



ENDEAVOUR

College of  
Natural Health

**2024 COURSE BROCHURE**

# *Chinese Remedial Massage (Tui Na)*

**Diploma of Health Science  
(Chinese Remedial Massage)**

[endeavour.edu.au](http://endeavour.edu.au)

Chinese Remedial Massage utilises a range of manual therapy techniques developed within Chinese Medicine to assess and support conditions commonly experienced within the community. Techniques including Tui Na (Chinese remedial massage), acupressure, moxibustion, cupping, gua sha, topical herbal applications and medical Qi Gong are utilised to holistically support clients across the lifespan with special emphasis on clinical and musculoskeletal conditions.

### Course Duration

1.5 years full time: 24 contact hours per week  
3 years part time: 12 contact hours per week

### Study Mode

This course is offered in mixed mode, with a combination of online, blended, livestreamed and on campus subjects available. See the course structure opposite for details on delivery mode for each subject.

### Delivery Modes defined

Our subjects are delivered in a mix of synchronous (live) and asynchronous (not live) modes of learning. These delivery modes are defined as follows:

- **Online** – fully digital structured learning, supported by our expert academics. Asynchronous (not live) delivery, can study this subject at any time during the week within specified delivery periods. Specific due dates still apply to assessment items.
- **On campus** – attend live classes on one of our 6 campuses at specific timetabled times throughout the week. Supported by online study materials.
- **Livestream** – attend live classes **virtually** at specific timetabled times throughout the week. Supported by online study materials.
- **Blended** – a mixture of live classes (could be scheduled on campus or via livestream) and online content delivery.

Refer to individual subject outlines for details on how each subject is managed using these delivery modes.

### Intakes

Semester intakes in March and August.  
Online intakes available.

### Entry Requirements

Endeavour College is a direct entry institution.

- Year 12 or equivalent (OP/ATAR score not required)
- Mature age students without year 12 equivalent may be admitted based on demonstrated ability to undertake study at higher education level through relevant work and/or life experience, and/or attempted or completed formal, informal or non-formal study.
- English language proficiency equivalent to a 7.0 IELTS result is required.

### Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

### Payment Options

- FEE-HELP approved
- Upfront payment

Tuition payment arrangements must be confirmed upon admission to the College.

### National CRICOS Provider Code:

00231G

### Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to help provide context to theoretical and therapeutic subjects.

### Practical Classes

To support learning, students attend practical classes where they are expected to practice interviewing and case assessment techniques, as well as physical clinical examination and treatment procedures. This is conducted under the supervision of qualified instructors and with respect for privacy, cultural and religious differences.

### Teaching Clinics

Students gain significant clinical experience at Endeavour Wellness Clinics under the supervision of qualified practitioners. In the clinics, students have the opportunity to develop and hone all skills required to run a successful clinic after graduation, including patient assessment and management, patient recruitment and continuity of care, customer service, and dispensary management.

### Assessments

While some subjects require mid-term and final exams, assessments may also comprise quizzes, essays, practical/clinical skills demonstration and tutorial participation. All students, regardless of study mode, are required to sit examinations online using Respondus Lockdown Browser software, or in special circumstances under approved external supervision (as per the Examination Policy – Higher Education).

### Association Recognition

Graduates may apply for membership with the following associations:

- Australian Acupuncture and Chinese Medicine Association Ltd (AACMA)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional-Medicine Society (ATMS)
- Chinese Medicine & Acupuncture Society of

Australia (CMASA)

### Online Learning

Professional associations vary as to the amount of online learning that they accept in a Diploma qualification. This course meets all standards at the time of publication, however associations may change their requirements at any time. Endeavour commits to keeping students informed of such changes, however students should keep abreast of the requirements of their preferred association to ensure eligibility for membership.

### Career Opportunities

Chinese remedial massage practitioners may practice independently as a sole trader, or provide treatment in a multidisciplinary setting.

Chinese remedial massage practitioners often work alongside other allied health practitioners such as acupuncturists, Chinese herbalists, medical doctors, physiotherapists, osteopaths, chiropractors and naturopaths.

Practitioners may choose to focus on particular areas of interest such as sports medicine, musculoskeletal health, massage or retreat centres, health maintenance, or holistic care.

Graduates are eligible to articulate into the Bachelor of Health Science (Acupuncture Therapies) or Bachelor of Health Science (Chinese Medicine) with up to 34 credit points of advanced standing. Graduates may also articulate into other health qualifications in a variety of related areas.

For more information on this area of study explore online at [endeavour.edu.au](http://endeavour.edu.au) or call **1300 462 887** to speak with an Admissions Adviser.



**FEE-HELP Available**



**Austudy Approved**



**Part Time or Full Time Study Load**

## How to apply

- Apply online at [apply.endeavour.edu.au](http://apply.endeavour.edu.au)
- Phone 1300 462 887 and select "1" to speak with an Admissions team member
- For general course enquires visit [endeavour.edu.au/course-enquiry](http://endeavour.edu.au/course-enquiry)

# 2024 Full Time Course Structure – 1.5 Years

## Diploma of Health Science (Chinese Remedial Massage) DipHSc(CRM)

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
<b>Semester 1 – 1st Year</b>									
BIOA111	Introduction to Human Biology	6	4	25	0.125	Theory	–	–	Online
CMPR111	Chinese Medicine Foundations	6	4	25	0.125	Theory	–	–	Blended
CMTH111	Chinese Manual Therapies 1	6	4	25	0.125	Theory/ Practical	–	–	On campus
SOCC111	Developing Cultural Competence in Healthcare	6	4	25	0.125	Theory	–	–	Online
<b>Semester 2 – 1st Year</b>									
BIOA122	Systems Physiology	6	4	25	0.125	Theory	BIOA111	–	Online
CMPR122	Chinese Medicine Consultation and Diagnosis	6	4	25	0.125	Theory/ Practical	CMPR111	CMTH121	Blended
CMTH121	Point Prescriptions and Locations	6	4	25	0.125	Theory/ Practical	BIOA111 + CMTH111	CMPR122	On campus
CMTH122 ▲	Chinese Manual Therapies 2	6	4	25	0.125	Theory/ Practical/ Clinic	CMTH111	CMTH121 + BIOA122 + CMPR122	On campus
<b>Students may choose to articulate into the Bachelor of Health Science (Acupuncture Therapies) or Bachelor of Health Science (Chinese Medicine) after completion of the first year of study</b>									
<b>Semester 3 – 2nd Year</b>									
BIOX212	Introduction to Pathophysiology and Pharmacology	3	2	12.5	0.0625	Theory	BIOA122	–	Online
CMCP211 ▲	Clinical Practicum - Chinese Remedial Massage A	6	4	25	0.125	Clinic	CMTH121 + BIOA122 + CMPR122 + CMTH122	CMTH212 + SOCE311	On campus
CMCP212 ▲	Clinical Practicum - Chinese Remedial Massage B	6	4	25	0.125	Clinic	CMTH121 + BIOA122 + CMPR122 + CMTH122	CMCP211	On campus
CMTH212	Chinese Remedial Massage Therapies	6	4	25	0.125	Theory/ Practical	CMTH121 + BIOA122 + CMPR122 + CMTH122	BIOX212	On campus
SOCE311	Establish and Manage a Practice	3	2	12.5	0.0625	Theory	–	–	Online
<b>Course Totals</b>			<b>48</b>	<b>1.5</b>					

▲ HLTAID003 Provide First Aid qualification is required to be presented to and validated by College, prior to commencement of this subject. Students are responsible for any applicable fees to attain these. Visit [endeavour.edu.au/policies-and-procedures](https://endeavour.edu.au/policies-and-procedures) for details.

# Subject Descriptions

## Diploma of Health Science (Chinese Remedial Massage) DipHSc(CRM)

Code	Subject Title	Description
<b>Semester 1 – 1st Year</b>		
BIOA111	Introduction to Human Biology	Introduces concepts of human physiology, anatomy and homeostasis within cells, tissues and systems as well as the concepts relating to chemistry and the biochemical pathways within our cells.
CMPR111	Chinese Medicine Foundations	Students develop familiarity with the foundational theories, history, development and terminology of Chinese medicine, and the medicine's place within the contemporary healthcare sector.
CMTH111	Chinese Manual Therapies 1	Introduces students to the Chinese medicine channel system and musculoskeletal anatomy. Develops skill in the application of palpation and foundational Chinese remedial massage techniques.
SOCC111	Developing Cultural Competence in Healthcare	Explores the concept of 'cultural competence and safety' and a holistic person-centered approach as essential for working with individuals in a complementary medicine, community-based setting, and within the broader healthcare system.
<b>Semester 2 – 1st Year</b>		
BIOA122	Systems Physiology	Develops a deeper understanding of how major body systems function with respect to specific cell, tissue and organ function in the context of the skeletal, muscular, nervous, endocrine, immune, cardiac, respiratory, renal and reproductive systems.
CMPR122	Chinese Medicine Consultation and Diagnosis	Students apply interview and Chinese medicine assessment techniques including tongue and pulse diagnosis to diagnose and develop treatment principles within the diagnostic frameworks of Chinese medicine.
CMTH121	Point Prescriptions and Locations	Students develop capacity in the accurate location of acupuncture points of the fourteen channels and non-channel points, and become familiar with the classifications, indications and theories for use.
CMTH122	Chinese Manual Therapies 2	Students develop practical skill in the application of postural assessment, Chinese remedial massage, acupressure, moxibustion, guasha, cupping, topical herbalism, medical qi gong, and the management of traumatological conditions.
<b>Semester 3 – 2nd Year</b>		
BIOX212	Introduction to Pathophysiology and Pharmacology	Introduces concepts relating to pathology and pharmacology. Common disease states across all of the major body systems will be covered as well as the major presenting red flag symptoms.
CMCP211	Clinical Practicum - Chinese Remedial Massage A	Case-based discussion and clinical placement provides students with the opportunity to develop skills in clinical management, decision making and the consolidation of their practical skills. Within this placement students will particularly demonstrate the management of musculoskeletal traumatology conditions and health maintenance.
CMCP212	Clinical Practicum - Chinese Remedial Massage B	Clinical placement provides students with the opportunity to develop skills in clinical management, decision making and the consolidation of their practical skills for entrance into their profession. Within this placement students will particularly demonstrate the management of musculoskeletal and orthopaedic conditions, and supportive practices for internal medicine conditions.
CMTH212	Chinese Remedial Massage Therapies	Students develop skill in the diagnosis and management of orthopaedic and internal medicine conditions working with diverse clients and across the stages of the life cycle, using Chinese manual therapies.
SOCE311	Establish and Manage a Practice	Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.

Endeavour College reserves the right to vary the frequency, availability and scheduling of online subject offerings depending on demand and professional body requirements. Students should gain advice from relevant professional bodies as to the acceptable amount of online learning that may be undertaken to obtain association recognition. Policies and procedures relating to study with the College, including the Course Viability Policy, are available online at [endeavour.edu.au/current-students/policies-and-procedures](https://endeavour.edu.au/current-students/policies-and-procedures)