SECTION 1 – GENERAL INFORMATION

Award/s: Bachelor of Health Science (Acupuncture)  
Total Course Credit Points: 128  
Level: 1st Year  
Duration: 1 Semester

Subject Coordinator: Dr Debra Godson (Brisbane Campus)

Subject is: Core  
Subject Credit Points: 4

Student Workload:

<table>
<thead>
<tr>
<th>No. timetabled hours per week:</th>
<th>No. personal study hours per week:</th>
<th>Total hours per week:</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>4</td>
<td>10</td>
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</tbody>
</table>

Delivery Mode:

Face to Face (On Campus)  
2 x 3 hour sessions, including lecture and practical application

Full Time

Part Time

Pre-requisites: CMAC111, MSTA121

Co-requisites: Nil

Special Resource Requirements:

Adjustable ruler

Two bath-sheet sized towels per student (Clinic towels must not be used)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

Point Location follows from Channel Theory (CMAC111) and introduces additional concepts, TCM knowledge and practical skills. Chinese terminology and basic theory associated with point categories and individual acupuncture points are covered. Students learn how to locate all acupuncture points from the 14 primary channels and common extra (non-channel) points on a human model, using anatomical landmarks and proportional measurements. Students learn actions, indications, contraindications and cautions associated with specific acupuncture points.

Learning Outcomes

1. Define and describe terminology and theory associated with the primary acupuncture points.
2. Demonstrate knowledge and skill in locating acupuncture points from the 14 primary channels and common extra (non-channel) points on fellow students.
3. Define and demonstrate knowledge of point categories, actions, indications, contraindications and cautions related to acupuncture points.
4. Apply point categories, actions and indications to basic Chinese medicine case studies.
5. Apply work, health and safety practices.
6. Evaluate patient individual needs and modify practices showing due respect for privacy, cultural and other differences in line with CMBA Code of Conduct.

### Assessment Tasks

<table>
<thead>
<tr>
<th>Type</th>
<th>Learning Outcomes Assessed</th>
<th>Session Content Delivered</th>
<th>Due</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continuous Skill Development</td>
<td>1-6</td>
<td>1-26</td>
<td>Sessions 1-26</td>
<td>Pass/Fail</td>
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<tr>
<td>(80% attendance and active participation required)</td>
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<tr>
<td>Practical Exam 1</td>
<td>2, 5-6</td>
<td>1-12</td>
<td>Session 14</td>
<td>30%</td>
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<td>(30 minutes)</td>
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<tr>
<td>Practical Exam 2</td>
<td>2, 5-6</td>
<td>15-26</td>
<td>Practical Examination Period</td>
<td>40%</td>
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<td>(30 minutes)</td>
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<tr>
<td>Final Written Exam</td>
<td>1-6</td>
<td>1-26</td>
<td>Final Examination Period</td>
<td>30%</td>
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<tr>
<td>(2 hours)</td>
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All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

### Prescribed Readings:


### Recommended Readings:


### Subject Content

<table>
<thead>
<tr>
<th>Week</th>
<th>Lectures</th>
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</thead>
</table>
| 1.   | Session 1  
**Introduction** (Subject Outline / Subject Aims / Assessment / Teaching Resources)  
**Work, Health and Safety**  
**Overview of Jing Luo System**  
**Overview**  
- The course of the 12 main jing (channels)  
- Conception (Ren) vessel  
- Governor (Du) vessel  
| Session 2  
**Introduction to Point Categories**  
**Hand Tai Yin (Lung Channel)**  
- Point palpation and location  
- Point categories  
- Point actions, indications and contraindications  
- Case study  |
| 2.   | Session 3  
**5 Shu Command Points**  
**Hand Jue Yin (Pericardium Channel)** |
<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Point palpation and location</th>
<th>Point categories</th>
<th>Point actions, indications and contraindications</th>
<th>Case study</th>
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<tbody>
<tr>
<td>3.</td>
<td>Session 4</td>
<td>Xi Cleft Points</td>
<td>Luo Connecting Points</td>
<td>Hand Shao Yin (Heart Channel)</td>
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<td>3.</td>
<td>Session 5</td>
<td>Hand Yang Ming (Large Intestine Channel) 1</td>
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<td>4.</td>
<td>Session 6</td>
<td>Yuan Source Points</td>
<td>Command Points</td>
<td>Hand Yang Ming (Large Intestine Channel) 2</td>
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<td>4.</td>
<td>Session 7</td>
<td>Hand Shao Yang (Triple Energiser Channel) 1</td>
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<td>5.</td>
<td>Session 8</td>
<td>Confluent Points</td>
<td>Influential (Hui meeting) Points</td>
<td>Hand Shao Yang (Triple Energiser Channel) 2</td>
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<td>5.</td>
<td>Session 9</td>
<td>Hand Tai Yang (Small Intestine Channel) 1</td>
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### Miscellaneous Point Categories

#### Hand Tai Yang (Small Intestine Channel) 2
- Point palpation and location
- Point categories
- Point actions, indications and contraindications
- Case study

#### Session 11

**Front Mu Points**

**Conception Vessel (Ren Mai)**
- Point palpation and location
- Point categories
- Point actions, indications and contraindications
- Case study

#### Session 12

**Meeting Points**

**Governor Vessel (Du Mai)**

**Common Extra (Non-channel) Points of the Arm, Chest and Abdomen**
- Point palpation and location
- Point categories
- Point actions, indications and contraindications
- Case study

#### Session 13

**Revision**
- Content from Sessions 1 - 12

#### Session 14

**Practical Exam 1**
- Students will be randomly paired in groups and practical exams scheduled by the lecturer over the 3 hour session

**NON-TEACHING WEEK** (note that make-up classes may be scheduled in this week)

**Semester 1** – This aligns with the week after Easter so it may fall between Weeks 6 to 8

**Semester 2** – The non-teaching week falls between Weeks 7 and 8

#### Session 15

**Tai Yin (Spleen Channel)**
- Point palpation and location
- Point categories
- Point actions, indications and contraindications
- Case study

#### Session 16

**Foot Jue Yin (Liver Channel)**
<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
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</thead>
</table>
| 9. | Session 17  
**Foot Shao Yin (Kidney Channel)**  
Point palpation and location  
Point categories  
Point actions, indications and contraindications  
Case study |
| 10. | Session 19  
**Foot Yang Ming (Stomach Channel) 1**  
Point palpation and location |
| 11. | Session 21  
**Foot Shao Yang (Gallbladder Channel) 1**  
Point palpation and location GB1 - GB30 |
| 12. | Session 23  
**Back Shu Points**  
**Foot Tai Yang (Bladder Channel) 1**  
Point palpation and location BL1 - BL35 |
<table>
<thead>
<tr>
<th></th>
<th>Point categories</th>
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<tbody>
<tr>
<td></td>
<td>Session 24</td>
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<tr>
<td></td>
<td><strong>Foot Tai Yang (Bladder Channel) 2</strong></td>
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<td></td>
<td>Point palpation and location BL36 - BL67</td>
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<tr>
<td></td>
<td>Point categories</td>
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<td></td>
<td>Point actions, indications and contraindications</td>
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<td></td>
<td>Case study</td>
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<td>13.</td>
<td>Session 25</td>
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<td><strong>Common Extra (Non-channel) Points of the Leg, Neck, Head and Back</strong></td>
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<tr>
<td></td>
<td><strong>Foot Tai Yang (Bladder Channel) 3</strong></td>
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<td></td>
<td>Point palpation and location of all bladder channel points</td>
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<tr>
<td></td>
<td>Point palpation and location of selected extra (non-channel) points</td>
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<td></td>
<td>Session 26</td>
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<tr>
<td></td>
<td><strong>Revision</strong></td>
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<td>Content from Sessions 15-25</td>
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<tr>
<td>14.</td>
<td><strong>Non-Teaching Week/Practical Examination Week 1</strong></td>
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<tr>
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<td>Note that make-up classes may be scheduled in this week</td>
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<tr>
<td>15.</td>
<td><strong>Non-Teaching Week/Practical Examination Week 2</strong></td>
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<tr>
<td></td>
<td>Note that make-up classes may be scheduled in this week</td>
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<tr>
<td>16.</td>
<td><strong>Final Examination Week 1</strong></td>
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<td>Students are required to sit examinations using the Respondus Lockdown Browser software per the <a href="#">Examination Policy – Higher Education</a>. Refer to your local campus calendar for exam opening and closing times.</td>
</tr>
<tr>
<td>17.</td>
<td><strong>Final Examination Week 2</strong></td>
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