

Unit of Study Outline

Unit of Study Name	Develop Massage Practice
Unit of Study Code	DMP412
Qualification/s:	HLT52015 Diploma of Remedial Massage HLT42015 Certificate IV in Massage Therapy
The following Unit/s of Competency contribute to this Units of Study	HLTMSG001 Develop massage practice
Units of Study Prerequisites	Nil
Delivery Methods and Contextualisation	<p>The competency units will be delivered on campus in an appropriate manner. Examples may include: PowerPoint presentations, demonstration, practical exercises, project work, class participation, group exercises, and delivery of declarative knowledge. Video and DVD presentations may also be utilised.</p> <p>Delivery strategies will be contextualised to focus on the needs and specific requirements of students in the massage industry.</p>
Delivery / Learning & Assessment Hours	<p>On campus delivery – Full-time and Part-time students</p> <ul style="list-style-type: none"> • 3 hours face to face delivery per week for 10 weeks • 1 hour self-study per week <p>Endeavour may deliver units of study in intensive format for smaller cohorts whilst still ensuring that all requirements as recommended by the Health Training Package are met.</p>
Department	Health
Unit of Study Coordinator	Anthony Turri
Unit of Study Overview	<p>This unit of study provides students with knowledge of the underpinning philosophy and principles of massage. Students will learn about the rationale for massage within the management of health and wellbeing, developing their own approach to massage treatment that aligns with these key principles.</p> <p>Students will also learn how to communicate the benefits and impact of different massage practices to potential clients.</p>

HLTMSG001 Develop massage practice

Element	Performance Criteria	
1. Establish foundations of massage practice	1.1	Identify, access and interpret information on the central philosophies of massage practice
	1.2	Evaluate the massage system of treatment and its application to current health issues
	1.3	Compare and contrast massage, other complementary health modalities and broader health practice
2. Represent the massage framework	2.1	Determine information needs of different individuals and groups
	2.2	Identify key messages that represent the philosophy and practice of massage
	2.3	Communicate information about massage at level of depth appropriate to audience needs
3. Determine requirements for sustainable massage practice	3.1	Identify key issues that affect the development and sustainability of professional practice
	3.2	Identify economic, environmental, human and social considerations, and their impact on professional practice
	3.3	Establish a personal health strategy that supports massage practice
	3.4	Access, interpret and collate current information that supports professional practice
4. Develop approach to own practice	4.1	Reflect on professional goals and aspirations
	4.2	Identify and assess professional opportunities in massage
	4.3	Reflect on the opportunities and constraints of individual personal circumstances
	4.4	Make decisions about practice direction, based on reflection and research
	4.5	Develop practical strategies that address own practice goals

Content

Week	Content	Core Learning Activities	Supportive Learning Activities
1	Introduction & The History of Massage	PowerPoint Presentation	Essentials of Law, Ethics and Professional Issues for CAM (eBook) – Chap 13

2	Touch Therapy and Massage Research	PowerPoint Presentation	Essentials of Law, Ethics and Professional Issues for CAM (eBook) – Chap 7 and 13 Massage Therapy Research (eBook)
3	Preparing to Practice Massage	PowerPoint Presentation	
4	Massage and Complementary Health Modalities	PowerPoint Presentation	
5	Ethical and Legal Requirements	PowerPoint Presentation	Essentials of Law, Ethics and Professional Issues for CAM (eBook) – Chap 2, 3, 5
6	Developing your own Sustainable Practice	PowerPoint Presentation	
7	Financial Planning and Administration	PowerPoint Presentation	Online Recorded Videos
8	Massage Business Pillars	PowerPoint Presentation	Online Recorded Videos
9	Tips for Business Success	PowerPoint Presentation	Online Recorded Videos
10	Working with Other People	PowerPoint Presentation	

Primary Learning Resources*

1	PowerPoint Presentation
2	Essentials of Law, Ethics and Professional Issues for CAM (eBook)
3	Massage Therapy Research (eBook)

Supplementary Learning Resources

1	Online Recorded Videos
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Assessment

Assessment for this unit of study is both formative and summative.

- *Formative* means that a student will receive feedback in a timely manner and apply this feedback in order to improve their learning throughout the duration of the study period.
- *Summative* means that the assessment item contributes to the overall assessment of required knowledge or / and skills or / and application of these in practice in order to demonstrate competency.

For this unit of study, please note the specific requirements for each assessment item and the required level of achievement expected in order to show satisfactory progress towards competency.

Vocational Education & Training (VET) students are required to pass all pieces of summative assessment. The Assessment Schedule (due dates) is to be followed and students are to adhere to these dates unless they have legitimate grounds for extension or deferral (see [Assessment Policy - VET](#)).

Students who fail a piece of assessment will be offered two reassessment opportunities and must complete this reassessment within the time frame given for that reassessment item.

Assessment Task	Required Skills & Knowledge	Assessment Schedule	Conditions
Directed Learning Activities	<i>HLTMSG001 Communicating Massage Information</i>	<i>Week 5</i>	<i>Satisfactory/Not Yet Satisfactory</i>
Directed Learning Activities	<i>HLTMSG001 Short Answer Assessment</i>	<i>Week 6</i>	<i>Satisfactory/Not Yet Satisfactory</i>
Directed Learning Activities	<i>HLTMSG001 Professional Development and Goal Setting Assessment</i>	<i>Week 9</i>	<i>Satisfactory/Not Yet Satisfactory</i>

NOTE: On the satisfactory completion of all tasks listed above the learner will be deemed competent in each Unit of Competency. All assessments are underpinned by Endeavour's quality client service philosophy which embraces client safety and safe work practices. Endeavour uses the following underpinning criteria for all assessments:

Attendance	Students must have 100% attendance for all practicum sessions.
Participation	Students must demonstrate a high level of participation in all clinic activities including reception / administration duties and assessing & treating clients.
Professionalism	Students are required to wear the mandated College uniform, prepare for classes and act in a professional manner.
Adherence to Code of Conduct	Students are expected to adhere to the College's Student Code of Conduct - VET .