

FIA FITNATION
FITNESS INSTITUTE AUSTRALIA

ENDEAVOUR
College of
Natural Health



HLT52015 Diploma of

Remedial Massage

2021 COURSE BROCHURE

endeavour.edu.au

This Diploma is delivered by Endeavour College of Natural Health



RTO: 31489

Improve your clients' movement, pain management, injury prevention, performance, and recovery through Endeavour's HLT52015 Diploma of Remedial Massage. This course enables you to register to become a registered health provider and provides valuable skills toward running your own practice or setting you on the pathway to complete a Bachelor of Health Science (Myotherapy) degree.

As a student you will gain a wealth of theoretical knowledge and practical experience that will put you in good stead when you complete your course. Our diploma course gives you the skills you need to become a qualified remedial massage therapist and opens the door to a wide range of career options – both Australia-wide and globally.

Course Duration

- 1 year full time: 24 contact hours per week (4 x 10 week terms)
- 2 years part time: 12 contact hours per week (8 x 10 week terms)

Study Mode

Face-to-face on campus with selected subjects available online. See the course structure opposite for online availability.

Delivery Modes defined

Our subjects are delivered in a mix of synchronous (live) and asynchronous (not live) modes of learning. These delivery modes are defined as follows:

- **Online** – fully digital structured learning, supported by our expert academics. Asynchronous (not live) delivery, can study this subject at any time during the week within specified delivery periods. Specific due dates still apply to assessment items.
- **On campus** – attend live classes on one of our 6 campuses at specific timetabled times throughout the week. Supported by online study materials.

Refer to individual subject outlines for details on how each subject is managed using these delivery modes.

Term Intakes

January, April, July and October 2021.

Entry Requirements

Endeavour College is a direct entry institution. Students will need to provide one of the following:

- A copy of a Senior Secondary Certificate of Education (i.e. a Year 12 qualification) or
- A copy of a higher level qualification completed or successful completion of 1 year FTE or
- Achieve competency in Exit Level 3 score and working at Level 4 within the Australian Core Skills Framework assessments in Reading and Numeracy

Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

Payment

Total course cost \$9,995*.

- **Full time study** – \$2,498.75 per term
- **Part time study** – \$1,249.38 per term

Upfront payments by term are required; payment plans (direct debit) and 3rd party loans available.

Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to provide context to foundational and therapeutic studies.

Practical Classes

Students must be physically capable of completing clinical components of the course. To support learning, students attend practical classes where they are expected to practice interviewing and case assessment techniques as well as physical clinical examination and treatment procedures. This is conducted under the supervision of qualified instructors and with respect for privacy, cultural and religious differences.

Teaching Clinics

Students gain clinical experience at Endeavour Wellness Clinics under the supervision of qualified practitioners. Our busy clinics provide the opportunity to develop and hone all skills required to run a successful clinic after graduation, including client assessment and management, client recruitment and continuity of care, and customer service.

Clinical Hours

Students will spend a minimum of 200 hours in clinic.

Assessments

Undertaking assessments is a part of educational study and provides students with the opportunity to demonstrate their knowledge and skills against the unit of study and the relevant units of competency requirements. Assessments in this course are competency based and may be, but not limited to: assignments, quizzes, exams, practical and clinical demonstrations, tutorial and forum participation. Students enrolled in online units may be required to undertake assessments at the College where required.

Online Learning Requirements

Professional associations vary as to the amount of online learning that they accept in a Diploma. Their standards may change at any time and although Endeavour commits to keeping students informed of such changes, ultimately it is the student's responsibility to keep abreast of these issues to ensure they meet the qualifications.

Association Recognition

Graduates may apply for membership with the following associations:

- Australian Natural Therapists Association (ANTA)
- Massage & Myotherapy Australia (MMA)

Career Opportunities

When you become a qualified remedial massage therapist, a range of career opportunities are available to you. These include managing your own business, working within health retreats and spas, providing massage services to elite athletes, working in corporate health and more.

Graduates often choose to practice as sole traders, as a part of a multidisciplinary practice or establish a partnership with other healthcare professionals. Experienced remedial therapists can gain employment as trainers with RTOs around Australia through completing VET Trainer qualifications.

For more information on this area of study explore online at endeavour.edu.au or call **1300 462 887** to speak with an Admissions Adviser.



Selected Subjects Available Online



Part Time or Full Time Study Load

* Additional fees will apply if paying via payment plan or utilising 3rd party loan options.

2021 Full Time Course Structure – 1 Year

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Code	Unit of Study Title	Contact Hours (per week)	EFTSL	Unit Type	Pre-req	Co-req	Delivery Mode
Term 1 – 10 weeks							
AAP510	Advanced Anatomy and Physiology	6 hrs (Weeks 1-6) 9 hrs (Weeks 7-10)	0.062	Theory	–	–	Livestream
DMP412	Develop Massage Practice	3 hrs	0.030	Theory	–	–	Online
MTC413•	Massage Techniques 1	12 hrs (Weeks 1-6) 9 hrs (Weeks 7-10)	0.128	Practical	–	AAP510	On Campus
WWC410	Working with Clients	3 hrs	0.030	Theory	–	–	Online
Term 2 – 10 weeks							
LEM422	Law and Ethics in Massage	3 hrs	0.030	Theory	–	–	Online
MTC423•	Massage Techniques 2	9 hrs (all in clinic)	0.096	Clinic	MTC413	–	On Campus
PMA520	Perform Musculoskeletal Assessments 1	6 hrs	0.062	Theory and Practical	MTC413	–	On Campus
RMT521•	Remedial Massage Techniques 1	6 hrs	0.062	Theory, Practical and Clinic	MTC413	–	On Campus
Term 3 – 10 weeks							
BRN532	Building a Referral Network	3 hrs	0.030	Theory	–	–	Online
BCS533	Behaviour Change Strategies	3 hrs	0.030	Theory	–	–	Online
PMA530•	Perform Musculoskeletal Assessments 2	6 hrs (3 hrs in clinic)	0.095	Practical and Clinic	PMA520	–	On Campus
RMT531•	Remedial Massage Techniques 2	12 hrs (3 hrs in clinic)	0.095	Practical and Clinic	RMT521	–	On Campus
Term 4 – 10 weeks							
BEM421	Business Essentials for Massage Practice	6 hrs	0.062	Theory	–	–	Online
ERM541•	Evaluate Remedial Massage Treatments	3 hrs (all in clinic)	0.031	Clinic	RMT531	–	On Campus
MSP540•	Massage for Specific Populations	9 hrs (3 hrs in clinic)	0.095	Theory, Practical and Clinic	RMT531	–	On Campus
PDM542	Professional Development in Massage	3 hrs on campus + 3 hrs online	0.062	Theory	–	–	Online
Course Totals			1.0				

Contact Hours

Contact hours listed above are indicative of on campus hours required (for on campus units) or hours of study in the online mode expected (for online units). There will be additional online study required to support your learning in each on campus unit that may include videos, recommended readings, pre-reading for class etc. Your Trainer and Assessor will discuss online requirements of each unit at the beginning of the Term, and the expectations of online study can also be found in the unit of study outline.

How to apply

- › Apply online at apply.endeavour.edu.au
- › Phone 1300 462 887 and select "1" to speak with an Admissions team member
- › For general course enquires visit endeavour.edu.au/contact

▲ Evidence of a current and valid Working with Children Check (or equivalent) is required to be presented to and validated by College, prior to commencement of this subject. Visit endeavour.edu.au/policies-and-procedures for details.

Units of Competency

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Code	Unit of Study Title	Unit of Competency
Term 1		
AAP510	Advanced Anatomy and Physiology	HLTAAP003 Analyse and respond to client health information
DMP412	Develop Massage Practice	HLTMSG001 Develop massage practice
MTC413	Massage Techniques 1	HLTMSG002 Assess client massage needs* HLTMSG004 Provide massage treatment* <i>* Competence in HLTMSG002 Assess client massage needs and HLTMSG004 Provide massage treatment cannot be achieved until completion of MTC423 Massage Techniques 2 in Term 2.</i> HLTINF004 Manage the prevention and control of infection HLTWHS004 Manage work health and safety HLTAID003 Provide first aid
WWC410	Working with Clients	CHCCOM006 Establish and manage client relationships CHCDIV001 Work with diverse people
Term 2		
LEM422	Law and Ethics in Massage	CHCLEG003 Manage legal and ethical compliance
MTC423	Massage Techniques 2	HLTMSG002 Assess client massage needs HLTMSG004 Provide massage treatment
PMA520	Perform Musculoskeletal Assessments 1	HLTMSG003 Perform remedial massage musculoskeletal assessments [†] <i>† Competence in HLTMSG003 Perform remedial massage musculoskeletal assessments cannot be achieved until completion of PMA530 Perform Musculoskeletal Assessments 2 in Term 3.</i>
RMT521	Remedial Massage Techniques 1	HLTMSG005 Provide remedial massage treatments [‡] HLTMSG007 Adapt remedial massage practice for athletes <i>‡ Competence in HLTMSG005 Provide remedial massage treatments and HLTMSG007 Adapt remedial massage practice for athletes cannot be achieved until completion of RMT531 Remedial Massage Techniques 2 in Term 3.</i>
Term 3		
BRN532	Building a Referral Network	CHCPRP005 Engage with health professionals and the health system
BCS533	Behaviour Change Strategies	HLTPOP014 Assess readiness for and effect behaviour change
PMA530	Perform Musculoskeletal Assessments 2	HLTMSG003 Perform remedial massage musculoskeletal assessments
RMT531	Remedial Massage Techniques 2	HLTMSG005 Provide remedial massage treatments HLTMSG007 Adapt remedial massage practice for athletes
Term 4		
BEM421	Business Essentials for Massage Practice	BSBSMB403 Market the small business BSBSMB404 Undertake small business planning BSBSMB420 Evaluate and develop small business operations
ERM541	Evaluate Remedial Massage Treatments	HLTMSG008 Monitor and evaluate remedial massage treatments
MSP540	Massage for Specific Populations	HLTMSG006 Adapt remedial massage practice to meet specific needs
PDM542	Professional Development in Massage	CHCPRP003 Reflect on and improve own professional practice