SECTION 1 - GENERAL INFORMATION

Award/s: Bachelor of Health Science (Nutritional and Dietetic Medicine)  
Total Course Credit Points: 96  
Level: Core  
3rd Year

Duration: 1 Semester

Subject Coordinator: Gabrielle Covino (Melbourne campus)

Subject is: Core  
Subject Credit Points: 6

Student Workload:

<table>
<thead>
<tr>
<th>No. timetabled hours per week:</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. personal study hours per week:</td>
<td>6</td>
</tr>
<tr>
<td>Total hours per week:</td>
<td>15</td>
</tr>
</tbody>
</table>

Delivery Mode:

Face to Face (On campus)  
3 x 3 hours clinical practicum

Intensive Delivery (Summer School)  
Contact hours are delivered over 6 weeks with 3 x 6.5 hour days delivered per week

Content: Clinical practicum

Assessment: Attendance - Weeks 1-6; Mid-semester Reflective Review Presentations - Week 3; Client Case Study - Weeks 5; Final Reflective Review Presentations - Week 6; Case-based Practical Exam - Week 6.

Full Time
Part Time

Pre-requisites: NMDD221, SOCI221, NMDS311, NMDC314, NMDA321

Co-requisites: SOCE311

Special Resource Requirements:

- Closed-toe leather footwear
- Completion of a clinical practicum subject within the previous 9 months, or passing of safe practices entrance examination (minimum of three clients as per the Clinic Client Recruitment Policy to demonstrate the student’s self and clinic promotion skills)
- HLTAID003 Provide first aid (VET unit of competency)
- LMS-based clinical induction and quiz
- Professional Dress Standards as described by Wellnation Clinic Student Handbook

Wellnation Clinic Student Handbook

WWCC (or its equivalent) for the location in which subject is undertaken as per Working with Children Check Policy

Kit items include:

- Endeavour white clinic coat
- Measuring tape
- Otoscope
- Penlight
- Percussion reflex hammer
- Sphygmomanometer
• Stethoscope
• Thermometer
• Timing device

SECTION 2 – ACADEMIC DETAILS

Subject Rationale
Clinic students practise nutritional medicine under the supervision of qualified practitioners in the Endeavour Teaching Clinics, by taking the lead in client assessment and care. Practical application of nutritional medicine clinical skills such as history-taking, education of the client about nutritional medicine and the general course of treatment, nutritional medicine assessment techniques, pathology testing and conventional physical examination techniques, guide the student in developing an individual treatment plan. Client follow-up is expected along with background research on each client’s condition and evidence–informed treatment options conducted between client visits. Students apply holistic medicine theory and principles in case management with diverse patients and the range of acute and chronic conditions that present in our clinics. NMDC321 and NMDC322 together comprise the senior clinical practicum and are split to facilitate part-time study options.

Learning Outcomes
1. Apply holistic nutritional medicine philosophy, principles, ethical and professional values, knowledge and skills to the assessment and management of clients in a clinical setting.
2. Critically evaluate diagnostic and treatment options based on totality of professional education thus far, along with review of relevant research, clinical experience, cultural considerations and patient preferences to construct a suitable and effective treatment plan.
3. Display appropriate professionalism while maintaining a therapeutic relationship with the client when faced with ethical or boundary issues in clinical practice.
4. Conduct and observe nutritional medicine consultations to elicit clinical data essential to establish appropriate client management options.
5. Apply appropriate written and oral communication skills to communicate information and knowledge in the area of client management and professional practice.
6. Acquire and consolidate knowledge of nutritional medicine practice management including Occupation Health and Safety standards, office reception, clinic procedures, and dispensing.

Assessment Tasks

<table>
<thead>
<tr>
<th>Type</th>
<th>Learning Outcomes Assessed</th>
<th>Session Content Delivered</th>
<th>Week Due</th>
<th>Weighting</th>
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</thead>
<tbody>
<tr>
<td>Attendance (100% required)</td>
<td>N/A</td>
<td>N/A</td>
<td>Weekly</td>
<td>Pass/Fail</td>
</tr>
<tr>
<td>Mid-semester Reflective Review Presentations (10 minutes)</td>
<td>1-6</td>
<td>1-6</td>
<td>7</td>
<td>25%</td>
</tr>
<tr>
<td>Client Case Study (1500 words, suitable for publication)</td>
<td>1-2,4-5</td>
<td>1-11</td>
<td>11</td>
<td>20%</td>
</tr>
<tr>
<td>Final Reflective Review Presentations (10 minutes)</td>
<td>1-6</td>
<td>7-13</td>
<td>13</td>
<td>25%</td>
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</tbody>
</table>
In Clinical Practicum, students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore, students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.

Prescribed Readings:
1. Mahan, L. K., & Raymond, J. L. (Eds.) (2016). *Krause’s food & the nutrition care process* (14th ed.). St. Louis, MO:

Recommended Readings:

### Week 1-13

**Clinical Practicum**

Clinic practicum goes from Week 1 to Week 13 with a one week non-teaching week around Weeks 6-8 in Semester 1 (depending on Easter) or between Weeks 7 & 8 in Semester 2.

Mid-semester reviews are conducted Weeks 7-9 and students are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics, and marks are aggregated to provide a single grade.

Final reviews of clinical practicum are conducted in Week 13 and students are presented with further written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics, and marks are aggregated to provide a single grade.

In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore, students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.

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During Nutritional Medicine Clinical Practicum students will practice under supervision either individually or in pairs:
- Conducting clinical consultations and observations
- Good practitioner-client communication
- Give short, oral presentations to supervisor and student peers in relation to client management and professional practice
- Case taking
- Clinical examination skills
- Interpretation of biomedical and functional test results
- Differential diagnosis
- Developing individualised treatment plans
- Appropriate referral
- Presentation to supervisor and obtaining approval for treatment plan
- Office management skills, dispensing and reception duties
- Observing all clinic policy and procedure
- Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues

**NON-TEACHING WEEK** (note that make-up classes may be scheduled in this week)

Semester 1 - This aligns with the week after Easter so it may fall between Weeks 6 to 8
Semester 2 - The non-teaching week falls between Weeks 7 and 8

14. **Non-Teaching Week/Practical Examination Week 1**
   Note that make-up classes may be scheduled in this week.
   The Case-based Practical exam may be held in this week.

15. **Non-Teaching Week/Practical Examination Week 2**
   Note that make-up classes may be scheduled in this week.
   The Case-based Practical exam may be held in this week.

16. **Final Examination Week 1**
   There is no final written exam for this subject.

17. **Final Examination Week 2**
   There is no final written exam for this subject.