



# SUBJECT OUTLINE

Subject Name:

**Acupuncture Channel Theory**

Subject Code:

**CMAC111**

## SECTION 1 – GENERAL INFORMATION

|  |                                    |                      |
|--|------------------------------------|----------------------|
| <b>Award/s:</b>                          | <b>Total Course Credit Points:</b> | <b>Level:</b>        |
| Bachelor of Health Science (Acupuncture) | 128                                | 1 <sup>st</sup> Year |
| <b>Duration:</b>                         | 1 Semester                         |                      |
| <b>Subject Coordinator:</b>              | Dr Debra Godson (Brisbane Campus)  |                      |
| <b>Subject is:</b>                       | <b>Subject Credit Points:</b>      | 2                    |
| Core                                     |                                    |                      |

### Student Workload:

|  |  |                                   |
|--|--|-----------------------------------|
| <b>No. timetabled hours per week:</b><br>3 | <b>No. personal study hours per week:</b><br>2 | <b>Total hours per week:</b><br>5 |
|--|--|-----------------------------------|

### Delivery Mode:

Face to Face 1 x 3 hour session, including lecture and practical application  
(On Campus)

Full Time

Part Time

**Pre-requisites:** Nil

**Co-requisites:** MSTA121

### Special Resource Requirements:

- Adjustable ruler
- China graph pencil or non-toxic water based marker
- One hand towel (for face cradle)
- One pillow case
- Two bath-sheet sized towels per student (clinic towels must not be used)

## SECTION 2 – ACADEMIC DETAILS

### Subject Rationale

This subject develops the theory of Jing Luo (channels and collaterals), including the structure and course of the Jing Luo and the eight extra vessels throughout the body, utilising anatomical landmarks and key acupuncture points as reference. Students will learn actions and indications for the channels as well as channel interrelationships and interconnections. This subject is the foundation for CMAC121 Point Location, and CMAC212 Point Classification and Prescription.



## Learning Outcomes

1. Define and discuss basic channel (Jing) and collateral (Luo) theory.
2. Demonstrate knowledge and skill when locating key channels (Jing) on fellow students.
3. Apply channel (Jing) and collateral (Luo) theory to simple Chinese medicine case studies.
4. Demonstrate ability to conduct proportional measurements when locating channels and acupuncture points.
5. Apply work health and safety practices.
6. Evaluate patient individual needs and modify practices showing due respect for privacy, cultural and other differences in line with CMBA Code of Conduct.

## Assessment Tasks

| Type  | Learning Outcomes Assessed | Session Content Delivered | Due                          | Weighting |
|---|----------------------------|---------------------------|------------------------------|-----------|
| <b>Continuous Skill Development</b><br>(80% attendance and active participation required) | 2, 4-6                     | 1-13                      | Sessions 1-13                | Pass/Fail |
| <b>Practical Exam 1</b><br>(30 minutes)   | 2, 4-6                     | 2-5                       | Session 7                    | 30%       |
| <b>Progressive Workbook</b><br>(weekly completion)  | 1-4                        | 1-13                      | Week 13                      | 30%       |
| <b>Practical Exam 2</b><br>(30 minutes)   | 2, 4-6                     | 8-12                      | Practical Examination Period | 40%       |

All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

### Prescribed Readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd Ed.). Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]
2. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). John Wiley & Sons Australia Ltd. [ebook available]

### Recommended Readings:

1. Campbell, J. (2008). *Acupuncture channels and points: An interactive study and reference manual*. Churchill Livingstone.



2. Chinese Medicine Board of Australia. (2014). *Code of conduct*. <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Code-of-conduct.aspx>
3. Godson, D. R. & Wardle, J. L. (2018). Accuracy and precision in acupuncture point location: A critical systematic review. *Journal of Acupuncture and Meridian Studies*, 12(2), 55-66. <https://doi.org/10.1016/j.jams.2018.10.009>
4. Informa PLC. (2020). *Anatomy.tv* [Computer Software]. Primal Pictures. <http://www.anatomy.tv.ezproxy.endeavour.edu.au>
5. Legge, D. (2010). *Jing-jin: Acupuncture treatment of the muscular system using the meridian sinews*. Sydney College Press.
6. Maciocia, G. (2006). *The channels of acupuncture: Clinical use of the secondary channels and eight extraordinary vessels*. Churchill Livingstone.
7. Robinson, N. G. (2016). *Interactive medical acupuncture anatomy*. Teton NewMedia. [ebook available]
8. World Health Organization. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. World Health Organization, Western Pacific Region.

## Subject Content

| Week | Lectures  | Practicals  |
|------|---|---|
| 1.   | <p><b>Introduction</b> (Subject Outline / Subject Aims / Assessment / Teaching Resources)</p> <p><b>Channel Theory Introduction</b></p> <ul style="list-style-type: none"> <li>➤ The concept of Jing Luo</li> <li>➤ Acupuncture terminology</li> <li>➤ Qi in TCM</li> <li>➤ Distribution of Jing Luo (channels and collaterals)</li> <li>➤ Channel classification</li> <li>➤ CMBA Code of Conduct</li> <li>➤ Work health and safety</li> <li>➤ Basics of infection prevention and control</li> </ul>                    | <ul style="list-style-type: none"> <li>➤ Yin-Yang surfaces of the body</li> <li>➤ Introduction to WH&amp;S and its procedures</li> <li>➤ Appropriate practice procedures including                             <ul style="list-style-type: none"> <li>⊙ Lifting techniques</li> <li>⊙ Table positioning</li> <li>⊙ Draping</li> </ul> </li> </ul> |
| 2.   | <p><b>Pathways and Channels</b></p> <p>Introduction to internal and external pathways, connecting channels, sinew channels divergent channels and cutaneous regions</p> <ul style="list-style-type: none"> <li>➤ Anatomical positions and directional terms</li> <li>➤ Introduction to Cun measurement</li> <li>➤ Introduction to actions and indications</li> <li>➤ Lung channel system (Hand Tai Yin)</li> <li>➤ Pericardium channel system (Hand Jue Yin)</li> <li>➤ Heart channel system (Hand Shao Yin)</li> </ul> | <ul style="list-style-type: none"> <li>➤ Identify the course of the lung, pericardium and heart channels on a student partner</li> </ul>  |



|  |  |   |
|--|--|---|
| 3.   | Primary channels<br><ul style="list-style-type: none"> <li>Large intestine channel system (Hand Yang Ming)</li> </ul>  | <ul style="list-style-type: none"> <li>Identify the course of the large intestine channel on a student partner</li> </ul>   |
| 4.   | Luo connecting channels<br><ul style="list-style-type: none"> <li>Triple energizer channel system (Hand Shao Yang)</li> </ul>  | <ul style="list-style-type: none"> <li>Identify the course of the triple energizer channel on a student partner</li> </ul>  |
| 5.   | Sinew channels<br><ul style="list-style-type: none"> <li>Small intestine channel system (Hand Tai Yang)</li> </ul>   | <ul style="list-style-type: none"> <li>Identify the course of the small intestine channel on a student partner</li> </ul>   |
| 6.   | Introduction to eight extraordinary vessels<br><ul style="list-style-type: none"> <li>Conception (Ren) vessel, governing (Du) vessel, thoroughfare (Chong) vessel and belt (Dai) vessel</li> </ul> | <ul style="list-style-type: none"> <li>Review channel courses from Weeks 2-5 on a student partner</li> </ul>                |
| 7.   | <b>Practical Exam 1</b>  |   |
| <p><b>NON-TEACHING WEEK</b> (note that make-up classes may be scheduled in this week)<br/> <b>Semester 1</b> – This aligns with the week after Easter so it may fall between Weeks 6 to 8<br/> <b>Semester 2</b> – The non-teaching week falls between Weeks 7 and 8</p> |  |   |
| 8.   | Divergent and cutaneous channels<br><ul style="list-style-type: none"> <li>Spleen channel system (Foot Tai Yin)</li> <li>Liver channel system (Foot Jue Yin)</li> </ul>                            | <ul style="list-style-type: none"> <li>Identify the course of the spleen and liver channels on a student partner</li> </ul> |
| 9.   | Introduction to four examination methods in channel diagnosis<br><ul style="list-style-type: none"> <li>Kidney channel system (Foot Shao Yin)</li> </ul>   | <ul style="list-style-type: none"> <li>Identify the course of the kidney channel on a student partner</li> </ul>            |
| 10.  | Introduction to eight principles in channel diagnosis<br><ul style="list-style-type: none"> <li>Bladder channel system (Foot Tai Yang)</li> </ul>  | <ul style="list-style-type: none"> <li>Identify the course of the bladder channel on a student partner</li> </ul>           |
| 11.  | Circulation of qi through channel system (Diurnal circulation)<br>Circulation of qi through 6 divisions<br>Stomach channel system (Foot Yang Ming)   | <ul style="list-style-type: none"> <li>Identify the course of the stomach channel on a student partner</li> </ul>           |
| 12.  | Gall bladder channel system (Foot Shao Yang)   | <ul style="list-style-type: none"> <li>Identify the course of the gall bladder channel on a student partner</li> </ul>      |
| 13.  | Yang/Yin heel (Qiao) vessels<br>Yin/Yang link (Wei) vessels  | <ul style="list-style-type: none"> <li>Review channel courses from Weeks 8-13 on a student partner</li> </ul>               |
| 14.  | <b>Non-Teaching Week/Practical Examination Week 1</b><br>Note that make-up classes may be scheduled in this week   |   |
| 15.  | <b>Non-Teaching Week/Practical Examination Week 2</b><br>Note that make-up classes may be scheduled in this week   |   |
| 16.  | <b>Final Examination Week 1</b><br>There is no final exam for this subject   |   |



**17. Final Examination Week 2**

There is no final exam for this subject