

# **SUBJECT OUTLINE**

Subject Name: Subject Code:

# Clinical Practicum - Chinese Remedial Massage B

**CMCP212** 

Award/s: Total Course Credit Points: Level:

Diploma of Health Science (Chinese Remedial Massage) 48 2<sup>nd</sup> Year

**Duration:** 1 Semester

Subject is: Core Subject Credit Points: 4

Student Workload:					
No. timetabled hours per week: 8		No. personal study hours per week: 4		Total hours per week: 12	
Delivery Mode*:					
⊠ On camp	ous 🗆 O	nline / Digital	Blended	☐ Intensive	
Weekly Session <sup>^</sup>	Format/s - 2 session	ons per week:			
⊠ Clinic block:		2 x 4 hour sessions per weel back down time	k, includes 30 m	inutes per session of set up /	
*All modes are supported by the online learning management system which will include subject documents such as handouts, readings and assessment guides.					
^A 'session' is made up of 3 hours of timetabled / online study time per week unless otherwise specified. Each subject has a set number of sessions as outlined above.					
Study Pattern:	⊠ Full Time	⊠ Part Time			
Pre-requisites:	CMTH121, BIOA1	22, CMPR122, CMTH122			
Co-requisites:	CMCP211				
Special Resource Requirements:					
	Flat soled, closed	toe leather footwear or appro	oved equivalent		
	Completion of a compractices entrance	•	nin the previous	9 months, or passing of safe	
	HLTAID003 Proving required prior to se		Provide First Aid	I (VET unit of competency) -	
	LMS-based clinic	nduction and quiz			
	Professional Dres	s Standards as described by	the Endeavour	Clinic Handbook	
	Endeavour Clinic	<u>Handbook</u>			



Two bath-sheet sized towels per student (Clinic towels must not be used)

## **SECTION 2 – ACADEMIC DETAILS**

### **Subject Rationale**

This subject provides students the opportunity to apply the knowledge and skills gained from previous study within a clinical placement. Undertaken within Endeavour's clinical practice facilities under the supervision of qualified Chinese remedial massage practitioners. Students will develop a patient centred approach to the practice of Chinese remedial massage, and become familiar with the role of Chinese remedial massage within an interprofessional health-care model. Students will utilise feedback from their supervisors and patients as well as self-reflection to develop their capacity as a practitioner of Chinese remedial massage. Included within this subject will be the utilisation of manual techniques (including Chinese remedial massage, cupping, moxa, guasha, and laser therapies), and clinical management practices (including clinic operational and retail functions).

### **Learning Outcomes**

- 1. Demonstrate professional, ethical and safe behaviours, including communication, the administration of clinical processes and equipment, and adherence to professional, organisational and legal responsibilities.
- 2. Investigate patients' health status through a problem focussed and holistic consultation integrating recognition and appropriate responses to red flags, cautions and contraindications, diagnostic assessments, and investigative findings from other health practitioners.
- 3. Diagnose patient presentations and treatment responses within Chinese medicine frameworks, with an awareness of own scope of practice.
- 4. Identify appropriate treatment plans and goals that integrate a patients' informed decisions.
- 5. Utilise Chinese medicine health interventions including Chinese remedial massage, auxiliary, and topical herbal therapies in a safe manner, and at a proficient level.
- 6. Monitor own performance, including through the use of reflection and feedback from supervisors, patients and peers.

Assessment Tasks					
Туре	Learning Outcomes Assessed	Session Content Delivered	Due	Weighting	
Attendance (100% required)	N/A	N/A	Sessions 1-24	Pass / Fail	
Mid-semester Progressive Assessment	1-6	1-12	Week 6	20%	



(Rubric based, includes 360° formative assessment)				
Chart Audit (3 consultation records)	1-5	1-24	Week 12	30%
Final Progressive Assessment (Rubric based)	1-6	13-24	Week 12	50%
Chinese Remedial Massage Professional Capabilities Examination (Includes consultation and treatment, and related	1-6	1-24	Week 12	Pass / Fail
viva voce examination via panel)				

All written assessments and online quizzes are due at 11:55 p.m. and submitted through the LMS

Additionally students must meet safe and professional practice hurdles throughout clinical placements and pass the Final Progressive Assessment with a mark not less than 50%

#### **Prescribed Readings:**

- 1. Maciocia, G. (2015). The foundations of Chinese medicine (3rd ed.). Elsevier. [ebook available]
- 2. Pritchard, S. (2015). Tui na: A manual of Chinese massage therapy. Jessica Kingsley. [ebook available]

#### **Recommended Readings:**

- 1. Bisio, T. (2004). A tooth from the tiger's mouth: How to treat your injuries with powerful healing secrets of the great Chinese warriors. Simon & Schuster. [ebook available]
- 2. Chang, X., Jing, H., & Shouxiang, Y. (2012). *Illustrated Chinese moxibustion techniques and methods*. Singing Dragon. [ebook available]
- 3. Chengnan, S. (2000). Chinese bodywork: A complete manual of Chinese therapeutic massage. Pacific View Press.
- 4. Chinese Medicine Board of Australia. (2014). Code of conduct. https://www.chinesemedicineboard.gov.au/Codes-Guidelines.aspx
- 5. Chinese Medicine Board of Australia. (2016). *Infection prevention and control guidelines for acupuncture practice*. <a href="http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx">http://www.chinesemedicineboard.gov.au/Codes-Guidelines/Infection-prevention.aspx</a>
- 6. Chinese Medicine Board of Australia. (2016). Quick reference guide Guidelines for safe Chinese herbal medicine practice. <a href="https://www.chinesemedicineboard.gov.au/Codes-Guidelines/Guidelines-for-safe-practice.aspx">https://www.chinesemedicineboard.gov.au/Codes-Guidelines/Guidelines-for-safe-practice.aspx</a>



- 7. Chinese Medicine Board of Australia. (2017). *Guidelines for safe Chinese herbal medicine practice*. <a href="https://www.chinesemedicineboard.gov.au/Codes-Guidelines/Guidelines-for-safe-practice.aspx">https://www.chinesemedicineboard.gov.au/Codes-Guidelines/Guidelines-for-safe-practice.aspx</a>
- 8. Chirali, I. (2014). *Traditional Chinese medicine cupping therapy* (3rd ed.). Churchill Livingstone Elsevier. [ebook available]
- 9. Deadman, P., Al-Khafaji, M., & Baker, K. (2007). *A manual of acupuncture* (2nd ed.). Journal of Chinese Medicine Publications. [Available as mobile app 2009 or text 2007]
- 10. Liu, T. (2013). Chinese medical qigong. Jessica Kingsley. [ebook available]
- 11. Maciocia, G. (2019). Diagnosis in Chinese medicine: A comprehensive guide (2nd ed.). Elsevier.
- 12. National Health and Medical Research Council (2019). Australian guidelines for the prevention and control of infection in healthcare. <a href="https://www.nhmrc.gov.au/about-us/publications/australian-guidelines-prevention-and-control-infection-healthcare-2019">https://www.nhmrc.gov.au/about-us/publications/australian-guidelines-prevention-and-control-infection-healthcare-2019</a>
- 13. Nielsen, A. (2012). *Gua sha: A traditional technique for modern practice* (2nd ed.). Churchill Livingstone. [ebook available]
- 14. O'Toole, G. (2016). *Communication: Core interpersonal skills for health professionals* (3rd ed.). Churchill Livingstone.
- 15. Pleco Software. (2019). *Pleco Chinese dictionary* (Version 3.2.64) [Mobile Application Software]. www.pleco.com
- 16. Shen-Qing, L., & Morris, W. (2011). *Li Shi-zhen's pulse studies: An illustrated guide.* People's Medical Publishing House.
- 17. Victorian State Government (2019). Regulation of unregistered health professionals.

  <a href="https://www2.health.vic.gov.au/health-workforce/health-workforce-regulation/regulation-of-unregistered-health-professions">https://www2.health.vic.gov.au/health-workforce/health-workforce-regulation/regulation-of-unregistered-health-professions</a>
- 18. Wang, J., & Robertson, J. D. (2008). *Applied channel theory in Chinese medicine: Wang Ju-Yi's lectures on channel therapeutics*. Eastland Press.
- 19. Weber, M., & Kreisel, V. (2012). A practical handbook: Laser acupuncture. Anja Feuchtenbusch.

Subj	Subject Content				
Week	Clinic Block				
1 - 12.	Clinical Practicum				
	Olinical practicum goes from Week 1 to Week 12.				
	Mid-semester reviews are conducted Weeks 6-7 and students are presented with written and verbal feedback from each supervisor about their performance in clinic and in relation to specified rubrics, and marks are aggregated to provide a single grade. A formative 360° review incorporating feedback from patients, peers, and clinical staff occurs during this review meeting.				
	Final reviews of clinical practicum are conducted in Week 12 and students are presented with further written and verbal feedback from each supervisor about their performance in clinic in relation to specified rubrics, and marks are aggregated to provide a single grade.				



- In Clinical Practicum students are evaluated on their ability to apply their knowledge and skills in a professional manner. Therefore students should note that, although helpful, previous success in academic subjects does not guarantee success in Clinical Practicum.
- During Clinical Practicum students will practice under supervision in pairs, developing and demonstrating their capacities in:
  - Professional behaviours
  - Ommunication
  - Health assessment
  - Olinical reasoning
  - Treatment planning
  - Skills application
  - Reflective learning