

To assist prospective and current students to make informed choices about their study, we have identified and set out below the Inherent Course Requirements for Bachelor of Health Science (Naturopathy).

Endeavour College of Natural Health welcomes and encourages applications from students with disabilities and from diverse social and cultural backgrounds. Where there are physical, intellectual, cultural, religious or other factors that impact on a student's ability to meet the Inherent Course Requirements, the College will make reasonable adjustments to assist the student to meet the requirements.

To successfully complete their qualification, students must meet the academic requirements set out in their Subject Outlines. In addition, students in all courses are required to comply with Australian laws and College policies and procedures, including the Student Charter and Code of Conduct. The College upholds the academic standards of each degree and discipline so that all students graduate with the skills and knowledge expected of a graduate of the award conferred.

**WITH APPROPRIATE SUPPORT AND REASONABLE ADJUSTMENTS, STUDENTS MUST BE ABLE TO FULFILL THE INHERENT COURSE REQUIREMENTS DESCRIBED BELOW, IN ORDER TO SUCCESSFULLY COMPLETE A COURSE IN BACHELOR OF HEALTH SCIENCE (NATUROPATHY).**

#### **Cognitive Tasks**

1. Accurately recall information without reference
2. Maintain a sufficient level of concentration to focus on an activity to completion
3. Accurately undertake arithmetic calculations, interpret and correctly apply numerical data
4. Engage in critical/analytical reasoning
5. Integrate theory and knowledge from various sources
6. Recognise own personal cognitive and mental wellbeing and when and how to seek support and strategies to manage course participation and engagement

#### **Communication Tasks**

1. To meet ESL(English as a Second Language) minimum benchmark requirements of an IELTS 7.0 or equivalent
2. Comprehend spoken English and respond audibly in English in an intelligible, appropriate and timely manner
3. Communicate respectfully and appropriately with all people from diverse culture, gender, sexuality, age, and socio-economic, religious and educational backgrounds
4. Actively participate in group discussions and other group/team work
5. Perform writing tasks to clearly convey information and ideas with use of correct grammar, punctuation and sentence structure.
6. Comprehend verbal or written instructions and follow as directed
7. Engage in interviews with clients at conversational speed to elicit accurate and complete case information via questions and responses and impact diagnostic and treatment information
8. Accurately and legible record all case related information (client interview, case analysis, treatment plan) in case files in a clear and timely manner following case taking guidelines
9. Clearly and concisely convey a verbal summary of the key aspects of client cases to supervisors under time limited circumstances
10. Demonstrate awareness of non-verbal behaviour in self and others, appropriately modulating own non-verbal behaviours to be respectful, clear, attentive, empathetic,



honest and non-judgemental, and responding appropriately to non-verbal cues from others, e.g. client pain or distress

11. Provide timely and effective written and verbal feedback and reporting in classroom and clinic settings

#### **Behavioural and Interpersonal Skills**

1. Behave in an ethical, safe, professional and responsible manner in all settings
2. Maintain appropriate personal and professional boundaries
3. Maintain consistent and appropriate awareness of own behaviours and emotions and their potential impact on others
4. Ensure own motives, attitudes, and behaviours do not adversely impact clients, fellow students or staff
5. Demonstrate behavioural, emotional and functional stability in challenging, stressful, unpredictable and potentially emotionally traumatic situations
6. Understand and display empathy for another person's perspective
7. Maintain openness and appropriate responsiveness to constructive feedback and mentoring
8. Recognise own personal limitations and when and how to seek support; manage your own physical and mental health effectively

#### **Sensory Tasks**

1. Read and comprehend information presented in a variety of formats, e.g., class notes, handwritten case notes, diagnostic/laboratory reports, very small fonts (4 point) on bottles, reports on computer screens, whether with or without vision correction (e.g. glasses)
2. Receive verbal information from clients and record interview findings
3. Perform physical clinical examination techniques and procedures and anthropometric tests requiring tactile, visual and auditory senses and record findings
4. Gather and interpret information through touch (differentiating between different textures, densities, temperatures and sizes) and detecting anatomical or movement abnormalities
5. Visually assess subtle aspects of client appearance, behaviour, posture, and movement and record findings
6. Select, measure, blend, and dispense therapeutic goods and appropriately label and provide written dosage instructions to clients
7. Differentiate between different herbs and foods using taste
8. Safely and effectively operate diagnostic and treatment equipment that requires visualisation of controls/gauges and manual dexterity

#### **WH&S and Client Safety Considerations**

1. Stay seated for periods of approximately 20 minutes e.g., taking a client's history
2. Hold bladder/bladder tolerance for a period of 45 minutes during client visits
3. Undergo a Working With Children or National Police Check and provide report

#### **Manual/Physical Tasks (relevant where students select the Myotherapy Elective stream)**

1. Apply physical (hands on) techniques as a part of a treatment plan
2. Maintain manual dexterity, fine motor skills and hand strength sufficient to grasp, press, push, turn, squeeze and manipulate various objects and individuals safely and consistently



3. Maintain gross motor skills, including lifting, carrying, pushing, pulling, standing, twisting and bending with safe manual handling techniques and with good balance
4. Work, including standing and walking, for prolonged periods *e.g., up to 3hrs with small seated breaks, up to 1hr without break*
5. Demonstrate sufficient physical endurance to maintain consistency and quality of performance throughout the designated period of time (typically up to 3hrs) Provide treatment without preference or refusal to a wide variety of people, including those of all genders and varying body types, ages, ethnicities and backgrounds where the client may be partially disrobed
6. Complete physical tasks in a heated environment *e.g., perform a Myotherapy treatment in a heated room that allows for a disrobed clients comfort*

### **Practical Tasks**

1. Disrobe (with draping) and act as client/model in practical classes for other students for diagnostic examinations and treatments
2. Physically examine and provide treatment without preference or refusal to a wide variety of people, including those of all genders, varying body types, ages, ethnicities and backgrounds where the client may be partially disrobed
3. Independently manipulate and carry instruments, materials and equipment necessary for classroom or clinical practice
4. Attend all class and clinic sessions with an attendance requirement for the entirety of each session
5. Safely utilise laboratory manufacturing equipment such as blenders, knives, hotplates, measures, and mechanical presses

### **Digital and Information Technology Literacy**

1. Engage with staff, fellow students, learning resources and assessment tools using the internet and digital resources (e.g. web browsing)
2. Utilise software and electronic hardware in the completion of activities (e.g. own personal computer, audio-visual technology, word processing, emailing, file saving)