



# SUBJECT OUTLINE

Subject Name:

Subject Code:

**Traditional Chinese Medicine Assessment and  
Differentiation**

**CMPR121**

## SECTION 1 – GENERAL INFORMATION

<b>Award/s:</b>	<b>Total Course Credit Points:</b>	<b>Level:</b>
Bachelor of Health Science (Acupuncture)	128	1 <sup>st</sup> Year
<b>Duration:</b> 1 Semester		
<b>Subject is:</b> Core	<b>Subject Credit Points:</b> 4	

### Student Workload:

<b>No. timetabled hours per week:</b> 6	<b>No. personal study hours per week:</b> 4	<b>Total hours per week:</b> 10
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### Delivery Mode\*:

☐ On campus      ☒ Online / Digital      ☐ Blended      ☐ Intensive

### Weekly Session^ Format/s - 2 sessions per week:

<input checked="" type="checkbox"/> eLearning modules:	Lectures: Narrated PowerPoint presentations Tutorials: can include asynchronous tutor moderated discussion forum and activities, learning journal activities or other web-based resources
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\*All modes are supported by the online learning management system which will include subject documents such as handouts, readings and assessment guides.

^A 'session' is made up of 3 hours of timetabled / online study time per week unless otherwise specified. Each subject has a set number of sessions as outlined above.

**Study Pattern:**      ☒ Full Time      ☒ Part Time

**Pre-requisites:** CMAC111, CMPR113

**Co-requisites:** CMPR112

## SECTION 2 – ACADEMIC DETAILS

### Subject Rationale

Traditional Chinese Medicine Assessment and Differentiation overviews the core philosophies and principles of Chinese medicine practice. Students will explore and understand Chinese medical diagnostic methods and pattern differentiation theories. Understanding and application of these diagnostic paradigms will be further enhanced through the development of clinical skills associated with four diagnostic methods.



## Learning Outcomes

1. Describe the purpose of the four diagnostic methods and when these approaches are applicable in Chinese medicine practice.
2. Explain the application of the four diagnostic methods and how these relate to specific Chinese medicine diagnoses.
3. Explain the key concepts and differentiating factors associated with a range of traditional Chinese medicine diagnostic patterns.
4. Discuss differing views on traditional Chinese medicine aetiologies, disease mechanisms, transmissions and pathogenesis.
5. Construct an accurate Chinese medical diagnostic conclusion.

## Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
<b>Online Quiz</b> (1 hour)	1-5	1-8	Week 5	20%
<b>Written Assignment</b> diagnostic folio and case study analysis (2000 words)	1-5	1-26	Week 12	40%
<b>Final Written Exam</b> (90 minutes)	1-5	1-26	Final Examination Period	40%
All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS				

### Prescribed Readings:

1. Maciocia, G. (2015). *The foundations of Chinese medicine: A comprehensive text* (3rd ed.). Elsevier. [ebook available]
2. Qiao, Y., & Stone, A. (2008). *Traditional Chinese medicine diagnosis study guide*. Eastland Press.
3. Summers, J., & Smith, B. (2014). *Communication skills handbook* (4th ed.). John Wiley. [ebook available]

### Recommended Readings:

1. Kaptchuk, T. J. (2000). *Chinese medicine: The web that has no weaver*. Rider.
2. Kirschbaum, B. (2010). *Atlas of Chinese tongue diagnosis* (2nd ed.). Eastland Press.



3. Maciocia, G. (2006). *The channels of acupuncture: Clinical use of the secondary channels and eight extraordinary vessels*. Churchill Livingstone.
4. Shen-Qing, L., & Morris, W. (2011). *Li Shi Zhen's pulse studies: An illustrated guide* (M. Mondot, Ed., & Z. Qi, Trans.). People's Medical Publishing House.
5. Wang, B. (1997). *Yellow Emperor's canon of internal medicine* (N. L. Wu & A. Q. Wu, Trans.). China Science & Technology Press.
6. Wu, H.-Z., Fang, Z.-Q., & Cheng, P.-J. (2013). *Fundamentals of traditional Chinese medicine* (Y.-B. He, Trans.). World Century. [ebook available]
7. Xuemei, L., & Jingyi, Z. (1993). *Acupuncture patterns and practice*. Eastland Press.
8. Zhu, B., & Wang, H. (Eds.). (2010). *Diagnostics of traditional Chinese medicine*. Singing Dragon. [ebook available]

Subject Content		
Week	Lectures	Tutorials / Practicals
1.	Session 1 <b>Introduction</b> (Subject Outline / Subject Aims / Assessment / Teaching Resources) ➤ Review of Chinese medicine physiology ➤ Concepts of Chinese medicine diagnosis	Activity ➤ Overview, expectations and subject outcomes ➤ Questions and discussion about assessments
	Session 2 <b>Chinese Medicine Pathophysiology</b>	Activity ➤ Strengths and weaknesses of Chinese medicine and Western medicine diagnosis and pathophysiology
2.	Session 3 <b>The Four Diagnostic Methods</b> ➤ Inspection of the whole body ➤ Inspection in detail	Activity ➤ Physical observation
	Session 4 <b>The Four Diagnostic Methods (Continued)</b> ➤ Inspection of the tongue	Activity ➤ Tongue diagnosis
3.	Session 5 <b>The Four Diagnostic Methods (Continued)</b> ➤ Palpation – Pulse	Activity ➤ Pulse diagnosis
	Session 6 <b>The Four Diagnostic Methods (Continued)</b> ➤ Palpation - Abdomen ➤ Palpation - Channel and points	Activity ➤ Abdominal and channel palpation
4.	Session 7	Activity



	<b>The Four Diagnostic Methods (Continued)</b> ➤ Inquiry	➤ Open and closed questioning
	Session 8 <b>The Four Diagnostic Methods (Continued)</b> ➤ Listening ➤ Smelling	Activity ➤ Listening and smelling ➤ Review of all 4 diagnostic methods
5.	Session 9 <b>Lung</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
	Session 10 <b>Spleen</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
6.	Session 11 <b>Stomach</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
	Session 12 <b>Large Intestine</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
7.	Session 13 <b>Small Intestine</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
	Session 14 <b>Liver</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
<b>NON-TEACHING WEEK</b> (note that make-up classes may be scheduled in this week) <b>Semester 1</b> – This aligns with the week after Easter so it may fall between Weeks 6 to 8 <b>Semester 2 &amp; Online students</b> – The non-teaching week falls between Weeks 7 and 8		
8.	Session 15 <b>Gallbladder</b> ➤ Zang fu pattern differentiation ➤ Jing lu pattern differentiation	Activity ➤ Diagnosis and pattern differentiation
	Session 16	Activity



	<b>Kidney</b> <ul style="list-style-type: none"> <li>➤ Zang fu pattern differentiation</li> <li>➤ Jing luo pattern differentiation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
9.	Session 17 <b>Bladder</b> <ul style="list-style-type: none"> <li>➤ Zang fu pattern differentiation</li> <li>➤ Jing luo pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
	Session 18 <b>Heart</b> <ul style="list-style-type: none"> <li>➤ Zang fu pattern differentiation</li> <li>➤ Jing luo pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
10.	Session 19 <b>Pericardium</b> <ul style="list-style-type: none"> <li>➤ Zang fu pattern differentiation</li> <li>➤ Jing luo pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
	Session 20 <b>Triple Energiser</b> <ul style="list-style-type: none"> <li>➤ Zang fu pattern differentiation</li> <li>➤ Jing luo pattern differentiation</li> <li>➤ 3 burner pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
11.	Session 21 <b>Wu Xing (Five Elements)</b> <ul style="list-style-type: none"> <li>➤ Sheng pattern differentiation</li> <li>➤ Ke pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
	Session 22 <b>Vital Substances</b> <ul style="list-style-type: none"> <li>➤ Pattern differentiation according to Qi</li> <li>➤ Pattern differentiation according to Xue</li> <li>➤ Pattern differentiation according to Jin ye</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
12.	Session 23 <b>External Pathogenic Factors</b> <ul style="list-style-type: none"> <li>➤ Heat/Fire pattern differentiation</li> <li>➤ Cold pattern differentiation</li> <li>➤ Wind pattern differentiation</li> <li>➤ Damp pattern differentiation</li> <li>➤ Summer-heat pattern differentiation</li> <li>➤ Dryness pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation</li> </ul>
	Session 24	Activity



	<b>Six Divisions</b> <ul style="list-style-type: none"> <li>➤ Six division theory</li> <li>➤ Tai yang pattern differentiation</li> <li>➤ Shao yang pattern differentiation</li> <li>➤ Yang ming pattern differentiation</li> <li>➤ Tai yin pattern differentiation</li> <li>➤ Shao-yin pattern differentiation</li> <li>➤ Jue yin pattern differentiation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Developing connections. Identify and discuss how Chinese medicine and Western medicine disease states may be associated with each of the six divisions</li> <li>➤ Diagnosis and pattern differentiation of real patients</li> </ul>
13.	Session 25 <b>Four Levels</b> <ul style="list-style-type: none"> <li>➤ Wei pattern differentiation</li> <li>➤ Qi pattern differentiation</li> <li>➤ Ying pattern differentiation</li> <li>➤ Xue pattern differentiation</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Discussion of warm disease theory and how it relates to public health</li> <li>➤ Analyse each of the four levels in your discussion and provide examples</li> <li>➤ Diagnosis and pattern differentiation</li> </ul>
	Session 26 <b>Diagnostic Laboratory</b> <ul style="list-style-type: none"> <li>➤ Diagnosis and treatment approaches</li> <li>➤ Case studies and consolidating knowledge</li> </ul>	Activity <ul style="list-style-type: none"> <li>➤ Diagnosis and pattern differentiation of real patients</li> </ul>
14.	<b>Non-Teaching Week/Practical Examination Week 1</b> Note that make-up classes may be scheduled in this week	
15.	<b>Non-Teaching Week/Practical Examination Week 2</b> Note that make-up classes may be scheduled in this week	
16.	<b>Final Examination Week 1</b> Students are required to sit examinations using the Respondus Lockdown Browser software per the <a href="#">Examination Policy – Higher Education</a> . Refer to the LMS for exam opening and closing times.	
17.	<b>Final Examination Week 2</b> Students are required to sit examinations using the Respondus Lockdown Browser software per the <a href="#">Examination Policy – Higher Education</a> . Refer to the LMS for exam opening and closing times.	