



SUBJECT OUTLINE

Subject Name:

Myotherapy Clinical Practicum 4A

Subject Code:

MSTC325A

SECTION 1 – GENERAL INFORMATION

Award/s:	Total Course Credit Points:	Level:
Bachelor of Health Science (Myotherapy)	96	3 rd Year
Duration:	1 Semester	
Subject Coordinator:	Taylor-Jane Sharouni (Sydney Campus)	
Subject is:	Subject Credit Points:	2
Core		

Student Workload:

No. timetabled hours per week:	No. personal study hours per week:	Total hours per week:
4	2	6

Delivery Mode:

Clinic Block Delivery 1 x 4 hour clinical practicum sessions per week over 12 weeks (includes 30 minutes per session of set up / pack down time)

Full Time

Part Time

Pre-requisites: MSTM311, MSTC314

Co-requisites: MSTE311, MSTT317

Special Resource Requirements:

HLTAID003 Provide first aid (VET unit of competency)

LMS-based clinic induction and quiz

Professional Dress Standards as described by the [Endeavour Clinic Handbook](#)

[Endeavour Clinic Handbook](#)

WWCC (or its equivalent) for the location in which subject is undertaken as per [Working with Children Check Policy](#)

Clinical equipment kit including:

- Buck reflex hammer
- Goniometer
- Measuring tape
- Mulligan belt
- Pen light
- Sphygmomanometer



- Stethoscope
- Tuning fork (128 Hz)

SECTION 2 – ACADEMIC DETAILS

Subject Rationale

This subject provides students with clinical practice experience. Each student is expected to professionally manage the consultation process and provide an accurate working diagnosis, prognosis and treatment plan for approval. By practicum conclusion, students will have developed further confidence in clinically managing clients. MSTC325A and MSTC325B together comprise the senior clinical practicum and are split to facilitate part-time study options.

Learning Outcomes

1. Employ independent consideration and adapt history taking approach in response to clients' physical, mental and emotional needs.
2. Determine an appropriate working diagnosis based on independent analysis of information gathered through verbal data collection, observation and physical examination.
3. Assess and evaluate the effectiveness of the treatment through an analysis of the objective clinical findings, the client's feedback and critical self-reflection.
4. Devise and apply a treatment plan or strategy for health promotion based on the client's overall clinical picture.
5. Critically evaluate and research specific neuromusculoskeletal interventions in the treatment of complex physical conditions.

Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
Attendance (100% required)	N/A	N/A	Sessions 1-12	Pass/Fail
Mid-semester Progressive Clinical Assessment (rubric-based)	1-4	1-6	Sessions 6-7	20%
Portfolio (1000 words)	1-5	1-10	Week 10	30%



Final Progressive Clinical Assessment (rubric-based)	1-4	7-12	Session 12	50%
All written assessments and online quizzes are due at 11:55 p.m. Sunday and submitted through the LMS				
The pass mark for this subject is 50%				
Additionally, students must pass the Final Progressive Clinical Assessment with a mark not less than 50%				

Prescribed Readings:

- Butler, D. (n.d.). *The neurodynamics pack*. NOI Publications.
- Dommerholt, J., & Fernández-de-las-Peñas, C. (2018). *Trigger point dry needling: An evidence and clinical-based approach* (2nd ed.). Churchill Livingstone. [ebook available]
- Mulligan, B. R. (2010). *Manual therapy: NAGS, SNAGS, MWMS etc.* (6th ed.). Plane View Services.

Recommended Readings:

- Hengeveld, E., & Banks, K. (Eds.). (2014). *Maitland's peripheral manipulation: Management of neuromusculoskeletal disorders* (5th ed., Vol. 2). Churchill Livingstone Elsevier. [ebook available]
- Hengeveld, E., & Banks, K. (Eds.). (2014). *Maitland's vertebral manipulation: Management of neuromusculoskeletal disorders* (8th ed., Vol. 1). Churchill Livingstone Elsevier. [ebook available]

Subject Content

Week	Clinical Practicum
1-12.	<p>Clinic practicum extends from Week 1 to Week 12.</p> <p>Progressive assessments are conducted in Weeks 6 and 12 and students submit a formative self-reflection and are presented with written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics.</p> <p>In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.</p> <p>During myotherapy clinical practicum students will practice under supervision:</p> <ul style="list-style-type: none"> ➤ Conducting clinical consultations and observations ➤ Good client-practitioner communication ➤ Case taking ➤ Clinical examination skills and physical assessment ➤ Developing individualised treatment plans ➤ Appropriate referral ➤ Undertaking Patient Reported Outcome Measures (PROMs) and monitoring results over time ➤ Present to supervisor and obtain approval for treatment plan ➤ Office management skills and reception duties



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| | <ul style="list-style-type: none">➤ Observing all clinic policies and procedures➤ Participating in debriefing sessions at the conclusion of each clinical practicum to identify any important issues |
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