



ENDEAVOUR  
College of  
Natural Health

**DIPLOMA OF**  
*Health Science*



**2021 COURSE BROCHURE**

[endeavour.edu.au](http://endeavour.edu.au)

Contribute to a healthier and happier society with Endeavour's Diploma of Health Science. In addition to gaining foundational knowledge of biological and social sciences, our one-year full time (two years part time) course gives you the opportunity to specialise in various areas of complementary medicine through interdisciplinary electives including Naturopathy and Nutrition streams.

Upon graduation, this Higher Education Diploma opens the doors to further study in health science degrees or roles in allied health or complementary medicine environments. From owning your own business to being a part of community health project teams, the career outcomes of this course are full of exciting possibilities.

### Course Duration

1 year full time: 24 contact hours per week  
2 years part time: 12 contact hours per week

### Study Mode

This course is offered in a fully virtual space, using online and livestreaming modes of delivery.

### Delivery Modes defined

Subjects in this course are delivered in an asynchronous (not live) mode of learning:

- **Online** – fully digital structured learning, supported by our expert academics. Asynchronous (not live) delivery, can study this subject at any time during the week within specified delivery periods. Specific due dates still apply to assessment items.
- **Blended** – a mixture of live classes (could be scheduled on campus or via livestream) and online content delivery.

Refer to individual subject outlines for details on how each subject is managed using these delivery modes.

### Intakes

- Monthly intakes available
- Offered nationally

### Entry Requirements

Endeavour College is a direct entry institution.

- Year 12 or equivalent (OP/ATAR score not required)
- Mature age students without year 12 equivalent may be admitted based on relevant educational history
- English language proficiency equivalent to a 6.5 IELTS result is required.

### Transfer Credit

Students may apply for credit for subjects recently studied in formal education. Credit for the Diploma of Health Science can be applied to a related Health Science degree at Endeavour within five years of completion to ensure the currency of biological science knowledge.

All subjects within this Diploma will be recognised for direct transfer credit into the following degrees:

- Bachelor of Health Science (Naturopathy)
- Bachelor of Health Science (Nutritional and Dietetic Medicine)

### Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

### Payment Options

- FEE-HELP approved
- Upfront payment

Tuition payment arrangements must be confirmed upon admission to the College.

### Assessments

While some subjects require mid-term and final exams, assessments may also comprise of quizzes, essays and tutorial participation. All students, regardless of study mode, are required to sit examinations online using Respondus Lockdown Browser software, or in special circumstances under approved external supervision (as per the Examination Policy – Higher Education).

### Career Opportunities

Your career in natural health is what you make of it. The Diploma of Health Science sets you up for a range of career opportunities including:

- Working on project teams in community health, local and federal government or even in community gardens
- Recipe and product development for your own brand or for local business. This could include developing your own products such as herbal teas, healthy meal packs, café menus and beauty and health related products
- Specialised retail work in health food stores, organic food sales, pharmacy retail and nutrition sales
- Digital content creation through social media channels, blog writing and video development
- Further studies in allied health science careers including naturopathy, nutrition and dietetics, acupuncture, myotherapy, and other allied health fields

Please note that this course does not provide students with the ability to practise in any of the related fields. As such, graduates will not be eligible to register with professional bodies or associations for the purposes of registration to practise.

For more information on this area of study explore online at [www.endeavour.edu.au](http://www.endeavour.edu.au) or call **1300 462 887** to speak with an Admissions Adviser.



**FEE-HELP Available**



**Part Time or Full Time Study Load**



**Austudy Approved**

# 2021 Full Time Course Structure – 1 Year

## Diploma of Health Science *DipHSc*

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
<b>Semester 1 – 1st Year</b>									
BIOH111	Human Biological Science 1	6	4	25	0.125	Theory	–	–	Online
BIOB111	Chemistry and Biochemistry	6	4	25	0.125	Theory	–	–	Online
SOCH111	History of Healing	6	4	25	0.125	Theory	–	–	Online
SOCF111	Foundations of Communication and Counselling	3	2	12.5	0.0625	Theory	–	–	Online
As selected	Discipline Elective* (see below)	3	2	12.5	0.0625	←	As selected	→	
<b>Semester 2 – 1st Year</b>									
BIOH122	Human Biological Science 2	6	4	25	0.125	Theory	BIOH111	–	Online
SOCQ121	Foundations of Critical Enquiry	3	2	12.5	0.0625	Theory	–	–	Online
NMDF121	Foundations of Human Nutrition	6	4	25	0.125	Theory	BIOH111 + BIOB111	SOCQ121	Online
As selected	Discipline Elective* (see below)	3	2	12.5	0.0625	←	As selected	→	
As selected	Discipline Elective/s* (see below)	6	4	25	0.125	←	As selected	→	
<b>Course Totals</b>			<b>32</b>		<b>1.0</b>				

### Electives

Elective subjects may not be offered in every teaching period and availability is subject to timetabling and demand.

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
<b>Naturopathy Stream Electives</b>									
NATP121	Naturopathic Philosophy, Principles and Practice	3	2	12.5	0.0625	Theory	–	–	Online
WHMF121	Herbal Botany and Manufacturing	6	4	25	0.125	Theory/Practical	BIOB111	–	Blended
SOCQ121	Psychology and Counselling Theory	3	2	12.5	0.0625	Theory/Practical	SOCF111	–	Online
<b>Nutritional Medicine Stream Electives</b>									
NMDS111	Sociology of Food	3	2	12.5	0.0625	Theory	–	–	Online
NMDM121	Medicinal Food Science	6	4	25	0.125	Theory	BIOH111	NMDF121	Online (S1) / Blended (S2)
SOCQ121	Psychology and Counselling Theory	3	2	12.5	0.0625	Theory/Practical	SOCF111	–	Online

### Rules of Progression

1. For each elective slot, students must take one or two subjects amounting to the correct number of credit points for the slot.
2. Part-time students must take a minimum of 8 credit points per semester.
3. Discipline electives must be taken as a package and only appropriate subjects within that discipline can be chosen.

### Pre-requisites for specific subjects

Entrance into some Second Semester subjects requires the successful completion of subjects in the prior Semester. All pre-requisite subjects are outlined on Subject Outlines.

## How to apply

- › Apply online at [apply.endeavour.edu.au](https://apply.endeavour.edu.au)
- › Phone 1300 462 887 and select "1" to speak with an Admissions team member
- › For general course enquires visit [endeavour.edu.au/contact](https://endeavour.edu.au/contact)

# Subject Descriptions

## Diploma of Health Science *DipHSc*

Code	Subject Title	Description
<b>Semester 1 – 1st Year</b>		
BIOH111	Human Biological Science 1	Introduces concepts of human physiology, anatomy and homeostasis within cellular, tissue and system levels, including nervous, muscular, skeletal and endocrine.
BIOB111	Chemistry and Biochemistry	Introduces basic concepts of chemistry and biochemistry needed to understand chemical homeostasis at cellular, tissue and system levels.
SOCH111	History of Healing	History and philosophy of health paradigms from early human existence to present day. Current public health is explored.
SOCF111	Foundations of Communication and Counselling	Introduces communication, counselling and interpersonal skills for a natural medicine practitioner.

## Semester 2 – 1st Year

BIOH122	Human Biological Science 2	Introduces concepts of human physiology, anatomy and homeostasis within further system levels, including digestive, cardiovascular, immune, pulmonary, urinary and reproductive.
SOCQ121	Foundations of Critical Enquiry	Learn to critically evaluate peer reviewed published literature, understand a variety of research methodologies, statistical techniques, and importance of research ethics.
NMDF121	Foundations of Human Nutrition	Establishes the essential bridge between bioscience and nutrition science. Students explore the biological and physiological functions of macro and micro nutrients.

## Electives

### Naturopathy Stream Electives

NATP121	Naturopathic Philosophy, Principles and Practice	Introduces the student to the principles, philosophy, and assessment and treatment planning frameworks of Naturopathy, including practical application of the concepts learned through case studies.
WHMF121	Herbal Botany and Manufacturing	Introduces the study of plant medicine through an exploration of botany and the preparation of herbal pharmaceuticals in various forms.
SOCP121	Psychology and Counselling Theory	Introduces fundamental theories which underpin counselling approaches necessary for client management in complementary healthcare practice.

### Nutritional Medicine Stream Electives

NMDS111	Sociology of Food	Introduces students to the social determinants of health and examines why we eat the way we do in local and international settings. Explores the influences of gender, globalisation, and the rise of non-communicable disease.
NMDM121	Medicinal Food Science	Explores the therapeutic potential of food to prevent and treat disease. Contemporary issues relating to growing, storing, processing, preparing and regulating food are discussed, and the impact of external factors on food quality and safety are investigated.
SOCP121	Psychology and Counselling Theory	Introduces fundamental theories which underpin counselling approaches necessary for client management in complementary healthcare practice.