



# SUBJECT OUTLINE

Subject Name:

**Introduction to Complementary Medicine  
Clinical Practice**

Subject Code:

**HMCL221**

## SECTION 1 – GENERAL INFORMATION

<b>Award/s:</b>	<b>Total Course Credit Points:</b>	<b>Level:</b>
Bachelor of Complementary Medicine	48	2 <sup>nd</sup> Year
<b>Duration:</b>	1 Semester	
<b>Subject Coordinator:</b> Elizabeth MacGregor (Perth Campus)		
<b>Subject is:</b>	<b>Subject Credit Points:</b>	2
Core		

### Student Workload:

<b>No. timetabled hours per week:</b> 3	<b>No. personal study hours per week:</b> 2	<b>Total hours per week:</b> 5
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### Delivery Mode:

e-Learning (Online)	Narrated PowerPoint presentations
	Tutorials: Asynchronous tutor moderated discussion forum and activities
	Video-recorded consultations, recorded facilitator discussion of recorded consultations, student handouts, web-based resources
	Full Time
	Part Time
<b>Pre-requisites:</b>	HOMC111, NATP111, CMPF121, NMDS122, MSTP211
<b>Co-requisites:</b>	Nil

## SECTION 2 – ACADEMIC DETAILS

### Subject Rationale

This subject is a basic introduction to the practice of various complementary medicine disciplines, including Nutritional Medicine, Naturopathy, Musculoskeletal Therapy, Acupuncture, and Homeopathy. Students will be introduced to the application of clinical theory and practice through a mixture of lecture, model case workshopping, and clinical observation. Students will gain a basic understanding of the components of various complementary medicine clinical encounters, as well as the methods and decision-making processes used to formulate and carry out treatment strategies and manage clients over a course of treatment.



## Learning Outcomes

1. Identify the components of a complementary healthcare visit for various disciplines and how they contribute to the clients' increasing wellbeing.
2. Identify the structure of a client interview / intake and the types of information elicited from clients for various disciplines.
3. Identify the basic diagnostic processes and frameworks for assessment and treatment planning utilised by various disciplines.
4. Compare and contrast the different approaches to clinical practice among various complementary disciplines.
5. Illustrate the experience of observing clinical practice for a variety of complementary medicine disciplines.

## Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
<b>Discussion Forum Participation</b> (weekly posts; minimum 150 words each)	1-5	1-13	Weeks 1-13	15% (13 x 1%, plus 2% bonus if all submitted)
<b>Mid-semester Exam</b> multiple choice and short answer questions	1-3	1-5	Week 6	30%
<b>Case Notes on Model Client</b> (1000 words)	1-4	1-7	Week 8	25%
<b>Reflective Report</b> based on observation of clinical practice (1000 words)	1-5	6-13	Week 13	30%

All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS

### Prescribed Readings:

Nil

### Recommended Readings:

1. Gray, A. (2010). *Case taking: Best practice and creating meaning in the consulting room*. B Jain Archibel.



2. Sarris, J., & Wardle, J. (2014). *Clinical naturopathy: An evidence-based guide to practice* (2nd ed.). Churchill Livingstone Elsevier.

Subject Content		
Week	Lectures	Tutorials / Practicals
1.	<p><b>Introduction</b> (Subject Outline / Subject Aims / Assessment / Teaching Resources)</p> <p><b>Introduction to the Components and Goals of a Complementary Healthcare Visit</b></p> <ul style="list-style-type: none"> <li>➤ Interview / intake; gathering information</li> <li>➤ Rapport building</li> <li>➤ Physical examination</li> <li>➤ Requesting / reviewing diagnostic tests</li> <li>➤ Assessment and treatment planning</li> <li>➤ Treatment administration</li> <li>➤ Empowering, motivating and teaching the client</li> <li>➤ Healing presence and creating a healing space</li> <li>➤ Comparison / contrast of different disciplines</li> </ul>	<p>Activities are developed to allow the students to explore relevant concepts, expand on ideas and have peer and lecturer interaction. Activities also allow for formative assessment and feedback</p> <ul style="list-style-type: none"> <li>➤ Tutorial activity: Online discussion of the nature and content of a complementary healthcare visit</li> </ul>
2.	<p><b>Introduction to Case Management Using the Soap Framework</b></p> <ul style="list-style-type: none"> <li>➤ Overview of each component of SOAP</li> <li>➤ Subjective information <ul style="list-style-type: none"> <li>⊙ What is considered subjective</li> <li>⊙ What types of subjective information are elicited by each of the various complementary disciplines?</li> </ul> </li> <li>➤ Presenting/chief complaint, history of present illness/8 attributes, review of systems, personal and family medical history, psychosocial history</li> <li>➤ Traditional Chinese Medicine (TCM) interview structure</li> <li>➤ Constitutional homeopathic intake</li> <li>➤ Types of questions</li> <li>➤ Rapport building</li> <li>➤ Reflective listening</li> <li>➤ Motivational interviewing</li> <li>➤ Other forms of subjective information gathering, e.g., diet diaries</li> </ul>	<ul style="list-style-type: none"> <li>➤ Tutorial activity: Online discussion of the SOAP components of a consultation with specific focus on subjective information gathering</li> </ul>
3.	<p><b>Objective Information Gathering</b></p>	<ul style="list-style-type: none"> <li>➤ Tutorial activity: Online discussion of objective information gathering and determination of</li> </ul>



	<ul style="list-style-type: none"> <li>➤ What is considered objective and what types of objective information are elicited by each of the various complementary disciplines?</li> <li>➤ Contrast of Western and Eastern disciplines</li> </ul> <p><b>Assessment Strategies and Methods</b></p> <ul style="list-style-type: none"> <li>➤ How do the various disciplines arrive at a final assessment to inform their treatment plan? <ul style="list-style-type: none"> <li>⊗ Western differential diagnosis</li> <li>⊗ Holistic diagnostic perspectives</li> <li>⊗ Special assessment techniques: repertorisation; overview of TCM diagnostics</li> </ul> </li> </ul>	<p>assessment within a complementary medicine consultation</p>
<p><b>4.</b></p>	<p><b>Treatment Planning</b></p> <ul style="list-style-type: none"> <li>➤ Symptomatic relief vs. cure: The power of complementary medicine</li> <li>➤ Incorporation of discipline-specific philosophy and clinical theory in treatment planning, e.g., the Therapeutic Order of Naturopathic Medicine, the Zang-Fu and Six Excesses of TCM</li> <li>➤ What a treatment plan consists of in each of the various complementary disciplines</li> <li>➤ Short and long-term treatment planning: continuity of care as a component of complementary healthcare</li> <li>➤ Evidence-informed practice</li> <li>➤ The role of client education and self-responsibility</li> </ul>	<ul style="list-style-type: none"> <li>➤ Tutorial activity: Online discussion of treatment planning within a complementary medicine consultation</li> </ul>
<p><b>5.</b></p>	<p><b>Therapeutic Relationship</b></p> <ul style="list-style-type: none"> <li>➤ Healing presence</li> <li>➤ Placebo effect</li> <li>➤ Boundaries and ethics</li> <li>➤ Guiding client expectations</li> <li>➤ Client values</li> <li>➤ Social and ethnic diversity considerations</li> </ul> <p><b>Other Clinical Considerations</b></p> <ul style="list-style-type: none"> <li>➤ Professionalism</li> <li>➤ Professional responsibility / liability</li> <li>➤ Time management</li> <li>➤ Financial considerations</li> <li>➤ Different clinical approaches: Group visits, community acupuncture, etc.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Tutorial activity: Online discussion of the therapeutic relationship and other clinical considerations in a complementary medicine consultation</li> </ul>



6.	<p><b>Mid-semester Exam</b></p> <p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of experienced Naturopathic Medicine practitioner conducting a model new client visit and demonstrating treatment planning</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Online discussion of the SOAP components of the observed consultation</li> </ul>
7.	<p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of experienced Traditional Chinese Medicine practitioner conducting a model follow up client visit and demonstrating treatment planning, including point selection and location</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Online discussion of the SOAP components of the consultation</li> </ul>
<p><b>NON-TEACHING WEEK</b> (note that make-up classes may be scheduled in this week)</p> <p><b>Semester 1</b> – This aligns with the week after Easter so it may fall between Weeks 6 to 8</p> <p><b>Semester 2 &amp; Online students</b> – The non-teaching week falls between Weeks 7 and 8</p>		
8.	<p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of a complete Homeopathic consultation / treatment</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Students discuss their observations and experiences in online forum</li> </ul>
9.	<p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of a complete Musculoskeletal Therapy consultation and treatment</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Students discuss their observations and experiences in online forum</li> </ul>
10.	<p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of a complete Acupuncture consultation and treatment</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Students discuss their observations and experiences in online forum</li> </ul>
11.	<p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of a complete Nutritional Medicine consultation / treatment</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Students discuss their observations and experiences in online forum</li> </ul>
12.	<p><b>Observation</b></p> <ul style="list-style-type: none"> <li>➤ Observation of a complete Naturopathic consultation / treatment</li> </ul>	<ul style="list-style-type: none"> <li>➤ Facilitator discussion of the consultation</li> <li>➤ Tutorial activity: Students discuss their observations and experiences in online forum</li> </ul>
13.	<p><b>Subject Review</b></p> <ul style="list-style-type: none"> <li>➤ Compare and contrast the consultation / treatment processes of the five disciplines</li> <li>➤ Compare and contrast different personal styles of practitioners observed</li> <li>➤ Compare and contrast Complementary Medicine client management with conventional / biomedical client management</li> </ul>	<ul style="list-style-type: none"> <li>➤ Tutorial activity: Students discuss <ul style="list-style-type: none"> <li>⊙ the unique characteristics of the complementary medicine consultations observed;</li> <li>⊙ the nature of complementary medicine consultations in general; and</li> <li>⊙ how these contribute to the promotion and restoration of wellness in clients</li> </ul> </li> </ul>
14.	<p><b>Non-Teaching Week/Practical Examination Week 1</b></p> <p>Note that make-up classes may be scheduled in this week</p>	
15.	<p><b>Non-Teaching Week/Practical Examination Week 2</b></p>	



	Note that make-up classes may be scheduled in this week
<b>16.</b>	<b>Final Examination Week 1</b> There is no final exam for this subject
<b>17.</b>	<b>Final Examination Week 2</b> There is no final exam for this subject