



ENDEAVOUR
College of
Natural Health

HLT42015 Certificate IV in

Massage Therapy

2023 COURSE BROCHURE

endeavour.edu.au



NATIONALLY RECOGNISED
TRAINING

RTO: 31489

Improve your clients' movement, circulation, and mental and emotional wellbeing through Endeavour's HLT42015 Certificate IV in Massage Therapy. This course enables you to become a qualified relaxation massage therapist. Our course provides valuable skills toward running your own practice or sets you on the pathway to becoming an accredited remedial massage therapist. You will gain a wealth of theoretical knowledge and practical experience that will put you in good stead when you complete your course. Our HLT42015 Certificate IV in Massage Therapy opens the door to a wide range of career options – both Australia-wide and globally.

This course is a great entry point for those that want to “test the waters” in a career as a massage therapist. Others may choose the HLT42015 Certificate IV as an add-on to another profession or, to practise as a massage therapist whilst completing another qualification. The biggest advantage about the HLT42015 Certificate IV in Massage Therapy is that you'll be generating an income as a massage therapist in 6 months. It is important to note that those with HLT42015 Certificate IV in Massage Therapy do not qualify for health fund rebates. For this you will need a HLT52015 Diploma of Remedial Massage.

Course Duration

- 6 months full time: 24 contact hours per week (2 x 10 week terms)
- 1 year part time: 12 contact hours per week (4 x 10 week terms)

Study Mode

Face-to-face on campus with selected subjects available online. See the course structure opposite for online availability.

Online Learning

Subjects that may be taken online are shown in the course structure. For a current listing of online subject availability and intake dates visit the Study Options page on our website.

Campus Availability

Adelaide and Sydney.

Term Intakes

January, April, July and October 2023.

Entry Requirements

Endeavour College is a direct entry institution. Students will need to provide one of the following:

- A copy of a Senior Secondary Certificate of Education (i.e. a Year 12 qualification) or
- A copy of a higher level qualification completed or successful completion of 1 year FTE or
- Achieve competency in Exit Level 3 score and working at Level 4 within the Australian Core Skills Framework assessments in Reading and Numeracy

Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

Payment

Total course cost \$4,903*.

Upfront payments by term are required; payment plans (direct debit) and 3rd party loans available.

Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to provide context to foundational and therapeutic studies.

Practical Classes

Students must be physically capable of completing clinical components of the course. To support learning, students attend practical classes where they are expected to practice interviewing and case assessment techniques as well as physical clinical examination and treatment procedures. This is conducted under the supervision of qualified instructors and with respect for privacy, cultural and religious differences.

Teaching Clinics

Students gain clinical experience at Endeavour Wellness Clinics under the supervision of qualified practitioners. Our busy clinics provide the opportunity to develop and hone all skills required to run a successful clinic after graduation, including client assessment and management, client recruitment and continuity of care, and customer service.

Clinical Hours

Students will spend a minimum of 90 hours in clinic.

Assessments

Undertaking assessments is a part of educational study and provides students with the opportunity to demonstrate their knowledge and skills against the unit of study and the relevant units of competency requirements. Assessments in this course are competency based and may be, but not limited to: assignments, quizzes, exams, practical and clinical demonstrations, tutorial and forum participation. Students enrolled in online units may be required to undertake assessments at the College where required.

Career Opportunities

When you become a massage therapist, a range of career opportunities are available to you. These include operating your own business or working within health retreats, cruise liners and spas. Graduates often choose to practice as sole traders, as a part of a multidisciplinary practice or establish a partnership with other healthcare professionals or beauty therapists.

For more information on this area of study explore online at endeavour.edu.au or call **1300 462 887** to speak with an Admissions Adviser.



Selected Subjects Available Online



Part Time or Full Time Study Load



Domestic Students Only

* Additional fees will apply if paying via payment plan or utilising 3rd party loan options. Students will be required to undertake HLTAID003 Provide first aid with an external provider at additional cost.

2023 Full Time Course Structure – 6 Months

HLT42015 Certificate IV in Massage Therapy

Code	Unit of Study Title	Contact Hours (per week)	EFTSL	Unit Type	Pre-req	Co-req	Delivery Mode
Term 1 – 10 weeks							
AAP411	Anatomy and Physiology	6 hrs (Weeks 1-6) 9 hrs (Weeks 7-10)	0.062	Theory	–	–	Livestream
DMP412	Develop Massage Practice	3 hrs	0.030	Theory	–	–	Online
MTC413*	Massage Techniques 1	12 hrs (Weeks 1-6) 9 hrs (Weeks 7-10)	0.128	Practical	–	AAP411	On Campus
WWC410	Working with Clients	3 hrs	0.030	Theory	–	–	Online
Term 2 – 10 weeks							
LEM422	Law and Ethics in Massage	3 hrs	0.030	Theory	–	–	Online
MTC424	Massage Techniques 2	9 hrs (all in clinic)	0.158	Clinic	MTC413	–	On Campus
BEM421	Business Essentials for Massage Practice	6 hrs	0.062	Theory	–	–	Online
Course Totals			0.5				

Contact Hours

Contact hours listed above are indicative of on campus hours required (for on campus units) or hours of study in the online mode expected (for online units). There will be additional online study required to support your learning in each on campus unit that may include videos, recommended readings, pre-reading for class etc. Your Trainer and Assessor will discuss online requirements of each unit at the beginning of the Term, and the expectations of online study can also be found in the unit of study outline.

How to apply

- Apply online at apply.endeavour.edu.au
- Phone 1300 462 887 and select "1" to speak with an Admissions team member
- For general course enquires visit endeavour.edu.au/course-enquiry

Units of Competency

HLT42015 Certificate IV in Massage Therapy

Code	Unit of Study Title	Unit of Competency
Term 1		
AAP411	Anatomy and Physiology	HLTAAP002 Confirm physical health status
DMP412	Develop Massage Practice	HLTMSG001 Develop massage practice
MTC413	Massage Techniques 1	HLTMSG002 Assess client massage needs* HLTMSG004 Provide massage treatment* HLTINF004 Manage the prevention and control of infection HLTWHS004 Manage work health and safety
WWC410	Working with Clients	CHCCOM006 Establish and manage client relationships CHCDIV001 Work with diverse people
Term 2		
LEM422	Law and Ethics in Massage	CHCLEG003 Manage legal and ethical compliance
MTC424	Massage Techniques 2	HLTMSG002 Assess client massage needs HLTMSG004 Provide massage treatment
BEM421	Business Essentials for Massage Practice	BSBSMB403 Market the small business BSBSMB404 Undertake small business planning BSBESB406 Establish operational strategies and procedures for new business ventures

- * > Competence in HLTMSG002 Assess client massage needs and HLTMSG004 Provide massage treatment cannot be achieved until completion of MTC424 Massage Techniques 2 in Term 2.
- > Students will be required to undertake HLTAID003 Provide first aid with an external provider at additional cost.