



ENDEAVOUR
College of
Natural Health

2021 COURSE BROCHURE

Acupuncture



**Bachelor of Health Science
(Acupuncture)**

endeavour.edu.au

Acupuncture is a branch of Chinese Medicine that stimulates specific points on the body in order to regulate the flow of Qi (vital energy) to balance the functions of the body, mind and spirit and to restore health. Chinese Medicine combines theory (philosophy and principles) and practices such as acupuncture, Chinese herbs, Chinese dietary therapy, Qi Gong, and massage (Tui Na).

Course Duration

4 years full time: 24 contact hours per week
8 years part time: 12 contact hours per week

Study Mode

This course is offered in mixed mode, with a combination of online, blended, livestreamed and on campus subjects available. See the course structure opposite for details on delivery mode for each subject.

Delivery Modes defined

Our subjects are delivered in a mix of synchronous (live) and asynchronous (not live) modes of learning. These delivery modes are defined as follows:

- **Online** – fully digital structured learning, supported by our expert academics. Asynchronous (not live) delivery, can study this subject at any time during the week within specified delivery periods. Specific due dates still apply to assessment items.
- **On campus** – attend live classes on one of our 6 campuses at specific timetabled times throughout the week. Supported by online study materials.
- **Livestream** – attend live classes *virtually* at specific timetabled times throughout the week. Supported by online study materials.
- **Blended** – a mixture of live classes (could be scheduled on campus or via livestream) and online content delivery.

Refer to individual subject outlines for details on how each subject is managed using these delivery modes.

Intakes

Monthly online intakes available. Semester intakes in March and August annually.

Entry Requirements

Endeavour College is a direct entry institution.

- Year 12 or equivalent (OP/ATAR score not required)
- Mature age students without year 12 equivalent may be admitted based on demonstrated ability to undertake study at higher education level through relevant work and/or life experience, and/or attempted or completed formal, informal or non-formal study.
- English language proficiency equivalent to a 7.0 IELTS result is required.

Transfer Credit

Students may apply for credit for subjects recently studied in formal education.

How to apply

- Apply online at apply.endeavour.edu.au
- Phone 1300 462 887 and select "1" to speak with an Admissions team member
- For general course enquires visit endeavour.edu.au/contact

Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

Payment Options

- FEE-HELP approved
- Upfront payment

Tuition payment arrangements must be confirmed upon admission to the College.

National CRICOS Provider Code:

00231G

Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to help provide context to theoretical and therapeutic subjects.

Practical Classes

To support learning students attend practical classes where they are expected to practice interviewing and case assessment techniques, as well as physical clinical examination and treatment procedures. This is conducted under the supervision of qualified instructors and with respect for privacy, cultural and religious differences.

Teaching Clinics

Students gain significant clinical experience at Endeavour Wellness Clinics under the supervision of qualified practitioners. In the clinics, students have the opportunity to develop and hone all skills required to run a successful clinic after graduation, including patient assessment and management, patient recruitment and continuity of care, customer service, and dispensary management.

Assessments

While some subjects require mid-term and final exams, assessments may also comprise quizzes, essays, practical/clinical skills demonstration and tutorial participation. All students, regardless of study mode, are required to sit examinations online using Respondus Lockdown Browser software, or in special circumstances under approved external supervision (as per the Examination Policy – Higher Education).

Course Accreditation

The Bachelor of Health Science (Acupuncture) is approved by the Chinese Medicine Board of Australia (CMBA). Further information can be viewed at www.ahpra.gov.au/education/approved-programs-of-study.aspx

Professional Registration

Graduates must apply for registration with the Chinese Medicine Board of Australia (CMBA) if they wish to use professional titles and practise as a Chinese medicine practitioner in Australia. Information regarding registration standards may be viewed at www.chinesemedicineboard.gov.au/Registration-Standards.aspx

Association Recognition

Graduates may apply for membership with the following associations:

- Australian Acupuncture and Chinese Medicine Association Ltd (AACMA)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional-Medicine Society (ATMS)
- Chinese Medicine & Acupuncture Society of Australia (CMASA)
- Federation of Chinese Medicine and Acupuncture Societies of Australia Ltd (FCMA)

Online Learning Requirements

Professional associations vary as to the amount of online learning that they accept in a Bachelor degree. Their standards may change at any time and although Endeavour commits to keeping students informed of such changes, ultimately it is the student's responsibility to keep abreast of these issues to ensure they meet the qualifications.

Career Opportunities

Acupuncturists may practice independently as a sole trader, or provide treatment in a multidisciplinary setting.

Acupuncturists often work alongside other allied health practitioners such as medical doctors, physiotherapists, osteopaths, chiropractors and naturopaths.

Practitioners may choose to focus on particular areas of interest such as women's medicine, sports medicine, men's medicine, chronic disease or other areas.

Graduates may be eligible for master degree programs at other institutions in a variety of related fields.

For more information on this area of study explore online at endeavour.edu.au or call 1300 462 887 to speak with an Admissions Adviser.



FEE-HELP Available



Austudy Approved



Part Time or Full Time Study Load

2021 Full Time Course Structure – 4 Years

Bachelor of Health Science (Acupuncture) BHSc(Acu)

Code	Subject Title	Contact Hrs/Wk	Credit Points	Austudy %	EFTSL	Subject Type	Pre-req	Co-req	Delivery Mode
Semester 1 – 1st Year									
BIOH111	Human Biological Science 1	6	4	25	0.125	Theory	–	–	Online
CMPR113	Foundations of Traditional Chinese Medicine	6	4	25	0.125	Theory	–	–	Livestream
CMAC111	Acupuncture Channel Theory	3	2	12.5	0.0625	Practical	–	MSTA121	On Campus
CMPR112	TCM Terminology in Chinese	3	2	12.5	0.0625	Theory	–	CMPR113	Online
MSTA121	Musculoskeletal Anatomy and Palpation	3	2	12.5	0.0625	Practical	–	BIOH111	Blended
NATE121	History and Philosophy of Natural Medicine	3	2	12.5	0.0625	Theory	–	–	Online
Semester 2 – 1st Year									
BIOH122	Human Biological Science 2	6	4	25	0.125	Theory	BIOH111	–	Online
CMPR121	TCM Assessment and Differentiation	6	4	25	0.125	Theory	CMPR113 + CMAC111	CMPR112	Online
CMAC121	Point Location	6	4	25	0.125	Practical	CMAC111 + MSTA121	–	On Campus
SOCF111	Foundations of Communication and Counselling	3	2	12.5	0.0625	Theory	–	–	Online
CMCS121*	Chinese Medicine – Acupuncture Clinical Studies 1	3	2	12.5	0.0625	Practical	CMPR113 + CMAC111	SOCF111 + CMPR121	On Campus
Semester 3 – 2nd Year									
BIOC211	Pathology and Clinical Science 1	6	4	25	0.125	Theory	BIOH122	SOCQ121	Online (S1)/Blended (S2)
BIOO211	Biochemistry for Complementary Therapists	3	2	12.5	0.0625	Theory	–	–	Online
CMAC213	Acupuncture Prescriptions and Therapeutics 1	6	4	25	0.125	Practical	BIOH122 + CMAC121 + CMPR121	–	On Campus
CMCS211*	Chinese Medicine – Acupuncture Clinical Studies 2	3	2	12.5	0.0625	Practical	CMCS121 + CMAC121 + CMPR121 + SOCF111	SOCQ121 + CMAC213	On Campus
SOCQ121	Foundations of Critical Enquiry	3	2	12.5	0.0625	Theory	–	–	Online
CMEX421	Chinese Exercise Therapy	3	2	12.5	0.0625	Practical	CMPR121	–	On Campus
Semester 4 – 2nd Year									
BIOS222	Pathology and Clinical Science 2 & 3	6	4	25	0.125	Theory	BIOC211	–	Online (S1)/Blended (S2)
SOCP121	Psychology & Counselling Theory	3	2	12.5	0.0625	Theory/Practical	SOCF111	–	Online
CMAC221	Acupuncture Therapeutics 2	3	2	12.5	0.0625	Practical	CMAC213 + BIOC211	–	On Campus
CMAC222	Chinese Clinical Medicine 1	3	2	12.5	0.0625	Practical	CMAC213 + BIOH111	CMAC221	On Campus
CMAC223	Chinese Clinical Medicine 2	6	4	25	0.125	Practical	CMAC213 + BIOC211	–	Livestream
CMCS221*	Chinese Medicine – Acupuncture Clinical Studies 3	3	2	12.5	0.0625	Clinic	CMCS211 + CMAC213 + BIOC211	CMAC221 + CMAC222 + CMAC223 + SOCP121	On Campus
Semester 5 – 3rd Year									
CMTN211	Tui Na Therapeutics 1	3	2	12.5	0.0625	Practical	CMAC121 + CMPR121 + BIOH122	–	On Campus
BIOE211	Pharmacology	3	2	12.5	0.0625	Theory	BIOH122 + SOCP121	BIOC211	Online
BIOE221	Clinical Examination	3	2	12.5	0.0625	Practical	BIOH122	BIOC211	Livestream/On Campus
CMAC311	Chinese Clinical Medicine 3	3	2	12.5	0.0625	Practical	CMAC223 + BIOS222	–	Livestream
CMCS311*	Chinese Medicine – Acupuncture Clinical Studies 4	6	4	25	0.125	Clinic	CMCS221 + CMAC221 + CMAC222 + CMAC223 + BIOS222 + SOCP121	CMAC311 + BIOE221	On Campus
CMDE411	Chinese Dietetics	3	2	12.5	0.0625	Theory	CMPR121 + CMCS221 + BIOO211	–	Livestream
CMHB211	Chinese Herbal Medicine	3	2	12.5	0.0625	Theory	CMPR121 + CMPR112	BIOE211	Livestream
Semester 6 – 3rd Year									
CMAC321	Chinese Clinical Medicine 4	3	2	12.5	0.0625	Practical	CMAC223 + CMTN211 + BIOS222	CMDE411	Livestream
CMCS322*	Chinese Medicine – Acupuncture Clinical Studies 5a	6	4	25	0.125	Clinic	CMCS311 + CMAC311 + BIOS222 + BIOE221 + SOCP121	CMAC321 + SOCP121	On Campus
CMCS323*	Chinese Medicine – Acupuncture Clinical Studies 5b	6	4	25	0.125	Clinic	CMCS311 + CMAC311 + BIOS222 + BIOE221 + SOCP121	CMAC321 + SOCP121 + CMCS322	On Campus
SOCI221	Interpersonal Skills of the Helper	3	2	12.5	0.0625	Theory/Practical	SOCF111 + SOCP121	–	On Campus
CMTN311	Tui Na Therapeutics 2	3	2	12.5	0.0625	Practical	CMTN211 + BIOC211	CMAC311	On Campus
CMHB221	Chinese Herbal Formulae	3	2	12.5	0.0625	Theory	CMHB211 + CMAC223 + BIOE211	CMDE411	Livestream
Semester 7 – 4th Year									
CMAC411	Chinese Clinical Medicine 5	3	2	12.5	0.0625	Practical	CMAC223 + BIOS222	–	Livestream
CMCS411*	Chinese Medicine – Acupuncture Clinical Studies 6	9	6	37.5	0.1875	Clinic	CMCS323 + CMAC321 + SOCI221 + SOCP121	CMAC411 + CMPR411	On Campus
CMPR411	TCM Research 1	3	2	12.5	0.0625	Theory	SOCQ121	CMCS323	On Campus
CMPR311	History and Development of Chinese Medicine	3	2	12.5	0.0625	Theory	CMAC223 + CMCS221 + NATE121	–	Livestream
CMTN321*	Chinese Medicine – Tui Na Clinical Studies 1	6	4	25	0.125	Clinic	CMTN311 + SOCP121	–	On Campus
Semester 8 – 4th Year									
SOCE311	Establish and Manage a Practice	3	2	12.5	0.0625	Theory	–	–	Online
SOCH311	Foundations of Public Health	3	2	12.5	0.0625	Theory	SOCQ121	–	Online (S1)/Livestream (S2)
CMCS421*	Chinese Medicine – Acupuncture Clinical Studies 7	9	6	37.5	0.1875	Clinic	CMCS411 + CMPR411 + CMAC411	CMAC421 + SOCH311	On Campus
CMAC421	Acupuncture Practical Clinical Workshop	3	2	12.5	0.0625	Practical	CMCS323	CMPR411 + SOCH311	On Campus
CMTN411*	Chinese Medicine – Tui Na Clinical Studies 2	6	4	25	0.125	Clinic	CMTN321 + CMPR411	–	On Campus

Course Totals

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4.0

* Evidence of a current and valid Working with Children Check (or equivalent) is required to be presented to and validated by College, prior to commencement of this subject. Visit endeavour.edu.au/policies-and-procedures for details. Students are able to study only one clinic subject per timetabled clinic block.

Subject Descriptions

Bachelor of Health Science (Acupuncture) *BHSc(Acu)*

Code	Subject Title	Description
Semester 1 – 1st Year		
BIOH111	Human Biological Science 1	Introduces concepts of human physiology, anatomy and homeostasis within cellular, tissue and system levels, including nervous, muscular, skeletal and endocrine.
CMPR113	Foundations of Traditional Chinese Medicine	Covers the philosophical and conceptual bases and principles of Traditional Chinese Medicine (TCM) practice, as well as TCM diagnostic methods.
CMAC111	Acupuncture Channel Theory	Covers the jing luo theory including the structure, course, functions and pathology. It also introduces WHS best practices to students.
CMPR112	TCM Terminology in Chinese	Learn to pronounce, spell, read and write Chinese herb and acupuncture point names, and basic TCM terms.
MSTA121	Musculoskeletal Anatomy and Palpation	This subject builds on the foundations of musculoskeletal anatomy and physiology delivered in Human Biological Sciences 1, providing a practical and theoretical framework for the development of palpation skills. Students learn to identify and palpate bony landmarks, muscles and other relevant structures.
NATE121	History and Philosophy of Natural Medicine	Introduction into the history and philosophy of a diverse range of traditional and contemporary medical systems that build foundation for medical health practice in an integrative health system.
Semester 2 – 1st Year		
BIOH122	Human Biological Science 2	Introduces concepts of human physiology, anatomy and homeostasis within further system levels, including digestive, cardiovascular, immune, pulmonary, urinary and reproductive.
CMPR121	TCM Assessment and Differentiation	Builds upon the basic foundations of understanding and using TCM concepts and practices.
CMAC121	Point Location	Introduces points, point functions and point locations. It also introduces safe needling theories and techniques.
SOCF111	Foundations of Communication and Counselling	Introduces communication, counselling and interpersonal skills for a natural medicine practitioner.
CMCS121	Chinese Medicine – Acupuncture Clinical Studies 1	Introduces TCM clinic policies, procedures, professional regulations, ethics and requirements of clinical practice.
Semester 3 – 2nd Year		
BIOC211	Pathology and Clinical Science 1	Introduces concepts of microbiology as well as symptomatology, diagnostic techniques and pathological processes of cardiovascular, respiratory, digestive and urinary systems.
BIOO211	Biochemistry for Complementary Therapists	Introduces structure of chemical molecules of the body, organic chemistry; and major biochemical pathways in health and disease.
CMAC213	Acupuncture Prescriptions and Therapeutics 1	Introduces classification and prescription of points according to TCM theories, and introduces skills of needling and moxibustion.
CMCS211	Chinese Medicine – Acupuncture Clinical Studies 2	Students develop clinical reasoning skill and prepare for clinical training through the observation of senior practitioners treating clients, while developing their TCM physical examination skills
SOCQ121	Foundations of Critical Enquiry	Learn to critically evaluate peer reviewed published literature, understand a variety of research methodologies, statistical techniques, and importance of research ethics.
CMEX421	Chinese Exercise Therapy	Apply Chinese philosophy/methods of Yang Sheng (health preservation, cultivation & enhancement) through life-style practices & Chinese exercise therapy.
Semester 4 – 2nd Year		
BIOS222	Pathology and Clinical Science 2 & 3	Introduces symptomatology, diagnostic techniques and pathological processes of sensory organs, musculoskeletal, integumentary, blood, nervous, endocrine and reproductive systems.
SOCF121	Psychology and Counselling Theory	Introduces fundamental theories which underpin counselling approaches necessary for client management in complementary healthcare practice.
CMAC221	Acupuncture Therapeutics 2	Develops intellectual and physical skills for clinical practice, including ba guan (cupping), guasha (scraping), moxibustion, electro-acupuncture and 9 needles.
CMAC222	Chinese Clinical Medicine 1	Covers Traditional Chinese Medicine (TCM) Traumatology and introduces TCM orthopaedics, treatment of muscle and tendon injury with acupuncture and Tui Na.
CMAC223	Chinese Clinical Medicine 2	Covers TCM internal medicine, study assessment, differentiation & treatment of internal medical diseases with acupuncture & basic shi liao (Chinese dietary advice).
CMCS221	Chinese Medicine – Acupuncture Clinical Studies 3	Further develops skills in consulting, clustering diagnostic information, constructing a treatment plan and performing an acupuncture treatment.
Semester 5 – 3rd Year		
CMTN211	Tui Na Therapeutics 1	Introduces Tui Na (traditional Chinese remedial massage) as an adjunctive practice to acupuncture.
BIOP211	Pharmacology	Introduces pharmacology, pharmacokinetics and toxicology concepts of contemporary medicine to build awareness and understanding of potential interactions between current biomedical treatments and traditional medicine.
BIOE221	Clinical Examination	Develops basic knowledge and practical clinical skills to assist in client diagnosis and treatment.
CMAC311	Chinese Clinical Medicine 3	Introduces the assessment, differentiation and treatment of gynaecological and obstetric diseases with TCM therapeutic methods.
CMCS311	Chinese Medicine – Acupuncture Clinical Studies 4	Clinical practice subject.
CMDE411	Chinese Dietetics	Revise and consolidate knowledge gained throughout course with shi liao (Chinese dietetics), knowledge of food function and combinations.
CMHB211	Chinese Herbal Medicine	Observes key herbs from Chinese herbal materia medica. Includes classification, common properties, functions and applications of 80 herbs.
Semester 6 – 3rd Year		
CMAC321	Chinese Clinical Medicine 4	Introduces TCM assessment, differentiation and treatment of paediatric and dermatological diseases, common diseases of external medicine.
CMCS322	Chinese Medicine – Acupuncture Clinical Studies 5a	Clinical practice subject.
CMCS323	Chinese Medicine – Acupuncture Clinical Studies 5b	Clinical practice subject.
SOCI221	Interpersonal Skills of the Helper	Communication theories & skills to establish and maintain a client helping relationship.
CMTN311	Tui Na Therapeutics 2	Develops skills in Tui Na techniques appropriate to treat internal disorders as adjunctive practice to acupuncture.
CMHB221	Chinese Herbal Formulae	Chinese herbal formulae, including classification of Chinese herbal formulae, common functions & applications of each category of 30 Chinese herbal formulae.
Semester 7 – 4th Year		
CMAC411	Chinese Clinical Medicine 5	Introduces TCM assessment, differentiation & treatment of eye, ear, nose and throat diseases with Tui Na & basic shi liao, psychological/physical conditions.
CMCS411	Chinese Medicine – Acupuncture Clinical Studies 6	Clinical practice subject.
CMPR411	TCM Research 1	Explores features & issues in Traditional Chinese Medicine (TCM) research related to TCM theory and clinical practice. Also TCM related approaches.
CMPR311	History and Development of Chinese Medicine	Explores origins and historical development of Traditional Chinese Medicine (TCM). Outlines TCM figures and texts.
CMTN321	Chinese Medicine – Tui Na Clinical Studies 1	Clinical practice subject.
Semester 8 – 4th Year		
SOCE311	Establish and Manage a Practice	Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.
SOCH311	Foundations of Public Health	Explores the nature and scope of public health activity and the challenges facing public health in the 21st century. Students learn to evaluate current public health programs as well as developing an understanding of epidemiology and its relevance to public health practice.
CMCS421	Chinese Medicine – Acupuncture Clinical Studies 7	Clinical practice subject.
CMAC421	Acupuncture Practical Clinical Workshop	Supervised acupuncture and Tui Na experience, working in pairs to gain experience from both practitioner's and patient's perspective.
CMTN411	Chinese Medicine – Tui Na Clinical Studies 2	Clinical practice subject.

Endeavour College reserves the right to vary the frequency, availability and scheduling of online subject offerings depending on demand and professional body requirements. Students should gain advice from relevant professional bodies as to the acceptable amount of online learning that may be undertaken to obtain association recognition. Policies and procedures relating to study with the College, including the Course Viability Policy, are available online at endeavour.edu.au/policies-and-procedures