



ENDEAVOUR  
College of  
Natural Health

**BACHELOR OF**

# *Complementary Medicine*



**2021 COURSE BROCHURE**

[endeavour.edu.au](http://endeavour.edu.au)



Public interest in Complementary Medicine (CM) is strong, driving ever increasing investment in the field and pushing for its integration into the rapidly evolving healthcare landscape. The Bachelor of Complementary Medicine provides students with a broad perspective about the scope of CM in the overall context of today's healthcare environment, such as public health, ethics, research, health promotion and health behaviour.

With exposure to a wide variety of natural medicine disciplines, students will be able to develop a sophisticated appreciation of their interrelationships and contribution to multidisciplinary and integrative health settings. The range in the elective streams allow students to build knowledge in specific areas of their choosing. The degree has been built so that it can lead to further study so graduates can become a practitioner should they desire.

### Course Duration

3 years full time: 12 contact hours per week  
6 years part time: 6 contact hours per week

### Study Mode

This course is offered fully online.

### Semester Intakes

- › Monthly intakes available
- › Offered nationally

### Entry Requirements

Endeavour College is a direct entry institution.

- › Year 12 or equivalent (OP/ATAR score not required)
- › Mature age students without year 12 equivalent may be admitted based on demonstrated ability to undertake study at higher education level through relevant work and/or life experience, and/or attempted or completed formal, informal or non-formal study.
- › English language proficiency equivalent to a 6.5 IELTS result is required.

Please note: This course is not approved by CRICOS for international students. Only domestic students (Australian or New Zealand citizens or permanent visa holders) may enrol in this course.

### Advanced Standing

Students may apply for advanced standing (transfer credit or recognition of prior learning).

### Payment Options

- › FEE-HELP approved
- › Upfront payment

Tuition payment arrangements must be confirmed upon admission to the College.

### Classes

Classes are taught by experts who are highly trained in their fields and who bring their own practical experience in one or more CM disciplines to help provide context to the subject matter. As well as online lectures, online subjects are also tutored by the same experts.

### Assessments

While some subjects require mid-term and final exams, assessments may also comprise quizzes, essays and tutorial participation. All students, regardless of study mode, are required to sit examinations online using Respondus Lockdown Browser software, or in special circumstances under approved external supervision (as per the Examination Policy – Higher Education).

### Association Recognition

As this is a non-practitioner degree, this qualification is not recognised for membership in any related professional bodies.

### Career Opportunities

Graduates of the Bachelor of Complementary medicine may work in the allied sectors of the natural medicine industry as:

- › Managers, Patient Services Coordinators or Receptionists in multidisciplinary/integrative medicine clinic or health retreats
- › Clinic Assistant/Facilitator in behavioural change support programs (e.g. cardiac wellness)
- › Policy Adviser/Writer at any level of government (health and lifestyle areas)
- › Health store owners/operators
- › Product sales representatives for natural products companies
- › Customer service representative/adviser for health funds
- › Administration in a health-related not-for profit/charity organisation
- › Complementary medicine program administrator in aged care
- › Health and lifestyle adviser in fitness centres
- › Retail and pharmacy assistants (particularly in natural health stores)

Depending on the graduate's previous skills and qualifications, outcomes could also include:

- › Integrative health adviser within a conventional medicine setting
- › Complementary health nurses in specialist settings (e.g. oncology, aged care)
- › Health and lifestyle journalist
- › Health coaching
- › Natural health product marketing consultant

### Further Study Opportunities

This course will prepare students for further study in a variety of fields including health science, public health, public administration, health administration and social work. Some further study options for graduates of this degree include (but are not limited to):

- › Bachelor of Health Science in a specialised CM discipline (possibly with some Advanced Standing)
- › Bachelor degrees in other areas of science (e.g. pre-medicine)
- › Graduate Certificate in Public Health
- › Graduate Certificate in Health Promotion
- › Graduate Certificate of Health Administration
- › Graduate Certificate of Public Administration
- › Diploma of Clinic Management (VET)
- › Diploma of Nursing (VET)

### Educational Pathways

Endeavour College also offers Bachelor of Health Science programs in practitioner specialisations such as Acupuncture, Myotherapy and Nutritional Medicine that include a clinical practicum component and can lead to a career treating patients in a clinic setting.

Students may access an educational pathway after completion of year one and/or year two subjects of the Bachelor of Complementary Medicine into the above listed practitioner programs.

For more information on this area of study explore online at [endeavour.edu.au](http://endeavour.edu.au) or call **1300 462 887** to speak with an Admissions Adviser.



**FEE-HELP Available**



**All Subjects Available Online**



**Part Time or Full Time Study Load**



**Austudy Approved**

# 2021 Full Time Course Structure – 3 Years

## Bachelor of Complementary Medicine *BCompMed*

| Code                         | Subject Title  | Contact Hrs/Wk | Credit Points | Austudy % | EFTSL      | Subject Type | Pre-req   | Co-req  | Delivery Mode |  |
|------------------------------|--|----------------|---------------|-----------|------------|--------------|---|---------|---------------|--|
| <b>Semester 1 – 1st Year</b> |  |                |               |           |            |              |   |         |               |  |
| HOMC111                      | Introduction to Homeopathy                               | 3              | 2             | 25        | 0.063      | Theory       | –   | –       | Online        |  |
| NATP111                      | Naturopathic Philosophy                                  | 3              | 2             | 25        | 0.312      | Theory       | –   | –       | Online        |  |
| SOCH111                      | History of Healing                                       | 6              | 4             | 50        | 0.125      | Theory       | –   | –       | Online        |  |
| <b>Semester 2 – 1st Year</b> |  |                |               |           |            |              |   |         |               |  |
| BIOH111                      | Human Biological Science 1                               | 6              | 4             | 50        | 0.125      | Theory       | –   | –       | Online        |  |
| CMPF121                      | Introduction to Chinese Medicine                         | 3              | 2             | 25        | 0.312      | Theory       | –   | –       | Online        |  |
| SOCQ121                      | Foundations of Critical Enquiry                          | 3              | 2             | 25        | 0.063      | Theory       | –   | –       | Online        |  |
| <b>Semester 3 – 2nd Year</b> |  |                |               |           |            |              |   |         |               |  |
| BIOH122                      | Human Biological Science 2                               | 6              | 4             | 50        | 0.125      | Theory       | BIOH111   | –       | Online        |  |
| MSTP211                      | Introduction to Musculoskeletal Therapies                | 3              | 2             | 25        | 0.187      | Theory       | BIOH111   | –       | Online        |  |
| NMDS122                      | Sociology of Food for Complementary Medicine             | 3              | 2             | 25        | 0.187      | Theory       | –   | –       | Online        |  |
| <b>Semester 4 – 2nd Year</b> |  |                |               |           |            |              |   |         |               |  |
| HMCL221                      | Introduction to Complementary Medicine Clinical Practice | 3              | 2             | 25        | 0.187      | Theory       | CMPF121 + NATP111 + HOMC111 + MSTP211 + NMDS122 | –       | Online        |  |
| SOCF111                      | Foundations of Communication and Counselling             | 3              | 2             | 25        | 0.063      | Theory       | –   | –       | Online        |  |
| SOC221                       | Sociology for Complementary Medicine                     | 3              | 2             | 25        | 0.063      | Theory       | –   | SOCQ121 | Online        |  |
| WHMF124                      | Herbal Therapeutic Preparations                          | 3              | 2             | 25        | 0.187      | Theory       | –   | –       | Online        |  |
| <b>Semester 5 – 3rd Year</b> |  |                |               |           |            |              |   |         |               |  |
| SOCB311                      | Behavioural Change and Health Promotion                  | 3              | 2             | 25        | 0.187      | Theory       | SOC221  | –       | Online        |  |
| SOCF311                      | Foundations of Public Health for Complementary Medicine  | 3              | 2             | 25        | 0.187      | Theory       | SOCQ121   | –       | Online        |  |
| As selected                  | Free Elective (see below)                                | ←              |               |           |            |              | As selected                                     | →       |               |  |
| As selected                  | Free Elective (see below)                                | ←              |               |           |            |              | As selected                                     | →       |               |  |
| <b>Semester 6 – 3rd Year</b> |  |                |               |           |            |              |   |         |               |  |
| SOCA321                      | Evidence Based Approaches in Complementary Medicine      | 3              | 2             | 25        | 0.187      | Theory       | SOCQ121   | –       | Online        |  |
| SOCL321                      | Ethics and Law in Complementary Medicine                 | 3              | 2             | 25        | 0.187      | Theory       | –   | –       | Online        |  |
| As selected                  | Free Elective (see below)                                | ←              |               |           |            |              | As selected                                     | →       |               |  |
| As selected                  | Free Elective (see below)                                | ←              |               |           |            |              | As selected                                     | →       |               |  |
| <b>Course Totals</b>         |  | <b>48</b>      |               |           | <b>3.0</b> |              |   |         |               |  |

### Electives

Elective subjects may not be offered in every teaching period and availability is subject to timetabling and demand.

| Code   | Subject Title                             | Contact Hrs/Wk | Credit Points | Austudy % | EFTSL | Subject Type | Pre-req                     | Co-req            | Delivery Mode     |
|--|---|----------------|---------------|-----------|-------|--------------|-----------------------------|-------------------|-------------------|
| <b>Electives – Taken in Semester 5 &amp; 6</b> |   |                |               |           |       |              |                             |                   |                   |
| BIOB111  | Chemistry and Biochemistry                | 6              | 4             | 50        | 0.125 | Theory       | –                           | –                 | Online            |
| BIOC211  | Pathology and Clinical Science 1          | 6              | 4             | 50        | 0.125 | Theory       | BIOH122                     | SOCQ121           | Livestream/Online |
| BIOQ211  | Biochemistry for Complementary Therapists | 3              | 2             | 25        | 0.063 | Theory       | –                           | –                 | Online            |
| BIOP211  | Pharmacology                              | 3              | 2             | 25        | 0.063 | Theory       | BIOH122 + SOCQ121           | BIOC211           | Online            |
| BIOW311  | Wellness Practices                        | 3              | 2             | 25        | 0.063 | Theory       | BIOH122 + SOCQ121           | –                 | Online            |
| CMPF122  | Introduction to Chinese Medicine 2        | 3              | 2             | 25        | 0.063 | Theory       | CMPF121                     | –                 | Online            |
| HOMC121  | Homeopathic Acute Prescribing             | 6              | 4             | 50        | 0.125 | Theory       | BIOH111                     | SOCQ121           | Online            |
| HOMM122  | Comparative <i>Materia Medica</i>         | 3              | 2             | 25        | 0.063 | Theory       | HOMC121 + SOCQ121           | HOMT122 + BIOH122 | Online            |
| HOMT122  | Homeopathic Case Taking                   | 3              | 2             | 25        | 0.063 | Theory       | SOCF111 + SOCQ121 + HOMC121 | –                 | Online            |
| MSTN211  | Nutrition, Exercise and Lifestyle         | 3              | 2             | 25        | 0.063 | Theory       | BIOH122                     | –                 | Online            |
| NATF311  | Flower Essence Therapy                    | 3              | 2             | 25        | 0.063 | Theory       | SOCF111                     | –                 | Online            |
| NMDF121  | Foundations of Human Nutrition            | 6              | 4             | 50        | 0.125 | Theory       | BIOH111 + BIOB111           | SOCQ121           | Online            |
| NMDM121  | Medicinal Food Science                    | 6              | 4             | 50        | 0.125 | Theory       | BIOH111                     | NMDF121           | Online            |
| SOCE311  | Establish and Manage a Practice           | 3              | 2             | 25        | 0.063 | Theory       | –                           | –                 | Online            |
| SOCM311  | Mindfulness in Practice                   | 3              | 2             | 25        | 0.063 | Theory       | –                           | –                 | Online            |
| WHMF123  | Herbal Botany                             | 3              | 2             | 25        | 0.063 | Theory       | –                           | –                 | Online            |

## How to apply

- Apply online at [apply.endeavour.edu.au](http://apply.endeavour.edu.au)
- Phone 1300 462 887 and select "1" to speak with an Admissions team member
- For general course enquires visit [endeavour.edu.au/contact](http://endeavour.edu.au/contact)

# Subject Descriptions

## Bachelor of Complementary Medicine *BCompMed*

| Code   | Subject Title  | Subject Description  |
|--|--|--|
| <b>Semester 1</b>                              |  |  |
| HOMC111  | Introduction to Homeopathy                               | Introduces homeopathic philosophy and application including clinical theory and practice, manufacturing, and international context.  |
| NATP111  | Naturopathic Philosophy                                  | Introduces the philosophy and theory of naturopathic medicine and its array of treatment modalities within its international context.  |
| SOCH111  | History of Healing                                       | History and philosophy of health paradigms from early human existence to present day. Current public health is explored.   |
| <b>Semester 2</b>                              |  |  |
| BIOH111  | Human Biological Science 1                               | Introduces concepts of human physiology, anatomy and homeostasis within cellular, tissue and system levels, including nervous, muscular, skeletal and endocrine.   |
| CMPF121  | Introduction to Chinese Medicine                         | Introduces Chinese medicine philosophy and practice and its array of treatment modalities within its international context.  |
| SOCQ121  | Foundations of Critical Enquiry                          | Learn to critically evaluate relevant literature, understand a variety of research methodologies and the importance of research ethics.  |
| <b>Semester 3</b>                              |  |  |
| BIOH122  | Human Biological Science 2                               | Introduces concepts of human physiology, anatomy and homeostasis within further system levels, including digestive, cardiovascular, immune, pulmonary, urinary and reproductive.   |
| MSTP211  | Introduction to Musculoskeletal Therapies                | Introduces students to the many forms of musculoskeletal therapies that are practiced on a global basis.   |
| NMDS122  | Sociology of Food for Complementary Medicine             | Examine food and diet within a cultural context and how this affects a person's nutritional status.  |
| <b>Semester 4</b>                              |  |  |
| HMCL221  | Introduction to Complementary Medicine Clinical Practice | Introduces clinical decision-making across a variety of CM modalities through case workshoping and clinic observation.   |
| SOCF111  | Foundations of Communication and Counselling             | Introduces communication, counselling and interpersonal skills for an integrated health professional.  |
| SOCSS21  | Sociology for Complementary Medicine                     | Students learn to critically evaluate ideas about health and wellness within the current globalised social context.  |
| WHMF124  | Herbal Therapeutic Preparations                          | Learn how to make a variety of herbal preparations for different routes of administration.   |
| <b>Semester 5</b>                              |  |  |
| SOCB311  | Behavioural Change and Health Promotion                  | Introduces health promotion, prevention, and behavioural change models designed to assist individuals in making healthy lifestyle changes.   |
| SOCF311  | Foundations of Public Health for Complementary Medicine  | Explores the public health theory, strategies and research in relation to holistic primary healthcare and community education.   |
| <b>Semester 6</b>                              |  |  |
| SOCA321  | Evidence Based Approaches in Complementary Medicine      | Evaluates a variety research methodologies in complementary medicine and their relationship to clinical practice.  |
| SOCL321  | Ethics and Law in Complementary Medicine                 | Examines ethical theory, issues and decision making processes related to complementary medicine within the context of the Australian legal system and international human rights.  |
| <b>Electives – Taken in Semester 5 &amp; 6</b> |  |  |
| BIOB111  | Chemistry and Biochemistry                               | Introduces basic concepts of chemistry and biochemistry needed to understand chemical homeostasis at cellular, tissue and system levels.   |
| BIOC211  | Pathology and Clinical Science 1                         | Introduces concepts of microbiology as well as symptomatology, diagnostic techniques and pathological processes of cardiovascular, respiratory, digestive and urinary systems.   |
| BIOO211  | Biochemistry for Complementary Therapists                | Introduces structure of chemical molecules of the body, organic chemistry; and major biochemical pathways in health and disease.   |
| BIOP211  | Pharmacology   | Introduces pharmacology, pharmacokinetics and toxicology concepts of contemporary medicine to build awareness and understanding of potential interactions between current biomedical treatments and traditional medicine.                              |
| BIOW311  | Wellness Practices                                       | This subject will introduce students to the contemporary field of holistic wellness, and its application within clinical practice, for working with clients in relation to self-care, disease prevention, and the promotion of a thriving lifestyle.   |
| CMPF122  | Introduction to Chinese Medicine 2                       | Develops an understanding of TCM physiology, including organs, vital substances, and major principles.   |
| HOMC121  | Homeopathic Acute Prescribing                            | Develops the ability to prescribe homeopathic medicines in the management of common acute and first aid conditions.  |
| HOMM122  | Comparative <i>Materia Medica</i>                        | Compares and integrates homeopathic and herbal prescribing methods within an organopathy and system-based pathology context.   |
| HOMT122  | Homeopathic Case Taking                                  | Integrate talk therapy techniques with the homeopathic principles of case taking for holistic health assessment.   |
| MSTN211  | Nutrition, Exercise and Lifestyle                        | Educate and advise about basic exercise, nutrition and lifestyle choices to augment musculoskeletal therapy in the management of client's health. Theory and technique is applied in the assessment and treatment of various soft tissue dysfunctions. |
| NATF311  | Flower Essence Therapy                                   | This subject covers the fundamentals of the flower essences, both European and Australian; their uses and applications are also explored.  |
| NMDF121  | Foundations of Human Nutrition                           | Learn the fundamentals of human nutrition covering both macro and micro-nutrients.   |
| NMDM121  | Medicinal Food Science                                   | Study the use of food as a therapeutic tool rather than just nutrition. Farming techniques and how these affect the quality of the food grown.   |
| SOCE311  | Establish and Manage a Practice                          | Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.   |
| SOCM311  | Mindfulness in Practice                                  | Explores historical foundations and the contemporary development of mindfulness. Introduces the full potential of mindfulness practices and its applications in both in self-care practices and the care of others.                                    |
| WHMF123  | Herbal Botany  | Introduction to botanical anatomy and taxonomy essential for accurate plant identification.  |

**This is a generalist undergraduate degree which has been designed for students who are interested in the Complementary Medicine field as a whole, and are interested in careers other than Clinical Practitioner.**