



ENDEAVOUR
College of
Natural Health

BACHELOR OF

Complementary Medicine



2021 COURSE BROCHURE

endeavour.edu.au

Public interest in Complementary Medicine (CM) is strong, driving ever increasing investment in the field and pushing for its integration into the rapidly evolving healthcare landscape. The Bachelor of Complementary Medicine provides students with a broad perspective about the scope of CM in the overall context of today's healthcare environment, such as public health, ethics, research, health promotion and health behaviour.

With exposure to a wide variety of natural medicine disciplines, students will be able to develop a sophisticated appreciation of their interrelationships and contribution to multidisciplinary and integrative health settings. The range in the elective streams allow students to build knowledge in specific areas of their choosing. The degree has been built so that it can lead to further study so graduates can become a practitioner should they desire.

Course Duration

3 years full time: 12 contact hours per week
6 years part time: 6 contact hours per week

Study Mode

This course is offered fully online.

Delivery Modes defined

Subjects in this course are delivered in an asynchronous (not live) mode of learning:

- **Online** – fully digital structured learning, supported by our expert academics. Asynchronous (not live) delivery, can study this subject at any time during the week within specified delivery periods. Specific due dates still apply to assessment items.
- **Blended** – a mixture of live classes (could be scheduled on campus or via livestream) and online content delivery.

Refer to individual subject outlines for details on how each subject is managed using these delivery modes.

Intakes

- Monthly intakes available
- Offered nationally

Entry Requirements

Endeavour College is a direct entry institution.

- Year 12 or equivalent (OP/ATAR score not required)
- Mature age students without year 12 equivalent may be admitted based on demonstrated ability to undertake study at higher education level through relevant work and/or life experience, and/or attempted or completed formal, informal or non-formal study.
- English language proficiency equivalent to a 6.5 IELTS result is required.

Please note: This course is not approved by CRICOS for international students. Only domestic students (Australian or New Zealand citizens or permanent visa holders) may enrol in this course.

Advanced Standing

Students may apply for advanced standing (transfer credit or recognition of prior learning).

Payment Options

- FEE-HELP approved
- Upfront payment

Tuition payment arrangements must be confirmed upon admission to the College.

Classes

Classes are taught by experts who are highly trained in their fields and who bring their own practical experience in one or more CM disciplines to help provide context to the subject matter. As well as online lectures, online subjects are also tutored by the same experts.

Assessments

While some subjects require mid-term and final exams, assessments may also comprise quizzes, essays and tutorial participation. All students, regardless of study mode, are required to sit examinations online using Respondus Lockdown Browser software, or in special circumstances under approved external supervision (as per the Examination Policy – Higher Education).

Association Recognition

As this is a non-practitioner degree, this qualification is not recognised for membership in any related professional bodies.

Career Opportunities

Graduates of the Bachelor of Complementary medicine may work in the allied sectors of the natural medicine industry as:

- Managers, Patient Services Coordinators or Receptionists in multidisciplinary/integrative medicine clinic or health retreats
- Clinic Assistant/Facilitator in behavioural change support programs (e.g. cardiac wellness)
- Policy Adviser/Writer at any level of government (health and lifestyle areas)
- Health store owners/operators
- Product sales representatives for natural products companies
- Customer service representative/adviser for health funds
- Administration in a health-related not-for profit/charity organisation
- Complementary medicine program administrator in aged care
- Health and lifestyle adviser in fitness centres
- Retail and pharmacy assistants (particularly in natural health stores)

Depending on the graduate's previous skills and qualifications, outcomes could also include:

- Integrative health adviser within a conventional medicine setting
- Complementary health nurses in specialist settings (e.g. oncology, aged care)

- Health and lifestyle journalist
- Health coaching
- Natural health product marketing consultant

Further Study Opportunities

This course will prepare students for further study in a variety of fields including health science, public health, public administration, health administration and social work. Some further study options for graduates of this degree include (but are not limited to):

- Bachelor of Health Science in a specialised CM discipline (possibly with some Advanced Standing)
- Bachelor degrees in other areas of science (e.g. pre-medicine)
- Graduate Certificate in Public Health
- Graduate Certificate in Health Promotion
- Graduate Certificate of Health Administration
- Graduate Certificate of Public Administration
- Diploma of Clinic Management (VET)
- Diploma of Nursing (VET)

Educational Pathways

Endeavour College also offers Bachelor of Health Science programs in practitioner specialisations such as Acupuncture, Myotherapy and Nutritional Medicine that include a clinical practicum component and can lead to a career treating patients in a clinic setting.

Students may access an educational pathway after completion of year one and/or year two subjects of the Bachelor of Complementary Medicine into the above listed practitioner programs.

For more information on this area of study explore online at endeavour.edu.au or call **1300 462 887** to speak with an Admissions Adviser.



FEE-HELP Available



All Subjects Available Online



Part Time or Full Time Study Load



Austudy Approved

2021 Full Time Course Structure – 3 Years

Bachelor of Complementary Medicine *BCompMed*

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
Semester 1 – 1st Year									
HOMC111	Introduction to Homeopathy	3	2	25	0.063	Theory	–	–	Online
NATP111	Naturopathic Philosophy	3	2	25	0.312	Theory	–	–	Online
SOCH111	History of Healing	6	4	50	0.125	Theory	–	–	Online
Semester 2 – 1st Year									
BIOH111	Human Biological Science 1	6	4	50	0.125	Theory	–	–	Online
CMPF121	Introduction to Chinese Medicine	3	2	25	0.312	Theory	–	–	Online
SOCQ121	Foundations of Critical Enquiry	3	2	25	0.063	Theory	–	–	Online
Semester 3 – 2nd Year									
BIOH122	Human Biological Science 2	6	4	50	0.125	Theory	BIOH111	–	Online
MSTP211	Introduction to Musculoskeletal Therapies	3	2	25	0.187	Theory	BIOH111	–	Online
NMDS122	Sociology of Food for Complementary Medicine	3	2	25	0.187	Theory	–	–	Online
Semester 4 – 2nd Year									
HMCL221	Introduction to Complementary Medicine Clinical Practice	3	2	25	0.187	Theory	CMPF121 + NATP111 + HOMC111 + MSTP211 + NMDS122	–	Online
SOCF111	Foundations of Communication and Counselling	3	2	25	0.063	Theory	–	–	Online
SOCSS221	Sociology for Complementary Medicine	3	2	25	0.063	Theory	–	SOCQ121	Online
WHMF124	Herbal Therapeutic Preparations	3	2	25	0.187	Theory	–	–	Online
Semester 5 – 3rd Year									
SOCB311	Behavioural Change and Health Promotion	3	2	25	0.187	Theory	SOCSS221	–	Online
SOFC311	Foundations of Public Health for Complementary Medicine	3	2	25	0.187	Theory	SOCQ121	–	Online
As selected	Free Elective (see below)	←—————→					As selected	—————→	Online
As selected	Free Elective (see below)	←—————→					As selected	—————→	Online
Semester 6 – 3rd Year									
SOCA321	Evidence Based Approaches in Complementary Medicine	3	2	25	0.187	Theory	SOCQ121	–	Online
SOCL321	Ethics and Law in Complementary Medicine	3	2	25	0.187	Theory	–	–	Online
As selected	Free Elective (see below)	←—————→					As selected	—————→	Online
As selected	Free Elective (see below)	←—————→					As selected	—————→	Online
Course Totals		48		3.0					

Electives

Elective subjects may not be offered in every teaching period and availability is subject to timetabling and demand.

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
Electives – Taken in Semester 5 & 6									
BIOB111	Chemistry and Biochemistry	6	4	50	0.125	Theory	–	–	Online
BIOC211	Pathology and Clinical Science 1	6	4	50	0.125	Theory	BIOH122	–	Blended
BIOO211	Biochemistry for Complementary Therapists	3	2	25	0.063	Theory	–	–	Online
BIOP211	Pharmacology	3	2	25	0.063	Theory	–	BIOC211	Online
BIOW311	Wellness Practices	3	2	25	0.063	Theory	BIOH122 + SOCQ121	–	Online
CMPF122	Introduction to Chinese Medicine 2	3	2	25	0.063	Theory	CMPF121	–	Online
HOMC121	Homeopathic Acute Prescribing	6	4	50	0.125	Theory	BIOH111	SOCQ121	Online
HOMM122	Comparative <i>Materia Medica</i>	3	2	25	0.063	Theory	HOMC121 + SOCQ121	HOMT122 + BIOH122	Online
HOMT122	Homeopathic Case Taking	3	2	25	0.063	Theory	SOFC111 + SOCQ121 + HOMC121	–	Online
MSTN211	Nutrition, Exercise and Lifestyle	3	2	25	0.063	Theory	–	–	Online
NATF311	Flower Essence Therapy	3	2	25	0.063	Theory	SOFC111	–	Online
NMDF121	Foundations of Human Nutrition	6	4	50	0.125	Theory	BIOH111 + BIOB111	SOCQ121	Online
NMDM121	Medicinal Food Science	6	4	50	0.125	Theory	BIOH111	NMDF121	Online
SOCE311	Establish and Manage a Practice	3	2	25	0.063	Theory	–	–	Online
SOCM311	Mindfulness in Practice	3	2	25	0.063	Theory	–	–	Online
WHMF123	Herbal Botany	3	2	25	0.063	Theory	–	–	Online

How to apply

- Apply online at apply.endeavour.edu.au
- Phone 1300 462 887 and select “1” to speak with an Admissions team member
- For general course enquires visit endeavour.edu.au/contact

Subject Descriptions

Bachelor of Complementary Medicine *BCompMed*

Code	Subject Title	Subject Description
Semester 1		
HOMC111	Introduction to Homeopathy	Introduces homeopathic philosophy and application including clinical theory and practice, manufacturing, and international context.
NATP111	Naturopathic Philosophy	Introduces the philosophy and theory of naturopathic medicine and its array of treatment modalities within its international context.
SOCH111	History of Healing	History and philosophy of health paradigms from early human existence to present day. Current public health is explored.
Semester 2		
BIOH111	Human Biological Science 1	Introduces concepts of human physiology, anatomy and homeostasis within cellular, tissue and system levels, including nervous, muscular, skeletal and endocrine.
CMPF121	Introduction to Chinese Medicine	Introduces Chinese medicine philosophy and practice and its array of treatment modalities within its international context.
SOCQ121	Foundations of Critical Enquiry	Learn to critically evaluate relevant literature, understand a variety of research methodologies and the importance of research ethics.
Semester 3		
BIOH122	Human Biological Science 2	Introduces concepts of human physiology, anatomy and homeostasis within further system levels, including digestive, cardiovascular, immune, pulmonary, urinary and reproductive.
MSTP211	Introduction to Musculoskeletal Therapies	Introduces students to the many forms of musculoskeletal therapies that are practiced on a global basis.
NMDS122	Sociology of Food for Complementary Medicine	Examine food and diet within a cultural context and how this affects a person's nutritional status.
Semester 4		
HMCL221	Introduction to Complementary Medicine Clinical Practice	Introduces clinical decision-making across a variety of CM modalities through case workshoping and clinic observation.
SOCF111	Foundations of Communication and Counselling	Introduces communication, counselling and interpersonal skills for an integrated health professional.
SOCSS21	Sociology for Complementary Medicine	Students learn to critically evaluate ideas about health and wellness within the current globalised social context.
WHMF124	Herbal Therapeutic Preparations	Learn how to make a variety of herbal preparations for different routes of administration.
Semester 5		
SOCB311	Behavioural Change and Health Promotion	Introduces health promotion, prevention, and behavioural change models designed to assist individuals in making healthy lifestyle changes.
SOCF311	Foundations of Public Health for Complementary Medicine	Explores the public health theory, strategies and research in relation to holistic primary healthcare and community education.
Semester 6		
SOCA321	Evidence Based Approaches in Complementary Medicine	Evaluates a variety research methodologies in complementary medicine and their relationship to clinical practice.
SOCL321	Ethics and Law in Complementary Medicine	Examines ethical theory, issues and decision making processes related to complementary medicine within the context of the Australian legal system and international human rights.

Code	Subject Title	Subject Description
Electives – Taken in Semester 5 & 6		
BIOB111	Chemistry and Biochemistry	Introduces basic concepts of chemistry and biochemistry needed to understand chemical homeostasis at cellular, tissue and system levels.
BIOC211	Pathology and Clinical Science 1	Introduces concepts of microbiology as well as symptomatology, diagnostic techniques and pathological processes of cardiovascular, respiratory, digestive and urinary systems.
BIOO211	Biochemistry for Complementary Therapists	Introduces structure of chemical molecules of the body, organic chemistry; and major biochemical pathways in health and disease.
BIOP211	Pharmacology	Introduces pharmacology, pharmacokinetics and toxicology concepts of contemporary medicine to build awareness and understanding of potential interactions between current biomedical treatments and traditional medicine.
BIOW311	Wellness Practices	This subject will introduce students to the contemporary field of holistic wellness, and its application within clinical practice, for working with clients in relation to self-care, disease prevention, and the promotion of a thriving lifestyle.
CMPF122	Introduction to Chinese Medicine 2	Develops an understanding of TCM physiology, including organs, vital substances, and major principles.
HOMC121	Homeopathic Acute Prescribing	Develops the ability to prescribe homeopathic medicines in the management of common acute and first aid conditions.
HOMM122	Comparative <i>Materia Medica</i>	Compares and integrates homeopathic and herbal prescribing methods within an organopathy and system-based pathology context.
HOMT122	Homeopathic Case Taking	Integrate talk therapy techniques with the homeopathic principles of case taking for holistic health assessment.
MSTN211	Nutrition, Exercise and Lifestyle	Educate and advise about basic exercise, nutrition and lifestyle choices to augment musculoskeletal therapy in the management of client's health. Theory and technique is applied in the assessment and treatment of various soft tissue dysfunctions.
NATF311	Flower Essence Therapy	This subject covers the fundamentals of the flower essences, both European and Australian; their uses and applications are also explored.
NMDF121	Foundations of Human Nutrition	Learn the fundamentals of human nutrition covering both macro and micro-nutrients.
NMDM121	Medicinal Food Science	Study the use of food as a therapeutic tool rather than just nutrition. Farming techniques and how these affect the quality of the food grown.
SOCE311	Establish and Manage a Practice	Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.
SOCM311	Mindfulness in Practice	Explores historical foundations and the contemporary development of mindfulness. Introduces the full potential of mindfulness practices and its applications in both in self-care practices and the care of others.
WHMF123	Herbal Botany	Introduction to botanical anatomy and taxonomy essential for accurate plant identification.

This is a generalist undergraduate degree which has been designed for students who are interested in the Complementary Medicine field as a whole, and are interested in careers other than Clinical Practitioner.

Endeavour College reserves the right to vary the frequency, availability and scheduling of online subject offerings depending on demand and professional body requirements. Students should gain advice from relevant professional bodies as to the acceptable amount of online learning that may be undertaken to obtain association recognition. Policies and procedures relating to study with the College, including the Course Viability Policy, are available online at endeavour.edu.au/policies-and-procedures