

## Unit of Study Outline

<b>Unit of Study Name</b>	<b><i>Massage for Specific Populations</i></b>
<b>Unit of Study Code</b>	<b>MSP540</b>
<b>Qualification/s:</b>	HLT52015 Diploma of Remedial Massage
<b>This Unit of Competency contributes to the following Units of Study</b>	HLTMSG006 Adapt remedial massage treatments to meet specific needs
<b>Units of Study Prerequisites</b>	RMT531 Remedial Massage Treatments
<b>Delivery Methods and Contextualisation</b>	<p>The competency unit will be delivered on campus through PowerPoint presentations, case study, role play and research tasks to assist familiarising students with the different population groups they are likely to treat in the massage industry. There will also be participation in clinic practicums at the college's Wellnation Clinic. Students will be required to deliver and evaluate the impact of remedial massage on a range of clients of different ages and genders with varying presentation.</p> <p>The unit of study is highly practical, with learning largely experiential, applying knowledge from previous units in a practical environment representative of a massage clinic.</p>
<b>Delivery / Learning &amp; Assessment Hours</b>	<p><b>On campus delivery – Full-time and Part-time students</b></p> <ul style="list-style-type: none"> <li>• 9 hours face to face per week for 10 weeks (3 hours per week in clinic)</li> <li>• 1 hours self-study per week</li> </ul> <p>Endeavour may deliver units of study in intensive format for smaller cohorts whilst still ensuring that all requirements as recommended by the Health Training Package are met.</p>
<b>Department</b>	Health
<b>Unit of Study Coordinator</b>	Anthony Turri
<b>Unit of Study Overview</b>	<p>This unit describes the skills and knowledge required to adapt remedial massage assessment and treatment strategies to meet the needs of clients of different genders and at different stages of life. It also includes the requirement to be able to identify and respond to other specific needs with which the practitioner may be unfamiliar.</p> <p>Students will learn the process of adapting their usual practices to suit the needs, goals and requirements of different population groups, as well as the steps required should a particular case be unfamiliar or outside of scope of practice.</p>

## HLTMSG006 Adapt remedial massage treatments to meet specific needs

Element	Performance Criteria	
<b>1. Adapt assessment and treatment strategies to stages of life</b>	<b>1.1</b>	Anticipate and take account of client sensitivities to ensure client dignity is maintained
	<b>1.2</b>	Tailor approaches that take account of different cognitive abilities of clients at different stages of life
	<b>1.3</b>	Adjust physical processes to take account of client capabilities and physical body features
	<b>1.4</b>	Recognise norms and deviations associated with age and gender
	<b>1.5</b>	Obtain consents from others when appropriate
<b>2. Respond to unfamiliar presentations</b>	<b>2.1</b>	Recognise situations where presenting cases or aspects of presenting cases fall outside current knowledge base or expertise
	<b>2.2</b>	Refer client to other practitioners when case is not appropriate to own scope of practice
	<b>2.3</b>	Identify, access and interpret sources of additional information and advice when appropriate to continue with the case
	<b>2.4</b>	Enhance own capacity to deal with the case by conducting case specific research
	<b>2.5</b>	Integrate findings into client treatment plans and record details
<b>3. Extend and expand own knowledge base</b>	<b>3.1</b>	Pro-actively identify and respond to professional development opportunities
	<b>3.2</b>	Develop and adjust work practices as part of ongoing practice development

### Content

Week	Content	Core Learning Activities	Supportive Learning Activities
<b>1</b>	<ul style="list-style-type: none"> <li>➤ Special Populations</li> <li>➤ Cognitive and Physical Disability</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
<b>2</b>	<ul style="list-style-type: none"> <li>➤ Babies and Children</li> <li>➤ Adolescents</li> </ul>	PowerPoint Presentation Clinic Practicum	

	Clinic Practicum		
3	<ul style="list-style-type: none"> <li>➤ Pregnancy</li> <li>➤ Pregnancy, Labour &amp; Post Natal</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
4	<ul style="list-style-type: none"> <li>➤ Asthma</li> <li>➤ Headaches</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
5	<ul style="list-style-type: none"> <li>➤ Postural Conditions</li> <li>➤ Fibromyalgia, Chron Fatigue Syndrome</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
6	<ul style="list-style-type: none"> <li>➤ Parkinson’s Disease, Epilepsy, Multiple Sclerosis</li> <li>➤ Arthritis, Osteoporosis &amp; Gout</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
7	<ul style="list-style-type: none"> <li>➤ Cancer and Palliative Care</li> <li>➤ Case Studies</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
8	<ul style="list-style-type: none"> <li>➤ Principles of Rehabilitation and Injury Management</li> <li>➤ Exercise Prescription – Level 1 and 2 Rehab</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
9	<ul style="list-style-type: none"> <li>➤ Exercise Prescription – Level 3, Upper Limbs</li> <li>➤ Exercise Prescription – Level 3, Lower Body and Spine</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	
10	<ul style="list-style-type: none"> <li>➤ Taping and splinting the lower body</li> <li>➤ Taping and splinting the upper body</li> </ul> Clinic Practicum	PowerPoint Presentation Clinic Practicum	

### Primary Learning Resources\*

1	MSP540 PowerPoint Presentations
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<b>2</b>	PowerPoint Presentations (live or recorded) from previous units (RMT521, PMA520, RMT531, PMA530)
<b>3</b>	Videos

\* Primary learning resources includes the practical texts from all pre-requisite units that students are expected to utilise in their clinical practicums.

### Supplementary Learning Resources

<b>1</b>	Massage and Myotherapy webpage
<b>2</b>	ANTA webpage

### Assessment

Assessment for this unit of study is both formative and summative.

- *Formative* means that a student will receive feedback in a timely manner and apply this feedback in order to improve their learning throughout the duration of the study period.
- *Summative* means that the assessment item contributes to the overall assessment of required knowledge or / and skills or / and application of these in practice in order to demonstrate competency.

For this unit of study, please note the specific requirements for each assessment item and the required level of achievement expected in order to show satisfactory progress towards competency.

Vocational Education & Training (VET) students are required to pass all pieces of summative assessment. The Assessment Schedule (due dates) is to be followed and students are to adhere to these dates unless they have legitimate grounds for extension or deferral (see [Assessment Policy - VET](#)).

Students who fail a piece of assessment will be offered two reassessment opportunities and must complete this reassessment within the time frame given for that reassessment item.

Assessment Task	Required Skills & Knowledge	Assessment Schedule	Conditions
<b>Directed Learning Activities</b>	HLTMSG006 Case Research Task 1 - Osteoarthritis	Week 2	<i>Satisfactory / Not Yet Satisfactory</i>
<b>Directed Learning Activities</b>	HLTMSG006 Case Research Task 1 - Fibromyalgia	Week 3	<i>Satisfactory / Not Yet Satisfactory</i>
<b>Directed Learning Activities</b>	HLTMSG006 Case Research Task 1 - Paraplegia	Week 4	<i>Satisfactory / Not Yet Satisfactory</i>
<b>Directed Learning Activities</b>	HLTMSG006 Theory Assessment	Week 5	<i>Satisfactory / Not Yet Satisfactory</i>

Assessment Task	Required Skills & Knowledge	Assessment Schedule	Conditions
<b>Directed Learning Activities</b>	HLTMSG006 Case Assessment and Treatment – Client 1	Week 6	<i>Satisfactory / Not Yet Satisfactory</i>
<b>Directed Learning Activities</b>	HLTMSG006 Case Assessment and Treatment – Client 2	Week 7	<i>Satisfactory / Not Yet Satisfactory</i>
<b>Directed Learning Activities</b>	HLTMSG006 Case Assessment and Treatment – Client 3	Week 8	<i>Satisfactory / Not Yet Satisfactory</i>
<b>Directed Learning Activities</b>	HLTMSG006 Case Assessment and Treatment – Client 4	Week 10	<i>Satisfactory / Not Yet Satisfactory</i>

NOTE: On the satisfactory completion of all tasks listed above the learner will be deemed competent in each Unit of Competency. All assessments are underpinned by Endeavour's quality client service philosophy which embraces client safety and safe work practices. Endeavour uses the following underpinning criteria for all assessments:

<b>Attendance</b>	Students must have 100% attendance for all practicum sessions.
<b>Participation</b>	Students must demonstrate a high level of participation in all clinic activities including reception / administration duties and assessing & treating clients.
<b>Professionalism</b>	Students are required to wear the mandated College uniform, prepare for classes and act in a professional manner.
<b>Adherence to Code of Conduct</b>	Students are expected to adhere to the College's <a href="#"><i>Student Code of Conduct - VET.</i></a>