# SUBJECT OUTLINE

Subject Code:

Subject Name:

Clinical Practicum - Chinese Remedial Massage B

# SECTION 1 – GENERAL INFORMATION

Award/s:		Total Course Credit Poin	Level:		
	Diploma of Health Science (Chinese Re	emedial Massage)	48	2 <sup>nd</sup> Year	
Duration:	1 Semester				
Subject is:	Core	Subject Credit Points:	4		

Student Workload:					
No. timetabled hours per week: 8		No. personal stud 4	y hours per week:	Total hours per week: 12	
Delivery Mode*:					
🛛 On camp	ous 🗆 O	nline / Digital	□ Blended	Intensive	
Weekly Session^	Format/s - 2 session	ons per week:			
Clinic block:	<ul> <li>☑ Clinic block:</li> <li>2 x 4 hour sessions per week, includes 30 minutes per session of set up / pack down time</li> </ul>				
	ported by the online	• •	system which will inc	clude subject documents such	
	de up of 3 hours of umber of sessions a		dy time per week unle	ess otherwise specified. Each	
Study Pattern:	⊠ Full Time	🛛 Part Time			
Pre-requisites:	CMTH121, BIOA1	22, CMPR122, CMTH	122		
Co-requisites:	CMCP211				
Special Resource Requirements:					
Flat soled, closed toe leather footwear or approved equivalent					
Completion of a clinical practicum subject within the previous 9 months, or passing of safe practices entrance examination					
	HLTAID003 Provide first aid OR HLTAID011 Provide First Aid (VET unit of competency) – required prior to subject start date				
	LMS-based clinic induction and quiz				
	Professional Dress Standards as described by the Endeavour Clinic Handbook			<u>Clinic Handbook</u>	
	Endeavour Clinic Handbook				

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**CMCP212** 



## **SECTION 2 – ACADEMIC DETAILS**

### Subject Rationale

This subject provides students the opportunity to apply the knowledge and skills gained from previous study within a clinical placement. Undertaken within Endeavour's clinical practice facilities under the supervision of qualified Chinese remedial massage practitioners. Students will develop a patient centred approach to the practice of Chinese remedial massage, and become familiar with the role of Chinese remedial massage within an interprofessional health-care model. Students will utilise feedback from their supervisors and patients as well as self-reflection to develop their capacity as a practitioner of Chinese remedial massage. Included within this subject will be the utilisation of manual techniques (including Chinese remedial massage, cupping, moxa, guasha, and laser therapies), and clinical management practices (including clinic operational and retail functions).

#### **Learning Outcomes**

- 1. Demonstrate professional, ethical and safe behaviours, including communication, the administration of clinical processes and equipment, and adherence to professional, organisational and legal responsibilities.
- 2. Investigate patients' health status through a problem focussed and holistic consultation integrating recognition and appropriate responses to red flags, cautions and contraindications, diagnostic assessments, and investigative findings from other health practitioners.
- 3. Diagnose patient presentations and treatment responses within Chinese medicine frameworks, with an awareness of own scope of practice.
- 4. Identify appropriate treatment plans and goals that integrate a patients' informed decisions.
- 5. Utilise Chinese medicine health interventions including Chinese remedial massage, auxiliary, and topical herbal therapies in a safe manner, and at a proficient level.
- 6. Monitor own performance, including through the use of reflection and feedback from supervisors, patients and peers.

Assessment Tasks						
Туре	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting		
Attendance (100% required)	N/A	N/A	Sessions 1-24	Pass / Fail		
Mid-semester Progressive Assessment	1-6	1-12	Week 6	40%		



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(Rubric based, includes 360° formative assessment)				
Final Progressive Assessment	1-6	13-24	Week 12	60%
(Rubric based)				
All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS				
Students are required to submit all assessment items with a value of greater than 15% to be eligible to receive a passing grade				
Additionally students must meet safe and professional practice hurdles throughout clinical placements and pass the Final Progressive Assessment with a mark not less than 50%				

#### Prescribed Readings:

Maciocia, G. (2015). The foundations of Chinese medicine (3rd ed.). Elsevier. [ebook available]

Pritchard, S. (2015). Tui na: A manual of Chinese massage therapy. Jessica Kingsley. [ebook available]

#### **Recommended Readings:**

- Bisio, T. (2004). A tooth from the tiger's mouth: How to treat your injuries with powerful healing secrets of the great Chinese warriors. Simon & Schuster. [ebook available]
- Chang, X., Jing, H., & Shouxiang, Y. (2012). *Illustrated Chinese moxibustion techniques and methods*. Singing Dragon. [ebook available]
- Chengnan, S. (2000). Chinese bodywork: A complete manual of Chinese therapeutic massage. Pacific View Press.
- Chinese Medicine Board of Australia. (2014). Code of conduct. https://www.chinesemedicineboard.gov.au/Codes-Guidelines.aspx
- Chinese Medicine Board of Australia. (2016). Infection prevention and control guidelines for acupuncture practice. <u>http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx</u>
- Chinese Medicine Board of Australia. (2016). *Quick reference guide Guidelines for safe Chinese herbal medicine practice.* <u>https://www.chinesemedicineboard.gov.au/Codes-Guidelines/Guidelines-for-safe-practice.aspx</u>
- Chinese Medicine Board of Australia. (2017). *Guidelines for safe Chinese herbal medicine practice*. <u>https://www.chinesemedicineboard.gov.au/Codes-Guidelines/Guidelines-for-safe-practice.aspx</u>
- Chirali, I. (2014). *Traditional Chinese medicine cupping therapy* (3rd ed.). Churchill Livingstone Elsevier. [ebook available]
- Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Journal of Chinese Medicine Publications. [Available as mobile app 2009 - or text 2007]
- Liu, T. (2013). Chinese medical qigong. Jessica Kingsley. [ebook available]

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Maciocia, G. (2019). Diagnosis in Chinese medicine: A comprehensive guide (2nd ed.). Elsevier.

- National Health and Medical Research Council (2019). *Australian guidelines for the prevention and control of infection in healthcare*. <u>https://www.nhmrc.gov.au/about-us/publications/australian-guidelines-prevention-and-control-infection-healthcare-2019</u>
- Nielsen, A. (2012). *Gua sha: A traditional technique for modern practice* (2nd ed.). Churchill Livingstone. [ebook available]
- O'Toole, G. (2016). Communication: Core interpersonal skills for health professionals (3rd ed.). Churchill Livingstone.
- Pleco Software. (2019). Pleco Chinese dictionary (Version 3.2.64) [Mobile Application Software].
- Shen-Qing, L., & Morris, W. (2011). *Li Shi-zhen's pulse studies: An illustrated guide.* People's Medical Publishing House.
- Victorian State Government (2019). Regulation of unregistered health professionals. https://www2.health.vic.gov.au/health-workforce/health-workforce-regulation/regulation-of-unregisteredhealth-professions
- Wang, J., & Robertson, J. D. (2008). Applied channel theory in Chinese medicine: Wang Ju-Yi's lectures on channel therapeutics. Eastland Press.
- Weber, M., & Kreisel, V. (2012). A practical handbook: Laser acupuncture. Anja Feuchtenbusch.

Subject Content			
Week	Clinic Block		
1 - 12.	Clinical Practicum		
	Clinical practicum goes from Week 1 to Week 12.		
	Mid-semester reviews are conducted Weeks 6-7 and students are presented with written and verbal feedback from each supervisor about their performance in clinic and in relation to specified rubrics, and marks are aggregated to provide a single grade. A formative 360° review incorporating feedback from patients, peers, and clinical staff occurs during this review meeting.		
	Final reviews of clinical practicum are conducted in Week 12 and students are presented with further written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics, and marks are aggregated to provide a single grade.		
	In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.		
	During Clinical Practicum students will practice under supervision in pairs, developing and demonstrating their capacities in:		
	Professional behaviours		
	O Communication		
	Itealth assessment		

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<ul> <li>Treatment planning</li> <li>Skills application</li> <li>Reflective learning</li> </ul>	Olinical reasoning	
	Treatment planning	
S Reflective learning	Skills application	
	Reflective learning	