- 4 seasons/time
- 4 examination methods
- 4 directions
The four classics/books: Great learning, the Doctrine of the mean, the Analects, the Mencius – ethics, morality, philosophy – central to classical thinking
Radicals of words

### 6. Chinese Language (Continued)
- Five Phases/Agents/Elements
- Five colours
- Five zang-organs: The officials
  - Radicals of words

### 7. Chinese Language (Continued)
- Six fu-organs
- The 6 channels (compare with the 6 levels of the Shanghanlun)
- Six pathogenic factors
  - Radicals of words

**NON-TEACHING WEEK** (note that make-up classes may be scheduled in this week)

**Semester 1** – This aligns with the week after Easter so it may fall between Weeks 6 to 8

**Semester 2 & Online students** – The non-teaching week falls between Weeks 7 and 8

### 8. Chinese Language (Continued)
- The 7 emotions
Discussion on differences in heart-mind and shen and emotions

### 9. Chinese Language (Continued)
- Eight winds (also acupuncture points)
- Eight trigrams – the Yijing
- A discussion on healing and shamanism, yi & wu
  - Radicals of words

### 10. Chinese Language (Continued)
- The nine pulse positions: (cun, guan, chi) inch, bar, cubit - measurement
- The administrative structure of the Han dynasty
  - The body as state
  - The state as cosmos
  - System of correspondence
- The classical 9 needles
  - Radicals of words
<table>
<thead>
<tr>
<th>11.</th>
<th><strong>Chinese Language (Continued)</strong></th>
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<tbody>
<tr>
<td></td>
<td>1. Herbs</td>
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<td>2. Components of the herb</td>
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<td>3. Bolus, pill, powder, soup</td>
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<td>4. Food-herbs</td>
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<td>Herbal formulae: Example of name and philosophy</td>
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<td>Discussion on the importance of diet</td>
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<td>The concept of yangsheng – health promotion-maintenance: Care of self and others</td>
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<td></td>
<td>5. Radicals of words</td>
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<th><strong>Chinese Language (Continued)</strong></th>
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<tbody>
<tr>
<td></td>
<td>1. Daoyin / qigong – yangsheng tradition</td>
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<tr>
<td></td>
<td>Commonly used acupoints: A simple discussion of these names and functions</td>
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<td></td>
<td>2. Radicals of words</td>
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<tr>
<th>13.</th>
<th><strong>Consolidation of Learning</strong></th>
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<tr>
<td></td>
<td>Connecting the language/terminology</td>
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<tr>
<td></td>
<td>1. Chinese medicine theory</td>
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<td></td>
<td>2. Chinese medicine practice</td>
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<td></td>
<td>3. Yangsheng</td>
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<tr>
<th>14.</th>
<th><strong>Non-Teaching Week/Practical Examination Week 1</strong></th>
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<td>Note that make-up classes may be scheduled in this week</td>
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<tr>
<th>15.</th>
<th><strong>Non-Teaching Week/Practical Examination Week 2</strong></th>
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<td>Note that make-up classes may be scheduled in this week</td>
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<tr>
<th>16.</th>
<th><strong>Final Examination Week 1</strong></th>
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<tr>
<th>17.</th>
<th><strong>Final Examination Week 2</strong></th>
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