



Unit of Study Outline

Unit of Study Name	<i>Professional Development in Massage</i>
Unit of Study Code	PDM542
Qualification/s:	HLT52015 Diploma of Remedial Massage
This Unit of Competency contributes to the following Units of Study	CHCPRP003 Reflect on and improve own professional practice
Units of Study Prerequisites	Nil
Delivery Methods and Contextualisation	<p>The competency unit will be delivered online. This will be primarily through PowerPoint presentations or recorded lectures, practical demonstrations, paired/group work tasks and individual research tasks.</p> <p>Delivery strategies will be contextualised to focus on the needs and specific requirements of students in the massage industry, applying all theoretical aspects to remedial massage business.</p>
Delivery / Learning & Assessment Hours	<p>On campus delivery – Full-time and Part-time students</p> <ul style="list-style-type: none"> • 3 hours directed online study per week for 10 weeks • 3 hours self-study per week <p>Endeavour may deliver units of study in intensive format for smaller cohorts whilst still ensuring that all requirements as recommended by the Health Training Package are met.</p>
Department	Health
Unit of Study Coordinator	Anthony Turri
Unit of Study Overview	<p>This unit describes the skills and knowledge required to evaluate and enhance own practice through a process of reflection and ongoing professional development.</p> <p>This unit applies to workers in all industry sectors who take pro-active responsibility for their own professional development.</p> <p>Students will learn the process of self-reflection, using this to inform the development of their own professional practice within a massage setting.</p>



CHCPRP003 Reflect on and improve own professional practice

Element	Performance Criteria	
1. Reflect on own practice	1.1	Undertake self-evaluation in conjunction with supervisors and/or peers
	1.2	Reflect on and recognise the effect of values, beliefs and behaviour in practice
	1.3	Share two-way, open and evaluative feedback with co-workers or peers
	1.4	Actively seek and reflect on feedback from clients, organisations or other relevant sources
2. Enhance own practice	2.1	Determine improvements needed based on own evaluation and feedback from others
	2.2	Identify potential support networks both internal and external to the organisation
	2.3	Seek specialist advice or further training where need is identified
	2.4	Recognise requirements for self-care and identify requirements for additional support
	2.5	Devise, document and implement a self development plan that sets realistic goals and targets
3. Facilitate ongoing professional development	3.1	Access and review information on current and emerging industry developments and use these to improve practice
	3.2	Assess and confirm own practice against ethical and legal requirements and opportunities
	3.3	Identify and engage with opportunities to extend and expand own expertise
	3.4	Regularly participate in review processes as a commitment to upgrading skills and knowledge

Content

Week	Content	Core Learning Activities	Supportive Learning Activities
1	Reflective Practice	PowerPoint Presentations (live or recorded)	Reflective Journal
2	Self Awareness & Reflective Journal Writing	PowerPoint Presentations (live or recorded)	Reflective Journal



3	Personal Traits, Profiling & Relationship Management	PowerPoint Presentations (live or recorded)	Reflective Journal
4	Personal Development, Goal Setting & Learning Styles	PowerPoint Presentations (live or recorded)	Reflective Journal
5	Self Reflection & Feedback	PowerPoint Presentations (live or recorded)	Reflective Journal
6	Values, Beliefs, Behaviours & Professional Conduct	PowerPoint Presentations (live or recorded)	
7	Reflection, Continued Education & Your Future	PowerPoint Presentations (live or recorded)	
8	Professionalism, Personal Development & Professional Development	PowerPoint Presentations (live or recorded)	
9	Stress Management, Work/Life Balance & Time Management	PowerPoint Presentations (live or recorded)	
10	Review of Professional Development Plan	PowerPoint Presentations (live or recorded)	

Primary Learning Resources*

1	PowerPoint Presentations (live or recorded)
2	Videos (built into PowerPoint)

* Primary learning resources includes the practical texts from all pre-requisite units that students are expected to utilise in their clinical practicums.

Supplementary Learning Resources

1	Massage and Myotherapy webpage
2	ANTA webpage

Assessment

Assessment for this unit of study is both formative and summative.

- *Formative* means that a student will receive feedback in a timely manner and apply this feedback in order to improve their learning throughout the duration of the study period.
- *Summative* means that the assessment item contributes to the overall assessment of required knowledge or / and skills or / and application of these in practice in order to demonstrate competency.

For this unit of study, please note the specific requirements for each assessment item and the required level of achievement expected in order to show satisfactory progress towards competency.

Vocational Education & Training (VET) students are required to pass all pieces of summative assessment. The Assessment Schedule (due dates) is to be followed and students are to adhere to these dates unless they have legitimate grounds for extension or deferral (see [Assessment Policy - VET](#)).

Students who fail a piece of assessment will be offered two reassessment opportunities and must complete this reassessment within the time frame given for that reassessment item.

Assessment Task	Required Skills & Knowledge	Assessment Schedule	Conditions
Directed Learning Activities	Professional Development Plan	Week 10	<i>Satisfactory / Not Yet Satisfactory</i>

NOTE: On the satisfactory completion of all tasks listed above the learner will be deemed competent in each Unit of Competency. All assessments are underpinned by Endeavour’s quality client service philosophy which embraces client safety and safe work practices. Endeavour uses the following underpinning criteria for all assessments:

Attendance	Students must have 100% attendance for all practicum sessions.
Participation	Students must demonstrate a high level of participation in all clinic activities including reception / administration duties and assessing & treating clients.
Professionalism	Students are required to wear the mandated College uniform, prepare for classes and act in a professional manner.
Adherence to Code of Conduct	Students are expected to adhere to the College’s Student Code of Conduct - VET .