



# SUBJECT OUTLINE

Subject Name:

**Chinese Clinical Medicine 2**

Subject Code:

**CMCM311**

## SECTION 1 – GENERAL INFORMATION

<b>Award/s:</b>	<b>Total Course Credit Points:</b>	<b>Level:</b>
Bachelor of Health Science (Chinese Medicine)	128	3 <sup>rd</sup> Year
Bachelor of Health Science (Acupuncture Therapies)	96	3 <sup>rd</sup> Year
<b>Duration:</b>	1 Semester	
<b>Subject is:</b>	Core	<b>Subject Credit Points:</b> 4

### Student Workload:

<b>No. timetabled hours per week:</b> 6	<b>No. personal study hours per week:</b> 4	<b>Total hours per week:</b> 10
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### Delivery Mode\*:

☒ On campus      ☐ Online / Digital      ☐ Blended      ☐ Intensive

### Weekly Session^ Format/s - 2 sessions per week:

<input checked="" type="checkbox"/> On campus lectures:	<input type="checkbox"/> 2 hour <input checked="" type="checkbox"/> 3 hours	2 x 3 hour sessions per week, including lecture and practical application
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\*All modes are supported by the online learning management system which will include subject documents such as handouts, readings and assessment guides.

^A 'session' is made up of 3 hours of timetabled / online study time per week unless otherwise specified. Each subject has a set number of sessions as outlined above.

**Study Pattern:**      ☒ Full Time      ☒ Part Time

**Pre-requisites:** BIOP221, CMCM221, CMCP221

**Co-requisites:** BIOP311

### Special Resource Requirements:

Flat soled, closed toe leather footwear or approved equivalent

Two bath-sheet sized towels per student (Clinic towels must not be used)



## SECTION 2 – ACADEMIC DETAILS

### Subject Rationale

The Chinese Clinical Medicine stream utilises a case-based learning model to develop students' clinical reasoning, and ability to apply Chinese medicine pattern differentiation (bian zheng), disease differentiation (bian bing), and the theories of prescribing within Chinese medicine practices in the diagnosis and management of a range of internal medicine conditions. Students will integrate a variety of diagnostic frameworks and therapies, apply a diverse range of the theories of prescribing within Chinese medicine practices, and develop an integrative knowledge of Chinese and biomedical medicine approaches to pathogenesis, diagnosis, and condition management within an inter-professional healthcare model. Students will synthesise a range of health research findings relating to clinical conditions and their treatment, promoting an evidence based application of Chinese medicine practices, including acupuncture therapies, Chinese remedial massage (tui na), patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies. This subject will specifically consider the respiratory, cardiac, haematological, and neurological systems, as well as psychological, psychiatric, addiction, special senses and sensorium related conditions. Students will develop new theoretical knowledge and practical skills in the application of auricular, scalp, and advanced acupuncture techniques, and deepen their understanding of their role as advocates on behalf of their patients.

### Learning Outcomes

1. Analyse clinical presentations according to their Chinese medicine aetiology, pathogenesis, disease differentiation, pattern differentiations, and treatment principles.
2. Synthesise the recommendations of classical, clinical, and research-based literature with respect to clinical conditions.
3. Develop evidence-based Chinese medicine treatment plans and prescriptions informed by Chinese medicine theories and appraisal of literature for the management of clinical conditions utilising acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies.
4. Design inter-professional approaches to the Chinese medicine management of respiratory, cardiac, haematological, and neurological systems, as well as psychological, psychiatric, addiction, special senses and sensorium related conditions.
5. Describe the resources and access necessary for the provision of effective patient care within Chinese medicine practice, and strategies to engage in patient and/or health advocacy.
6. Safely perform auricular, scalp, and advanced acupuncture interventions for clinical conditions.



## Assessment Tasks

Type	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting
<b>Continuous Safe Practices</b> (Rubric based)	6	5, 9, 14-17, 24	Sessions 5-24	Pass/Fail
<b>Literature Review</b> (1200 words)	2, 3	1-7	Week 6	25%
<b>Case Based Essay</b> (1500 words)	1-4	8-14	Week 10	25%
<b>Final Written Exam</b> (1.5 hours)	1-5	1-26	Final Examination Period	50%

All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS

To achieve a passing grade in this subject, students must:

- have a cumulative mark of at least 50%, and
- have submitted all assessment items with a value greater than 15%, and
- meet the pass requirements of the first assessment item, Continuous Safe Practices.

### Prescribed Readings:

MacLean, W. (2018). *Clinical handbook of internal medicine: The treatment of disease with traditional Chinese medicine* (2nd ed.). Eastland Press.

CMCM311 reading list

### Recommended Readings:

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders: DSM-5*. American Psychiatric Association.

Bensky, D., Clavey, S., & Stoecker, E. (2015). *Chinese herbal medicine: Materia medica* (3rd ed.). Eastland Press.

Corradino, M. (2017). *Neuropuncture: A clinical handbook of neuroscience acupuncture*. Singing Dragon. [ebook available]

Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]

Eastland Herb. (2019). *Eastland herb – Chinese medicine: Materia medica & formulas* (3.8). [Mobile Application Software]. <https://www.eastlandpress.com> [App may be purchased as an alternative to the Bensky, Clavey and Stoecker (2015) text].



- Hartmann, D. (2020). *The principles and practical application of acupuncture point combinations*. Singing Dragon. [ebook available]
- Kastner, J. (2011). *Chinese nutrition therapy: Dietetics in traditional Chinese medicine* (2nd ed.). Thieme. [ebook available]
- Liu, T. (2013). *Chinese medical qigong*. Jessica Kingsley. [ebook available]
- Maciocia, G. (2009). *Psyche in Chinese medicine: Treatment of emotional and mental health disharmonies with acupuncture and Chinese herbs*. Elsevier Health Sciences. [ebook available]
- Maciocia, G. (2016). *The practice of Chinese medicine: The treatment of disease with acupuncture and Chinese herbs*. Elsevier Health Sciences. [ebook available]
- Pritchard, S. (2015). *Tui na: A manual of Chinese massage therapy*. Jessica Kingsley. [ebook available]
- Pyers, C. (2016). *Integrative TCM guide: Pathology: Interpreting blood tests into a Chinese medicine framework*. Trojan Press.
- Rossi, E., & Caretto, L. (2007). *Shen: Psycho-emotional aspects of Chinese Medicine*. Churchill Livingstone.
- Scheid, V., & Ellis, A. (2016). *Handbook of formulas in Chinese medicine*. Eastland Press.
- Stephenson, C. (2013). *The complementary therapist's guide to red flags and referrals*. Elsevier Health Sciences. [ebook available]
- Stephenson, C. (2017). *The acupuncturist's guide to conventional medicine* (2nd ed.). Jessica Kingsley. [ebook available]
- Unschuld, P. U. (2011). *Huang Di nei jing su wen: An annotated translation of Huang Di's inner classic*. University of California Press. [ebook available]
- Unschuld, P. U. (2016). *Huang Di nei jing ling shu: The ancient classic on needle therapy*. University of California Press. [ebook available]
- Unschuld, P. U. (2016). *Nan jing: The classic of difficult issues*. University of California Press. [ebook available]
- Wang, J., & Robertson, J. D. (2008). *Applied channel theory in Chinese medicine: Wang Ju-Yi's lectures on channel therapeutics*. Eastland Press.
- Yang, S., & Chace, C. (1994). *The systematic classic of acupuncture and moxibustion*. Blue Poppy Press.
- Zhizhong, W. (2014). *The classic of supporting life with acupuncture and moxibustion*. Chinese Medicine Database.

## Subject Content

Week	Lectures	Tutorials / Practicals
1.	<p>Session 1</p> <p><b>Introduction</b> (Subject Outline / Subject Aims / Assessment / Teaching Resources)</p> <p><b>Acute Respiratory</b></p> <p>➊ Classical, clinical and research-based knowledge mobilisation</p>	<p>➋ Case based learning activities</p>



	<ul style="list-style-type: none"> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	
	<p>Session 2</p> <p><b>Chronic Respiratory</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
2.	<p>Session 3</p> <p><b>Eyes and Ears</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
	<p>Session 4</p> <p><b>Mouth, Nose and Throat</b></p>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>



	<ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	
3.	<p>Session 5</p> <p><b>Microsystems Needling Techniques - Auricular</b></p> <ul style="list-style-type: none"> <li>➤ History and principles</li> <li>➤ Rationale and mechanisms</li> <li>➤ Clinical applications and safety</li> <li>➤ Point prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>➤ Practical skills application activities</li> </ul>
	<p>Session 6</p> <p><b>Cardiac &amp; Circulatory 1</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
4.	<p>Session 7</p> <p><b>Cardiac &amp; Circulatory 2</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>



	<ul style="list-style-type: none"> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	
	<p>Session 8</p> <p><b>Introduction to Emotion Patterns</b></p> <ul style="list-style-type: none"> <li>➤ 5 Elements</li> <li>➤ 5 Spirits</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
5.	<p>Session 9</p> <p><b>Five Element Treatment Techniques</b></p> <ul style="list-style-type: none"> <li>➤ Classical techniques</li> <li>➤ Introduction to Worsley &amp; constitutional 5 Elements methods</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> <li>➤ Practical skills application activities</li> </ul>
	<p>Session 10</p> <p><b>Talk Therapies and Chinese Medicine</b></p> <ul style="list-style-type: none"> <li>➤ Psychiatric diagnosis and DSM-5</li> <li>➤ Counselling skills in Chinese medicine</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
6.	<p>Session 11</p> <p><b>Psychological and Psychiatric 1</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
	<p>Session 12</p> <p><b>Psychological and Psychiatric 2</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>





	<ul style="list-style-type: none"> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	
7.	<p>Session 13</p> <p><b>Psychological and Psychiatric 3</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
	<p>Session 14</p> <p><b>Addictions</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> <li>➤ Practical skills application activities - NADA protocol</li> </ul>
	<p><b>NON-TEACHING WEEK</b> (note that make-up classes may be scheduled in this week)</p> <p><b>Semester 1</b> – This aligns with the week after Easter so it may fall between Weeks 6 to 8</p> <p><b>Semester 2</b> – The non-teaching week falls between Weeks 7 and 8</p>	





8.	<p>Session 15</p> <p><b>Eight Extraordinary Channels Treatment Techniques</b></p> <ul style="list-style-type: none"> <li>➤ History and principles</li> <li>➤ Rationale and mechanisms</li> <li>➤ Clinical applications and safety</li> <li>➤ Point prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> <li>➤ Practical skills application activities</li> </ul>
	<p>Session 16</p> <p><b>Ming Dynasty Needling Techniques</b></p> <ul style="list-style-type: none"> <li>➤ History and principles</li> <li>➤ Rationale and mechanisms</li> <li>➤ Clinical applications and safety</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> <li>➤ Practical skills application activities</li> </ul>
9.	<p>Session 17</p> <p><b>Microsystems Needling Techniques - Scalp</b></p> <ul style="list-style-type: none"> <li>➤ History and principles</li> <li>➤ Rationale and mechanisms</li> <li>➤ Clinical applications and safety</li> <li>➤ Prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> <li>➤ Practical skills application activities</li> </ul>
	<p>Session 18</p> <p><b>Neurological 1</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
10.	<p>Session 19</p> <p><b>Neurological 2</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>



	<ul style="list-style-type: none"> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	
	<p>Session 20</p> <p><b>Neurological 3</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
11.	<p>Session 21</p> <p><b>Neurological 4</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
	<p>Session 22</p> <p><b>Neurological 5</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>



	<ul style="list-style-type: none"> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	
12.	<p>Session 23</p> <p><b>Headache, Dizziness and Vertigo</b></p> <ul style="list-style-type: none"> <li>➤ Classical, clinical and research-based knowledge mobilisation</li> <li>➤ Pathogenesis and pattern differentiation</li> <li>➤ Applied theories of point combinations and prescriptions</li> <li>➤ Acupuncture therapies, Chinese remedial massage, patent Chinese herbal medicines, Chinese dietetics, and Chinese lifestyle therapies prescriptions</li> <li>➤ Inter-professional management strategies</li> <li>➤ Outcome measures</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
	<p>Session 24</p> <p><b>Balance (I Ching) Method Needling</b></p> <ul style="list-style-type: none"> <li>➤ History and principles</li> <li>➤ Rationale and mechanisms</li> <li>➤ Clinical applications and safety</li> <li>➤ Point prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> <li>➤ Practical skills application activities</li> </ul>
13.	<p>Session 25</p> <p><b>Patient &amp; Health Advocacy 1</b></p> <ul style="list-style-type: none"> <li>➤ Patient rights and patient-centred care</li> <li>➤ Issues in access, equity and resourcing</li> <li>➤ The need for advocacy &amp; the role of an advocate</li> <li>➤ Advocacy organisations</li> </ul>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>
	<p>Session 26</p>	<ul style="list-style-type: none"> <li>➤ Case based learning activities</li> </ul>



	<b>Patient &amp; Health Advocacy 2</b> <ul style="list-style-type: none"> <li>➤ Strategies for advocacy within healthcare</li> <li>➤ Strategies for Chinese medicine practitioner advocacy</li> <li>➤ Supporting others to represent themselves</li> </ul>	
14.	<b>Non-Teaching Week/Practical Examination Week 1</b> Note that make-up classes may be scheduled in this week	
15.	<b>Non-Teaching Week/Practical Examination Week 2</b> Note that make-up classes may be scheduled in this week	
16.	<b>Final Examination Week 1</b> Students are required to sit examinations using the Respondus Lockdown Browser software per the <a href="#">Examination Policy – Higher Education</a> . Refer to the LMS for exam opening and closing times.	
17.	<b>Final Examination Week 2</b> Students are required to sit examinations using the Respondus Lockdown Browser software per the <a href="#">Examination Policy – Higher Education</a> . Refer to the LMS for exam opening and closing times.	