



SUBJECT OUTLINE

Subject Name:

Subject Code:

Point Location

CMAC121

SECTION 1 – GENERAL INFORMATION

Award/s:	Total Course Credit Points:	Level:
Bachelor of Health Science (Acupuncture)	128	1 st Year
Duration:	1 Semester	
Subject Coordinator: Dr Debra Godson (Brisbane Campus)		
Subject is:	Subject Credit Points:	4
Core		

Student Workload:

No. timetabled hours per week: 6	No. personal study hours per week: 4	Total hours per week: 10
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Delivery Mode:

Face to Face 2 x 3 hour sessions, including lecture and practical application
(On Campus)

Full Time

Part Time

Pre-requisites: CMAC111, MSTA121

Co-requisites: Nil

Special Resource Requirements:

Adjustable ruler

Two bath-sheet sized towels per student (Clinic towels must not be used)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Point Location follows from Channel Theory (CMAC111) and introduces additional concepts, TCM knowledge and practical skills. Chinese terminology and basic theory associated with point categories and individual acupuncture points are covered. Students learn how to locate all acupuncture points from the 14 primary channels and common extra (non-channel) points on a human model, using anatomical landmarks and proportional measurements. Students learn actions, indications, contraindications and cautions associated with specific acupuncture points.

Learning Outcomes

1. Define and describe terminology and theory associated with the primary acupuncture points.



2. Demonstrate knowledge and skill in locating acupuncture points from the 14 primary channels and common extra (non-channel) points on fellow students.
3. Define and demonstrate knowledge of point categories, actions, indications, contraindications and cautions related to acupuncture points.
4. Apply point categories, actions and indications to basic Chinese medicine case studies.
5. Apply work, health and safety practices.
6. Evaluate patient individual needs and modify practices showing due respect for privacy, cultural and other differences in line with CMBA Code of Conduct.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Continuous Skill Development (80% attendance and active participation required)	1-6	1-26	Sessions 1-26	Pass/Fail
Practical Exam 1 (30 minutes)	2, 5-6	1-12	Session 14	30%
Practical Exam 2 (30 minutes)	2, 5-6	15-26	Practical Examination Period	40%
Final Written Exam (2 hours)	1-6	1-26	Final Examination Period	30%

All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

Prescribed Readings:

1. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]
2. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). John Wiley & Sons Australia Ltd. [ebook available]

Recommended Readings:

1. Campbell, J. (2008). *Acupuncture channels and points: An interactive study and reference manual*. Churchill Livingstone.



2. Chinese Medicine Board of Australia. (2014). *Code of conduct*. <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Code-of-conduct.aspx>
3. Chinese Medicine Board of Australia. (2013). *Infection prevention and control guidelines for acupuncture practice*. <http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx>
4. Godson, D. R. & Wardle, J. L. (2019). Accuracy and precision in acupuncture point location: A critical systematic review. *Journal of Acupuncture and Meridian Studies*, 12(2), 52-66. <https://doi.org/10.1016/j.jams.2018.10.009>
5. Jarney, C., & Bouratinos, I. (2018). *A practical guide to acupoints* (2nd ed.). Lotus Publishing.
6. Lian, Y.-L., Chen, C.-Y., Hammes, M., & Kolster, B. (2012). *Pictorial atlas of acupuncture: An illustrated manual of acupuncture points* [Special edition]. h.f. ullmann.
7. Maciocia, G. (2006). *The channels of acupuncture: Clinical use of the secondary channels and eight extraordinary vessels*. Churchill Livingstone.
8. Robinson, N. G. (2016). *Interactive medical acupuncture anatomy*. Teton NewMedia. [ebook available]
9. World Health Organisation. (2008). *WHO standard acupuncture point locations in the Western Pacific Region*. World Health Organization, Western Pacific Region.

Subject Content

Week	Lectures
1.	<p>Session 1</p> <p>Introduction (Subject Outline / Subject Aims / Assessment / Teaching Resources)</p> <p>Work, Health and Safety</p> <p>Overview of Jing Luo System</p> <p>Overview</p> <ul style="list-style-type: none"> ➤ The course of the 12 main jing (channels) ➤ Conception (Ren) vessel ➤ Governor (Du) vessel
	<p>Session 2</p> <p>Introduction to Point Categories</p> <p>Hand Tai Yin (Lung Channel)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
2.	<p>Session 3</p> <p>5 Shu Command Points</p> <p>Hand Jue Yin (Pericardium Channel)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories



	<ul style="list-style-type: none"> ➤ Point actions, indications and contraindications ➤ Case study
	<p>Session 4</p> <p>Xi Cleft Points</p> <p>Luo Connecting Points</p> <p>Hand Shao Yin (Heart Channel)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
3.	<p>Session 5</p> <p>Hand Yang Ming (Large Intestine Channel) 1</p> <ul style="list-style-type: none"> ➤ Point palpation and location
	<p>Session 6</p> <p>Yuan Source Points</p> <p>Command Points</p> <p>Hand Yang Ming (Large Intestine Channel) 2</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
4.	<p>Session 7</p> <p>Hand Shao Yang (Triple Energiser Channel) 1</p> <ul style="list-style-type: none"> ➤ Point palpation and location
	<p>Session 8</p> <p>Confluent Points</p> <p>Influential (Hui meeting) Points</p> <p>Hand Shao Yang (Triple Energiser Channel) 2</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
5.	<p>Session 9</p> <p>Hand Tai Yang (Small Intestine Channel) 1</p> <ul style="list-style-type: none"> ➤ Point palpation and location
	<p>Session 10</p> <p>Miscellaneous Point Categories</p> <p>Hand Tai Yang (Small Intestine Channel) 2</p>



	<ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
6.	<p>Session 11</p> <p>Front Mu Points</p> <p>Conception Vessel (Ren Mai)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
	<p>Session 12</p> <p>Meeting Points</p> <p>Governor Vessel (Du Mai)</p> <p>Common Extra (Non-channel) Points of the Arm, Chest and Abdomen</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
7.	<p>Session 13</p> <p>Revision</p> <ul style="list-style-type: none"> ➤ Content from Sessions 1 - 12
	<p>Session 14</p> <p>Practical Exam 1</p> <ul style="list-style-type: none"> ➤ Students will be randomly paired in groups and practical exams scheduled by the lecturer over the 3 hour session
	<p>NON-TEACHING WEEK (note that make-up classes may be scheduled in this week)</p> <p>Semester 1 – This aligns with the week after Easter so it may fall between Weeks 6 to 8</p> <p>Semester 2 – The non-teaching week falls between Weeks 7 and 8</p>
8.	<p>Session 15</p> <p>Tai Yin (Spleen Channel)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
	<p>Session 16</p> <p>Foot Jue Yin (Liver Channel)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories



	<ul style="list-style-type: none"> ➤ Point actions, indications and contraindications ➤ Case study
9.	<p>Session 17</p> <p>Foot Shao Yin (Kidney Channel)</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
	<p>Session 18</p> <p>Leg Yin Channels</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions and indications
10.	<p>Session 19</p> <p>Foot Yang Ming (Stomach Channel) 1</p> <ul style="list-style-type: none"> ➤ Point palpation and location
	<p>Session 20</p> <p>Lower He Sea Points</p> <p>Foot Yang Ming (Stomach Channel) 2</p> <ul style="list-style-type: none"> ➤ Point palpation and location ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
11.	<p>Session 21</p> <p>Foot Shao Yang (Gallbladder Channel) 1</p> <ul style="list-style-type: none"> ➤ Point palpation and location GB1 - GB30
	<p>Session 22</p> <p>Foot Shao Yang (Gallbladder Channel) 2</p> <ul style="list-style-type: none"> ➤ Point palpation and location all gallbladder channel points ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
12.	<p>Session 23</p> <p>Back Shu Points</p> <p>Foot Tai Yang (Bladder Channel) 1</p> <ul style="list-style-type: none"> ➤ Point palpation and location BL1 - BL35 ➤ Point categories
	<p>Session 24</p>



	<p>Foot Tai Yang (Bladder Channel) 2</p> <ul style="list-style-type: none"> ➤ Point palpation and location BL36 - BL67 ➤ Point categories ➤ Point actions, indications and contraindications ➤ Case study
13.	<p>Session 25</p> <p>Common Extra (Non-channel) Points of the Leg, Neck, Head and Back</p> <p>Foot Tai Yang (Bladder Channel) 3</p> <ul style="list-style-type: none"> ➤ Point palpation and location of all bladder channel points ➤ Point palpation and location of selected extra (non-channel) points
	<p>Session 26</p> <p>Revision</p> <ul style="list-style-type: none"> ➤ Content from Sessions 15-25
14.	<p>Non-Teaching Week/Practical Examination Week 1</p> <p>Note that make-up classes may be scheduled in this week</p>
15.	<p>Non-Teaching Week/Practical Examination Week 2</p> <p>Note that make-up classes may be scheduled in this week</p>
16.	<p>Final Examination Week 1</p> <p>Students are required to sit examinations using the Respondus Lockdown Browser software per the Examination Policy – Higher Education. Refer to your local campus calendar for exam opening and closing times.</p>
17.	<p>Final Examination Week 2</p> <p>Students are required to sit examinations using the Respondus Lockdown Browser software per the Examination Policy – Higher Education. Refer to your local campus calendar for exam opening and closing times.</p>